Si View Metro Parks

Programs • Facilities • Parks • Events  Fall 2023

Registration Opens August 11th!

www.siviewpark.org / 425-831-1900
Valley Center Stage - 2023-2024 Season

Live Theater - Full Productions

**Blithe Spirit**
Written by Noel Coward
Directed by Peter Cook

October 6th - October 22nd

**It's a Wonderful Life: A Live Radio Play**
Adapted by Joe Landry
Directed by Ed Bratton and Monica Carter

Dec 1st - 17th

**Man of La Mancha**

February 16th - March 3rd
Based on the screenplay by Marc Norman and Tom Stoppard
Adapted for the stage by Lee Hall
Produced by Paddy Conneen

VCS
valleycenterstage.org

Staged Readings

**Night of the Living Dead**
Written by Larry Cohen
Come in Zombie Costume!

October 28th, 7:30 pm

**A Christmas Carol**
by Charles Dickens

November 30th, 7:30 pm

**God of Carnage**
Written by Yasmina Reza
Translated by Christopher Hampton

May 25th, 7:30 pm

**Jesus Saves**

March 28th, 7:30 pm

Visit our website for add'l performances, dates/times and tickets!

Valley Center Stage
Located at 1060 Stilson Ave SE, North Bend WA 98045 (at the Sallal Grange)
About Us
Si View Metro Parks strives to enhance the quality of life for residents in Snoqualmie Valley through recreation programs and parks. With an extensive array of activities and seasonal community events, the District connects with residents of all ages and abilities. Our main campus is located at Si View Park, in the heart of North Bend. With grand views of Mount Si, a historic Community Center, indoor pool, multiuse sports fields, picnic shelter and playgrounds, it is the only such regional recreational facility serving as the social, cultural and educational hub in the community. Through partnerships and cooperative arrangements, Si View Metro Parks actively manages, operates and schedules nearly 900 acres of parkland in the upper Snoqualmie Valley, in all, this system of parks, programs and trails supports a range of active and passive recreation experiences.

A five-member Board of Commissioners govern the Si View Metropolitan Park District serving as the legislative body responsible for adopting the District budget and developing goals, policies and regulations which guide the District’s future.

2023 Board of Commissioners:
Catherine Fredenburg, Mark Joselyn, Susan Kelly, Katie Klahn, Bud Raisin.

Board Meetings
The Park Commission holds regular meetings on the first and third Wednesday of each month at 5:00PM unless otherwise posted. Meetings are held in a hybrid format using Microsoft Teams platform. If you have suggestions or would like to observe how the Park District operates, we encourage your attendance. Meetings are held at the Si View Park North Annex, 219 E Park Street in North Bend. To join, please email info@siviewpark.org 24-hours prior to meeting start time for a link. Board agendas and meeting minutes are posted on our website.

Dear Si View Community,

Parks and recreation services are essential to thriving communities. As your local parks and recreation agency, we are committed to enhancing the quality of life for residents, supporting the health of families and youth, and contributing to the economic and environmental health of our Snoqualmie Valley community.

We encourage you to explore our recreation activity options. Whether a one-time workshop, swim lessons or an ongoing skill building class, our programs build community, get you connected with neighbors and develop new friendships. We take great pride in our programs and strive to provide a variety of experiences for all ages and interests. With input from the community and stakeholders we developed a Recreation Program Plan to define strategies, services, and direction for public recreation programming to meet the needs of the growing community and advance the district’s mission.

Our current workplan priorities include implementation of our most recent comprehensive plan, and involve improving local trail connectivity, strategic acquisition of green spaces for parks, and activating current park spaces to provide more amenities. As our community grows, trail connectivity between neighborhoods, parks and green spaces ensures residents have safe access to their favorite play spaces and points of interest.

Our efforts in both building a comprehensive trail network that links greenspaces and preserving open spaces for parks is ongoing and strategic. It’s a little bit like building a puzzle, where some pieces fit right away while others require more effort and a lot more time to complete. While the process may be slow, the rewards can be enjoyed by residents for years to come.

Our focus as an organization continues to be on the priorities of our residents. The 85-year old Si View Pool and its aging infrastructure are on borrowed time. Over the last 16 years our residents have consistently expressed a new community pool as a top 3 priority through multiple statistically valid surveys. After more public engagement, another survey, securing the land and securing a $4 million dollar grant, the District has decided to put a capital bond measure in November to vote of the people. This is the community’s choice. Community involvement and feedback continues to be the driver for this project. We are expanding upon the work already done, including the previous feasibility study, community wide surveys and feedback received to modify the proposed plan. Ultimately, we need to ensure that we deliver a facility that meets the needs of the community and is built for the community. Si View Metro Parks has been, and will continue to be, an endeavor guided by community input. We value your trust and will continually strive to earn it by acting in ways that are fiscally responsible and sustainable. Thank you for your foresight and for supporting your Park District.

Sincerely,

Travis Stombaugh,
Executive Director
Registration Information

Key Dates
Fall program registration for most September–December activities opens Friday August 11th. Early registration is recommended as many popular programs fill quickly.

Payments
Payment for fee classes is due at the time of registration. All major credit cards are accepted. Make checks payable to Si View MPD. Si View Gift Cards are accepted online or in person.

Resident and Non-resident Fees
Si View Metro Parks welcomes all Snoqualmie Valley area residents to participate in offered programs. Residents living within the boundaries of the Park District directly support the operations of District programs and services through property taxes. The tiered resident/non-resident fee structure provides equitable contribution towards District operations by all patrons. Fees listed as R apply to those who reside within the boundaries of the Park District. Rates listed as NR apply to anyone residing outside Park District boundaries. District boundary map is available on the Registration section of our website.

Withdrawals/Transfers
Withdrawals requested 5 or more business days prior to the first class are subject to a $10 administrative fee. Withdrawals requested less than 5 business days prior to the first class receive a 50% refund. No refunds are issued after the first day of class. Transfers must be requested at least 5 days before the first day of class and will be granted on a space available basis. Some programs require a non-refundable/non-transferable deposit. Full refunds are issued for classes cancelled due to low enrollment or a public health emergency. The amount of refund is determined by number of course dates cancelled.

Waiting Lists
When a student is interested in registering for a class that has been filled, they can be placed on a waiting list. This does not guarantee a spot for the student, but individuals will be contacted if a spot becomes available.

Scholarships
Everyone should have the opportunity to enjoy a recreational experience, even if money is a concern. Scholarships are available for youth and people with disabilities. Please be prepared to provide proof of residency in Snoqualmie Valley School District and income verification. Scholarship discounts are based on District resident prices. Contact us for more information and an application form. The forms are also available on our website.

Contact Us
Mailing Address:
P.O. Box 346
North Bend, WA 98045

Physical Address:
400 SE Orchard Drive
North Bend, WA 98045

Phone: 425-831-1900
Email: info@siviewpark.org
Web: www.siviewpark.org

Office Hours:
9:00AM–5:00PM, Mon–Fri

How to Register
Fall program registration opens Friday August 11th!

Online
24/7 with any major credit card or Si View gift card at www.siviewpark.org

Phone
Monday–Friday 9:00AM–5:00PM with any major credit card or Si View Gift Card at 425-831-1900

Walk In
In-person service is available in our administrative office Monday–Friday 9:00AM–5:00PM. The office is located at 400 SE Orchard Drive in North Bend.

Si View Gift Cards
Give the gift of recreation! Purchase one online or from our office, for any amount $20 or more. Gift cards can be redeemed for all our programs but are not redeemable for cash.

Sign up for our E-Newsletter for the latest program updates at www.siviewpark.org

Staff

Administration
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Community E-Newsletter
Park and Facility Rentals

Visit the Rentals section of [www.siviewpark.org](http://www.siviewpark.org) for reservation details and rates.

**Picnic Shelter Rentals**

Looking for the perfect outdoor gathering spot? Reserve one of the picnic areas at Si View, Torguson or Tollgate Farm Park! Shelters at Si View and Torguson are covered, so you can host events rain or shine. Enjoy exclusive park space next to our playground areas and field spaces. We now offer hourly rates!

**Si View Pool**

400 SE Orchard Drive, North Bend

Have a splashing good time with your friends at the Si View Pool. The pool is available to reserve on Friday evenings and Saturday afternoons, and we provide toys, life jackets and supervision. Looking to host a party? We offer the pool party package that includes an hour in the community center after swimming.

- Pool capacity 60 swimmers

**Meadowbrook Farm**

1711 Boalch Avenue, North Bend

The Interpretive Center and adjacent field spaces at Meadowbrook Farm provide the perfect venue for weddings, retreats, banquets, and other gatherings. Take advantage of the spectacular views of Mount Si and the serenity of Snoqualmie Valley. Call us for a personal tour!

- Center capacity 125

**Si View Community Center**

400 SE Orchard Drive, North Bend

Book your private event at our centrally located activity hub! Whether you are planning an event or a business meeting our welcoming lobby, ample onsite parking, wi-fi access, AV equipment, tables/chairs, catering kitchen, and convenient location make Si View an ideal venue for your next event.

- Gymnasium capacity 250
- Classrooms capacity 29-49
- Full center capacity 375

**Torguson Park**

750 E North Bend Way, North Bend

Torguson Park offers many onsite resources including ball-fields, a soccer field, a skate park, pump track, climbing wall and picnic shelter. Whether it’s a birthday party or sporting event, Torguson is your venue. Onsite parking for 190 vehicles.

**North Bend Train Depot**

205 McClellan Street, North Bend

The Train Depot is the ideal place for your next meeting or workshop. Centrally located in the heart of North Bend, the depot offers a meeting space, restrooms, and outside picnic area. Inquire about our nonprofit rates.

- Depot capacity 55

**Si View Park**

400 SE Orchard Drive, North Bend

Are you looking to host an outdoor gathering or a sporting event? Si View Park has it all. The covered picnic shelter, and sport fields are available to reserve for your next party, practice, or game. The park also has nearby restrooms, an outdoor basketball/pickleball court and onsite parking.

**Tollgate Park**

1300 W North Bend Way, North Bend

Enjoy the natural grass fields and picnic area at Tollgate Farm Park. With fantastic views of Mount Si, playground and gravel trails connecting visitors to the farmstead area, this park offers a great setting for birthday parties and other celebrations. The natural grass fields can accommodate youth and adult cricket, or two full size soccer fields.

**South Fork Landing**

14303 436th Ave SE, North Bend

South Fork Landing boasts large open spaces great for an outdoor retreat, family reunion or corporate party. The park’s unique feature is the 18-hole disc golf course, reservable for tournaments or private use. Plan your next visit soon!
Si View News

Si View Community Pool Proposal

Si View District residents will consider a capital bond proposal to fund development of a community pool in the November 7, 2023 election.

Si View Pool is the only public aquatic facility in Snoqualmie Valley, providing learn to swim programming and therapeutic and fitness programs for all ages and abilities. District residents have prioritized a new community pool for several years, voicing an urgent need for a larger, accessible facility with more programming options for all. This is supported by an extensive feasibility study, surveys, and the long waitlists that residents are experiencing to enroll in swim lessons.

The 85-year-old facility was not built to serve the thousands of residents who have made Snoqualmie Valley their home today, and to complicate matters, the physical pool structure and mechanical systems have exceeded their useful life span. The options are limited, require major investment, and are time sensitive. Si View’s role as the local park district is to develop options for our community to address this challenge. The current Si View lap pool with 2,500 square feet of wet space and a 60-person bather capacity is far undersized for today’s community:

- 600 residents in the community in 1938 when pool was built.
- 17,000 District population today (2023 ESRI estimate), with a total of
- 39,500 service area population today (2023 ESRI estimate)

Preserving public access to learn to swim programming is critical in a community surrounded by rivers and lakes. Staff has taken extraordinary measures in seeking ways to maximize available scheduling hours and modifying registration processes to serve as many families as possible. Even with these steps, due to the pool’s size and footprint, options are extremely limited as different types of programs can’t be scheduled concurrently. For example, water aerobics class is the only activity that is scheduled for that program block. Transition time is also necessary in between programs due to the small size of the changing rooms.

Today’s demand far exceeds our ability to serve everyone. 75% of operating hours are dedicated to learn to swim programs. This leaves minimal opportunity and less desirable times for other programming such as lap swimming. Last Fall, 472 swim lessons were offered, that were filled within minutes of registration opening:

- 1,672 students enrolled in lessons in Fall 2022
- 972 student waitlisted for lessons in Fall 2022

If a new pool is not developed, a decision about the future of the current pool and public aquatic programming will need to be made in a timely manner. The phrase “On Borrowed Time” is quite fitting in the case of Si View Pool, as 85 years is a remarkable lifespan for any facility, particularly a pool. The mechanical systems need frequent temporary repairs to keep the pool operational and open to the public, and one day soon a major overhaul of systems will be necessary and require a lengthy shutdown.

Proposition 1 would partially fund development of a new community pool with additional funding from grants and Si View’s CIP fund. The grant funding awarded in 2021 is only guaranteed through this year. The proposed new community pool, located on a 4-acre parcel across from Si View Park, includes a flexible design that provides wet zones for various activities to operate independently from one another, expanding bather capacity to 260 and maximizing use of space. Such a flexible design would also support the introduction of new programs based on community priorities in a cost-effective way.

Planned components of proposed community pool include:

- Lap lane area with four 25-yard lanes with max depth of 7 feet. This area can accommodate aquatic fitness programs, competition training, swim team, and advanced swim lessons.
- An adjacent recreation pool area with a zero-depth entry. This gradual entry is especially helpful for adaptive programs, anyone with limited mobility, and it provides a safe introduction to water for all. This also reduces the need for stairs and lifts in the facility allowing full use of the lap lanes.
- An area with an adjustable river current, with a depth of 3 and a half feet, which provides space for therapeutic and fitness programs, swim lessons, river safety training, as well as a fun recreation option.
- A shallow area with interactive play features for young children and families. This area also provides an ideal space for parent tot and preschool learn to swim programming.

The proposed facility also includes some classroom space for education programs, fitness classes and community rentals such as birthday parties, and changing rooms, lockers and restrooms that can efficiently accommodate individuals and families.

Building a new community pool allows the current Si View Pool to continue to operate until the new facility is open and operational. When the new pool is ready, the current facility would perpetually close, and the future community recreation uses of that space determined by a public master planning process.

Remodeling the current pool would require shutting down the only public aquatic facility for at least a year, leaving the community without any aquatic resources. Work would need to include rebuilding all mechanical systems and yet this effort would not expand the capacity as Si View Park site is not large enough to accommodate a larger facility and parking to the extent needed without reducing existing park features such as a playground and a ballfield. Remodeling the current pool would also require a capital bond measure approval by District residents.

This will be the third time that District residents will consider a community pool proposal. Previously, District residents have passed a levy to support operations of a future community pool. There have been two capital bond measures for design and construction of a new aquatics facility, in November 2020 and August 2022, both times narrowly missing the required 60% supermajority in 2022 by less than 200 votes. The support today for a new community pool stands strong, based on a May 2023 statistically valid resident survey. Given the urgent need for a solution and continued resident support, Si View District residents will have an option to weigh in on the November ballot. The outcome will determine the District’s path forward for community aquatic services.

Our website [www.siviewpark.org/newpool.phtml](http://www.siviewpark.org/newpool.phtml) is a great resource for background information and details about this project proposal. We invite you to actively participate in the process, stay informed and share information with your neighbors.

Contact us with questions at (425) 831-1900 or email info@siviewpark.org.

Learn more at [www.siviewpark.org/newpool.phtml](http://www.siviewpark.org/newpool.phtml)
Tollgate Barn Now Open
Si View Metro Parks, the City of North Bend and project partners celebrated the completion of the new barn and site improvements at Tollgate Farm in June. This historic farm property and public open space in North Bend is uniquely suited to connect the community with food through farm-based experiential learning opportunities including vegetable farming and growing small livestock, u-pick opportunities, classes, workshops, and a farm stand. Where once remnants of an old barn stood, is now a new operational barn, and programming has launched. Several tenants are leasing space at the farm, including Frisky Girl Farm, Feral Woman Farm, Circle River Flowers, and Bill Whitaker. Look for signs u-pick pumpkin patch opening soon! You can learn more about the farmers on site and upcoming programs here: https://www.siviewpark.org/tollgate.php

Tennant Trailhead Park Update
Tennant Trailhead Park is a 32-acre parcel on Rattlesnake Mountain that will offer trails for mountain biking and hiking as well as a picnic area and viewpoints. One of the key elements of this future park is a trail system of family focused mountain biking trails that are easy and short enough for absolute beginners yet provide progression through a future connection to the Raging River system for some truly epic riding experiences. These beginner trails will be a welcome addition to the local trail inventory, and best of all reachable on a bike from many of our local neighborhoods.

Please note that Tennant Trailhead Park is CLOSED during construction. The construction of Phase I trails is nearing completion. We are now working on developing trailhead facilities and a parking area. This work is anticipated to be completed in the Fall 2023. We appreciate your patience and using other local trail systems until this new park is ready. We are also working with partners on the next phase of the trail system, which will connect Tennant Trailhead to Raging River Trailhead via a 5-mile-long soft surface trail. Construction of this trail segment is scheduled to start in 2024.

South Fork Landing Development

We continue to seek grant funding to support the design and construction of phase I development of this park which was acquired with funds from the Si View Capital Bond. Proposed elements include a large adventure playground, a compact gravel 4-mile trail system within the park, and a new parking area off 436th Avenue SE. In the meantime, this park is serving the community with a very popular disc golf course, open space for walking and picnicking, and as a venue for sports and youth programs such as cross-country races and summer camps.

Let’s Connect
Get the latest news and updates delivered to your inbox by subscribing to Si View E-news. Sign up form is available on our website. And if you follow social media, be sure to like and tag us on Facebook and Instagram! We also love to hear from you, whether it’s a new program idea or a need in our park system, please reach out. Give us a call at (425) 831-1900 or email info@siviewpark.org.

WHAT HAPPENS EARLY IN LIFE MATTERS.
Early Learning, Pediatric Therapy, and Family Enrichment Programs to help your family thrive.

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Special Events

Harvest Festival & Haunted House
Si View’s annual Harvest Festival and Haunted House is an event not to be missed! Get your tickets early for this community favorite including carnival games, pumpkin decorating, petting zoo, and other fun and engaging seasonal activities! This event is open to all ages, activities are geared towards preschool and elementary aged kids. Tickets: Please register each child ages two and up for wristband access in one of the three sessions that best fits your schedule. Accompanying adults do not need to purchase tickets.

27543 Harvest Festival Session 1
Location: Si View Community Center
R $10.00 | NR $12.00
Age: All
SA Oct 28
12:00PM-1:15PM

27544 Harvest Festival Session 2
Location: Si View Community Center
R $10.00 | NR $12.00
Age: All
SA Oct 28
1:30PM-2:45PM

27545 Harvest Festival Session 3
Location: Si View Community Center
R $10.00 | NR $12.00
Age: All
SA Oct 28
3:00PM-4:15PM

Harvest Festival Volunteers
This annual celebration geared towards families with pre-K to elementary students is filled with fun activity stations and carnival style games and prizes. Operating all the activities takes dozens of volunteers, and we would love for you to join the fun. Volunteers will be stationed at Si View Community Center, attend a brief event training prior to assignment to an activity station, and spend the afternoon helping events goers have fun. Ages 13+ are welcome to join our volunteer team and community service hours are granted. Contact Jill for details, jilltenhouse@sierviewpark.org

27546 Harvest Festival Volunteer Application
Age: 13+
Location: Si View Community Center
SA Oct 28
11:30AM-4:30PM

Adult Prom
Don your finest attire and dancing shoes and enjoy a night to remember at our new Adult Prom event! The evening will feature a live DJ, photo booth, prize giveaways and snacks! Pre-registration is required for all participants planning to attend.

27548 Adult Prom
Age: 18+
Location: Si View Community Center
SA Nov 18
R: $15.00 | NR: $18.00
6:30PM-8:30PM

Holiday Bazaar
Come celebrate the season with our annual Si View Holiday Bazaar featuring a full house of talented artists with locally handmade goods, perfect for gift giving. We will also have live entertainment planned for your enjoyment as you shop around.

Interested in vendor space? Applications for vendor-made handcrafted items are open August 11-September 15. Learn more and apply at www.sierviewpark.org/holiday-bazaar.html. Application does not guarantee acceptance.

Annual Holiday Bazaar
Age: All
Location: Si View Community Center
SA Dec 02
Free admission
9:00AM-3:00PM

Family Fun Run
Lace up your running shoes and bring the whole family for a 1 mile fun run at the park. You can run the course at your race pace or take your time and walk through the park grounds as you meander around the pond and through mature tree groves. Choose the activity of your choice: 1/2-mile family run, 1 mile family run, or 1/2-mile lollipop lap. The course will be well marked, and finish times and ribbons available for all. Dress for the weather. Only one registration per family is necessary. Registration is free, donations to support Family Fun events are greatly appreciated and can be made online during registration.

27547 September Family Fun Day
Location: South Fork Landing
Age: All
Cost: Free
SA Sep 23
10:00AM-12:00PM

Save the pullout page for Festival at Mt Si details!
Preschool Programs

Little Flips Gymnastics
Our preschool classes will help young children learn the basic skills of gymnastics in a fun and playful environment while improving their motor skills. We encourage them to try new things and build on skills they have already learned. Preschool classes are designed to provide young boys and girls with the opportunity for development of basic gymnastics and tumbling abilities through exercises focusing on coordination, balance, strength, and fun. Classes get the children running, tumbling, jumping, and more!

27434 Little Flips Gymnastics
Age: 3-5
Min: 6 Max: 12
SA Sep 09-Nov 04
Instructor: Jet’s Gymnastics Express
10:30AM-11:15AM
Location: SI View Gym
R: $224.00 | NR: $268.80

27435 Little Flips Gymnastics
Age: 3-5
Min: 6 Max: 12
SA Nov 11-Dec 16
Instructor: Jet’s Gymnastics Express
10:30AM-11:15AM
Location: SI View Gym
R: $112.00 | NR: $134.10

Cascade FC Futures Soccer
Cascade FC Futures Program offers young children, ages 3–5, the perfect introduction to the world’s most popular sport! Our unique game-based approach to teaching soccer provides every child the opportunity to develop motor skills, social skills, coordination and general athletic ability in a fun, motivating, educational environment. All participants are required to wear shin guards. (Shin guards are optional, but encouraged for 3-4) Cascade FC is the premier youth soccer club for the Snoqualmie Valley Youth Soccer Association. Come play with us! *This class is held outdoors, weather permitting.*

27498 Cascade FC Futures
Age: 3-5
Min: 6 Max: 12
T Sep 12-Oct 31
Instructor: Cascade FC
10:45AM-11:50AM
Location: SI View Park *
R: $220.00 | NR: $264.00

27497 Cascade FC Futures
Age: 3-5
Min: 6 Max: 12
F Sep 15-Nov 03
Instructor: Cascade FC
11:45AM-12:45PM
Location: SI View Park *
R: $220.00 | NR: $264.00

Parent-Child Programs

Indoor Playground
Ready. Set. Play! Si View Indoor Playground is a great opportunity for young kids ages 0-5 to practice social skills while their grown ups make connections with local families during the school year. The spacious indoor setting offers lots of room to run and jump, opportunities for imaginative play, and best of all, new friendships. Note that IPC does not operate during school breaks. Pre-registration is required, you can choose monthly enrollment or sign up by single date(s). Cost of single day registration is R $2.00 | NR $2.40 per child/day. We look forward to seeing you!

- All Dates: September
  - Age: 0-5
  - Min: 8 Max: 60
  - Instructor: N/A
  - Location: SI View Gym
  - R: $12.00 | NR: $14.40

- All Dates: October
  - Age: 0-5
  - Min: 8 Max: 60
  - Instructor: N/A
  - Location: SI View Gym
  - R: $16.00 | NR: $19.20

- All Dates: November
  - Age: 0-5
  - Min: 8 Max: 60
  - Instructor: N/A
  - Location: SI View Gym
  - R: $14.00 | NR: $16.80

Music and Movement
Come join teacher Erin for fun singing, dancing, and moving in all ways. We will explore musical instruments, learn to move our bodies and learn new songs. Parent must stay. Fee listed is per session.

- All Dates: September
  - Age: 0-18 months
  - Min: 4 Max: 12
  - Instructor: Erin Perea
  - Location: SI View Community Center
  - R: $50.00 | NR: $57.00
  - Session 1: Sep 11-Oct 02
  - Session 2: Oct 09-20
  - Session 3: Nov 6-Dec 04* no class Nov 20

- All Dates: October
  - Age: 18-36 months
  - Min: 4 Max: 12
  - Instructor: Erin Perea
  - Location: SI View Community Center
  - R: $50.00 | NR: $57.00
  - Session 1: Sep 11-Oct 02
  - Session 2: Oct 09-20
  - Session 3: Nov 6-Dec 04* no class Nov 20

Stroller Striders
Calling all new parents! It is time to get outside and moving! Lace up your walking shoes and get striding with your little ones. This walking group aims to bring together parents to socialize, encourage new friendships, and be active with their stroller-bound children. Join Si View staff on these friendly walks as we explore the beautiful parks and trail system right here in North Bend. Walks will happen every other Wednesday. Register now for email updates on routes and meeting locations. Donations and program modification ideas are always welcome.

27368 Stroller Striders
Age: All
Min: 2 Max: 45
W Sep 06-Nov 15
Instructor: Si View Staff
11:30AM-12:30PM
Location: Varies
Free

Sensory play and Movement
This class will include music and large muscle activities, as well as sensory experiences such as play dough, themed bins, and STEM toys. Parents must stay. Fee listed is per session.

- All Dates: September
  - Age: 1-5
  - Min: 4 Max: 12
  - Instructor: Erin Perea
  - Location: SI View Community Center
  - R: $55.00 | NR: $65.00
  - Session 1: Sep 12-Oct 03
  - Session 2: Oct 10-31
  - Session 3: Nov 7-Dec 05* no class Nov 21

Literacy, Music and Sensory Play
Join us for a preschool experience that includes group time, sensory play, STEM toys, group art projects, individual art projects, social skills practice and the chance to meet and connect with other parents. This session will center around the wonderful world of Eric Carle. Parent must stay. *Fee listed is per session.

- All Dates: September
  - Age: 3-5
  - Min: 4 Max: 12
  - Instructor: Erin Perea
  - Location: SI View Community Center
  - R: $55.00 | NR: $65.00
  - Session 1: Sep 12-Oct 03
  - Session 2: Oct 10-31
  - Session 3: Nov 7-Dec 05* no class Nov 21

- All Dates: October
  - Age: 3-5
  - Min: 4 Max: 12
  - Instructor: Erin Perea
  - Location: SI View Community Center
  - R: $55.00 | NR: $65.00
  - Session 1: Sep 12-Oct 03
  - Session 2: Oct 10-31
  - Session 3: Nov 7-Dec 05* no class Nov 21

STEAM
Come learn all about the engineering design process while completing a 4-week STEAM challenge. This session is about all things related to structures, buildings, and bridges. Parents are welcome to stay but it is not required. Fee listed is per session.

- All Dates: September
  - Age: 5-7
  - Min: 4 Max: 12
  - Instructor: Erin Perea
  - Location: SI View Community Center
  - R: $55.00 | NR: $65.00
  - Session 1: Sep 11-Oct 02
  - Session 2: Oct 09-20
  - Session 3: Nov 6-Dec 04* no class Nov 20

More Parent-Child Programs:
Me & Mine dance page 12
Agricultural classes page 17
**Youth Programs**

**Special Interest**

**Artsworks: Mixed Media Masterpieces**
In this 8-week creative arts class, students will have the opportunity to learn about art concepts and terminology and apply the elements and principles of art while exploring a variety of art media; including acrylic and watercolor paints, oil and chalk pastels, regular colored and watercolor pencils, clay, and textiles. Designed for new and returning students of different ages and abilities, young artists will learn techniques and gain new skills to create unique and expressive works of art each day. There might even be some fun homework! No previous experience necessary. Class fee includes all child-friendly materials, and your child will receive an art kit to keep. Creating art can be messy; please have your artist dress appropriately!

27524 Artsworks: Mixed Media Masterpieces
Age: 6-12
Min: 6 Max: 12
F Sept 08-Oct 20
Instructor: Sam Sinanan
Location: Si View
R: $225.00 | NR: $270.00

**Holiday Gift Workshops**
Would you like your child to create one-of-a-kind hand-crafted art gifts for this holiday season? Here are two opportunities to learn and apply some art concepts and skills while making gorgeous gifts for someone special. In each workshop, young artists will create two unique gifts and decorate a gift bag for each. Workshop fees include all child-friendly materials. Creating art can be messy; please have your artist dress appropriately!

27525 Holiday Gift Workshop
Age: 6-12
Min: 6 Max: 12
F Dec 01
Instructor: Sam Sinanan
Location: Si View Community Center
R: $50.00 | NR: $60.00

27526 Holiday Gift Workshop
Age: 6-12
Min: 6 Max: 12
SA Dec 09
Instructor: Sam Sinanan
Location: Si View Community Center
R: $50.00 | NR: $60.00

**Robot U**
Build from plans or design your own. Class spends a full ten weeks building or creating incredible working, sensing, moving ROBOTS! All elementary ages welcome. They will have their choice of sets to work with, from simple to complex, LEGO WeDo for the young ones and MINDSTORMS for the ones that need maximum capabilities. Build from over 100 plans or create your own with instructor help.

27527 Robotics Class
Age: 5-12
Min: 4 Max: 16
T Sep 19-Dec 05
Instructor: Robot U
Location: Si View
R: $280.00 | NR: $336.00

27528 STEM Class
Age: 5-12
Min: 4 Max: 16
F Sep 22-Dec 08
Instructor: Robot U
Location: Si View
R: $340.00 | NR: $408.00

**School Break Camps**

**No School Day Camp**
School is out for the day, come to Si View and play! Our no school day camps are open to all K-5th grade students and include a full day of activities. Structured camp activities run 9AM to 4PM, extended care from 6:30AM to 6:30PM included. Be sure to pack a lunch and snacks for a busy day of playing!

No School Day - 10/9
Grade: K-5
Min: 12 Max: 30
M Oct 09
Instructor: Si View Youth Staff
Location: Si View Community Center
R: $87.00 | NR: $104.40

**Veterans Day Camp**
Grade: K-5
Min: 10 Max: 30
F Nov 10
Instructor: Si View Youth Staff
Location: Si View Community Center
R: $87.00 | NR: $104.40

**Winter Break Camp**
School is out for Winter Break and we know just how to have fun! Come join us to explore all the best activities at Meadowbrook Farm Interpretive Center. Register for single days or all nine days. No camp on 12/25 or 1/1.

27352 Winter Break Camp
Grade: K-5
Min: 10 Max: 30
M,T,W,TH,F Dec 18-Dec 29
Instructor: Si View Youth Staff
Location: Meadowbrook Farm
R: $87.00* | NR: $104.40*
*daily rate

**Safe Kids 101 Home Alone**
How do parents know when their child is ready to stay home alone? What should your child know about first aid, choking, fire prevention or aggressive dogs? Don’t know how to initiate the discussion on stranger danger, abduction, abuse or digital safety, like cyberbullying or sexting? This class has you covered, teaching your child how to be safer at home and in the community! All participants will receive the Safe Kids 101 book. Bring a water bottle and a snack.

27522 Safe Kids 101
Age: 8-12
Min: 6 Max: 12
SA Oct 07
Instructor: Sam Sinanan
Location: Si View Community Center
R: $58.00 | NR: $69.60

**Polite Kids 101**
Would a manners class help your child stay on track with kind and respectful living? Look no further! This class includes how to introduce yourself and others, interrupting politely, how to set a basic table setting, table manners, being a guest in someone’s home, and birthday party manners. All participants will receive a Polite Kids 101 handbook to allow your child to practice some of what they learn. A light snack of crackers & cheese, apple slices and carrot sticks will be served, so please let us know of any food allergies. Bring a healthy beverage and additional nut-free snack.

27521 Polite Kids 101
Age: 6-10
Min: 6 Max: 12
SA Nov 04
Instructor: Sam Sinanan
Location: Si View Community Center
R: $48.00 | NR: $57.60

**School Year Care**
Si View Before & After School Program offers a safe and enriching place for K-5 students attending NBE, OES and FCE. This is a great program for kids who want to be active and academically successful. Through enrichment activities and homework time, participants gain new skills, create lasting friendships, and develop healthy habits.

We offer morning care and transportation to NBE/ OES, and after care including early release days. Additional programs are available on VSD no school days and school breaks (additional fee). Registration options include monthly rates and single day sign-ups with a two days per week minimum. Financial need-based scholarships are available.

2023-2024 school care sites include:
- Si View: Before and after care (NBE, OES students)
- NBE: After care (NBE students)
- FCE: After care (FCE students)

For more program information, contact Josh Conlee at jconlee@siviewpark.org.

**Enrichment Classes**
After school enrichment classes for K-5 grade students at NBE and FCE will return in the Fall. Check our website for details in August. Class options may include Chess, Yoga, STEM and Art. Sessions run 6-8 weeks right after school, a great option to stay engaged and learning with friends after school.

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425-831-1900
Teen Programs

Teen Nights
Teen Nights offer fun times for 6-8th graders! Join Si View for an awesome night of games such as dodgeball, basketball, minute to win it style challenges, trivia, socializing and more! Don’t miss out on this middle school only event! Snacks are available for purchase. Pre-registration is required. Limited space for walk-ins. Activities will vary month to month.

Swimming Night
Grade: 6-8
Min: 10 Max: 40
Instructor: Si View Youth Staff
Location: Si View Community Center
F Sept 15
7:00PM-9:30PM
R: $10.00 | NR: $12.00

Spooky Halloween Party
Grade: 6-8
Min: 10 Max: 40
Instructor: Si View Youth Staff
Location: Si View Community Center
F Oct 31
7:00PM-9:30PM
R: $10.00 | NR: $12.00

Trivia Night
Grade: 6-8
Min: 10 Max: 40
Instructor: Si View Youth Staff
Location: Si View Community Center
F Nov 1
7:00PM-9:30PM
R: $10.00 | NR: $12.00

Sno-Valley Youth Council
Sno-Valley Youth Council is a group of local middle and high school students that plan and participate in community events and service projects. The more students that are involved, the more we will be able to do! Come meet new friends, have your voice heard, and help make a difference! Joining the group is free! Youth Council meets the second and fourth Monday each month during the school year. Schedule is subject to change due to school calendar and program events.

27366 Sno-Valley Youth Council
Grade: 6-12
Min: 5 Max: 25
Instructor: Zach Todd
Location: North Bend Train Depot
M Sep 11-Jun 10
5:00PM-6:00PM
Free

Super Sitters
This program trains young people in basic babysitting and home safety skills. Students completing the class will be better prepared to provide a safer and more positive childcare experience for themselves and the young children they care for. Course topics include the business of babysitting, parent expectations, basic first aid, home and fire safety, Hemlitch maneuver, telephone tips, toys and activities and infant care. Participants receive a Babysitting 101 handbook and a course completion certificate. Bring a drink, a healthy nut-free snack and sack lunch.

27523 Super Sitters Teen Class
Age: 11-15
Min: 6 Max: 12
Instructor: Sam Sinanan
Location: Si View Community Center
R: $56.00 | NR: $58.10
M Sep 14
9:30AM-2:00PM

Beginning Sewing
Master the basics of sewing. Learn to read a pattern, use a machine, create PJ pants, fabric baskets, pillowcases, scrunches and more! Head into fall with projects you can be proud of and have fun with fabric.

Beginning Sewing
Age: 12-18
Min: 3 Max: 8
Instructor: Bonnie Gaudilia
Location: North Bend Train Depot
R: $56.00 | NR: $57.00
W Oct 4-Nov 8
5:00PM-6:30PM

More Teen Programs:
Teen Dance page 13
Teen Hikes page 16
Youth Dance

Si View Dance Program
Positive! Fun! Enriching!

The Dance Program at Si View offers a high level of professional instruction with a strong emphasis on technique, fitness and fun. Each student receives individual attention, initiating the joy and appreciation of dance and music. We allow each student the freedom of creative expression in a nurturing and motivating environment designed to enhance self-esteem. Dance classes are taught by experienced instructors: Emmy Fansler, Phoebe Raftery, Tempest Chase, and Emelia Ricchio.

Dance classes are formatted as limited viewing. Parents will be invited in to watch the week of October 23rd. If you have a special guest in town or you just want to check in on the class, please talk with the instructor and they will do their best to accommodate you.

No classes are currently scheduled on 10/31, 11/10, 11/21, 11/23, 11/24. If any classes are cancelled due to weather/instructor illness, we will do our best to reschedule classes.

Check out our dance program details online: siviewpark.org/dance.php. This page is your one stop shop for dance information: registration, schedules, season information, instructor information, suggested dress code, and more!

Preschool Dance

Creative Dance

Come join the fun and make new friends! This class will give dancers, boys and girls, creative opportunities to enhance coordination and balance, learn dance movement and technique and explore their independence. Dancers have the option to perform in our end of season showcase, sharing all that has been learned with family and friends is a great confidence builder and tons of creative fun! This is a child-only class.

27363 Creative Dance Session I
Age: 2-4
Min: 4 Max: 10
Instructor: Emmy Fansler
Location: Si View Community Center
9:30AM-10:15AM
R: $45.00 | NR: $54.00

27364 Creative Dance Session II
Age: 2-4
Min: 4 Max: 10
Instructor: Emmy Fansler
Location: Si View Community Center
9:30AM-10:15AM
R: $45.00 | NR: $54.00

27396 Creative Dance Session III
Age: 2-4
Min: 4 Max: 10
Instructor: Emmy Fansler
Location: Si View Community Center
9:30AM-10:15AM
R: $33.75 | NR: $40.50

Me and Mine

Do you AND your child love to move together? Bring them with you to connect, play, and explore music and movement in a fun and encouraging environment.

27397 Me and Mine Session I
Age: 2-4
Min: 4 Max: 10
Instructor: Emmy Fansler
Location: Si View Community Center
9:30AM-10:15AM
R: $45.00 | NR: $54.00

27398 Me and Mine Session II
Age: 2-4
Min: 4 Max: 10
Instructor: Emmy Fansler
Location: Si View Community Center
9:30AM-10:15AM
R: $45.00 | NR: $54.00

27399 Me and Mine Session III
Age: 2-4
Min: 4 Max: 10
Instructor: Emmy Fansler
Location: Si View Community Center
9:30AM-10:15AM
R: $33.75 | NR: $40.50

Introductory Dance

Beginner Jazz

Learn jazz steps and across the floor movements while developing a personal sense of artistic expression. For the more advanced students they will contribute to choreography and advance their performance skills.

27365 Beginner Jazz
Age: 7-9
Min: 4 Max: 10
Instructor: Emelia Ricchio
Location: Si View
4:30PM-5:15PM
R: $135.00 | NR: $162.00

Beginner Contemporary

Contemporary dance fuses the strength and technique of ballet with elements of modern dance. Movement emphasizes the use of gravity, momentum, moving on and off balance, and suspension to express with the whole body.

27400 Beginner Contemporary
Age: 7-9
Min: 4 Max: 10
Instructor: Emelia Ricchio
Location: Si View
4:30PM-5:15PM
R: $135.00 | NR: $162.00

Beginner/Intermediate Hip Hop

Hip Hop is a fun, popular style of dance for boys and girls. In this class we will be focusing on establishing a good body rhythm and learning basic to intermediate hip choreography. Students will start learning how to control spins, perform leaps and learn choreography to top 40 pop singles.

27401 Beginner/Intermediate Hip Hop
Age: 7-9
Min: 4 Max: 10
Instructor: Tempest Chase
Location: Si View
6:00PM-6:45PM
R: $135.00 | NR: $162.00

Beginner/Intermediate Ballet

Our ballet classes focus on the basic ballet vocabulary, emphasizing correct alignment. Barre-work, adagio and petite and grand allegro build strength, and grace in a non-competitive encouraging environment. Grace, style and ballet discipline will continue to be mastered.

27403 Beginner/Intermediate Ballet
Age: 7-9
Min: 4 Max: 10
Instructor: Emmy Fansler
Location: Si View
5:30PM-6:15PM
R: $135.00 | NR: $162.00
Youth Dance

Teen Dance

Teen Ballet
This program is for 11 and up. It provides the more mature dancer with a higher level of technical, rhythmic, spatial and strength challenges. We will focus on choreography and expression, all the while keeping an emphasis on the joy of dance.

27408 Teen Ballet
Age: 11+
Min: 4 Max: 10
Instructor: Emmy Fansler
Location: SiView Community Center
R: $180.00 | NR: $216.00

Teen Hip Hop
Hip Hop is a fun, popular style of dance for boys and girls. This program provides the more mature dancer with a higher level of technical, rhythmic, spatial and strength challenges. We will focus on choreography and expression, all the while keeping an emphasis on the joy of dance.

27406 Teen Hip Hop
Age: 11+
Min: 4 Max: 10
Instructor: Tempest Chase
Location: SiView
R: $180.00 | NR: $216.00

Teen Contemporary
Contemporary dance fuses the strength and technique of ballet with elements of modern dance. Movement emphasizes the use of gravity, momentum, moving on and off balance, and suspension to express with the whole body. This teen class provides the more mature dancer with a higher level of technical, rhythmic, spatial and strength challenges. We will focus on choreography and expression, all the while keeping an emphasis on the joy of dance.

27407 Teen Contemporary
Age: 11+
Min: 4 Max: 10
Instructor: Emmy Fansler
Location: SiView
R: $180.00 | NR: $216.00

Teen Combo
This class is for the teen who wants to try a little of everything! In this class, we will learn elements of ballet, jazz, hip hop, contemporary, modern, salsa, and musical theater.

27409 Teen Combo
Age: 11+
Min: 4 Max: 10
Instructor: Emmy Fansler
Location: SiView
R: $270.00 | NR: $324.00

Advanced Dance

Pointe
Pointe is the art of dancing on one's toes. This takes strength, proper alignment and required proper footwear. Dancers must take Teen Ballet beforehand and receive instructor permission.

27405 Pointe
Age: 12+
Min: 4 Max: 10
Instructor: Emmy Fansler
Location: SiView
R: $135.00 | NR: $162.00

Dance Combo I
This combo class for ages 4-6 provides a great opportunity to explore a diversity of dance styles. Come have fun experiencing the multiple disciplines of Ballet & Jazz. Great for beginning dancers.

27404 Dance Combo I Ballet and Jazz
Age: 4-6
Min: 4 Max: 10
Instructor: Emmy Fansler
Location: SiView
R: $135.00 | NR: $162.00

Dance Combo II
This combo class for ages 7-9 provides a great opportunity to explore a diversity of dance styles. Come have fun experiencing the multiple disciplines of Ballet & Jazz. Great for beginning dancers and/or continuing dancers.

27402 Dance Combo II Ballet and Jazz
Age: 7-9
Min: 4 Max: 10
Instructor: Phoebe Raftery
Location: SiView
R: $180.00 | NR: $216.00

Meet our Instructors

Emmy Fansler
Emmy dances, teaches, and choreographs from a core belief in the transformative power of dance. A relative latecomer to dance, Emmy began intensive ballet training at the age of fifteen and has since developed a unique style based on interpersonal connection. She persistently defies the exclusionary paradigm of the ballet world, creating radically inclusive dance spaces and choreographing to highlight each dancer's unique story and strengths. She hopes to teach compassion, connection, and creativity through dance, knowing it can break down barriers and build communities. Emmy has experienced first-hand the life changing effects of dance, and her gratitude shines brightly in her teaching style.

Emelia Ricchio
Emelia will be teaching beginner contemporary and jazz this year. She has been dancing for 8 years and has been competing in dance for 6 of those years. Emelia has had advanced training in many styles, but her favorite styles of dance are contemporary and hip hop. This will be her first-time teaching, but she’s been assisting Ms. Emmy for years and is so excited to start!

Phoebe Raftery
Phoebe has had a passion for dance since the age of two. For fourteen years, she has been training in ballet, and within the past seven years, she has trained in many other styles including jazz, contemporary, hip hop, and more. Phoebe has been a member of a dance competition team for seven years and loves to perform. She hopes to pass down her love for dance to the younger generation of aspiring performers.

Tempest Chase
Tempest Chase has been training in several styles of dance all her life. She has been a competitive hip hop dancer since 2017, attending competitions and conventions all over western Washington. Tempest loved teaching hip hop at SiView last year, and she is excited to return this season.
Youth Sports

Volleyball
Coming this fall, we have more volleyball options for youth! Instructress Cristin Stahlberg will lead both the weekday and weekend skill sessions. All classes teach participants passing, serving, attacking, and defense. Of course, with some added fun games! Cristin is a former University of Washington Head Coach and collegiate player at Seattle University and the current Mount Si HS Varsity assistant coach. Come join the fun!

27507 Fall Volleyball (1)
Min: 4 Max: 14
Instructor: Cristin Stahlberg
Location: SIView
Grade: 2-5
R: $165.00 | NR: $198.00
27508 Fall Volleyball (1)
Min: 4 Max: 14
Instructor: Cristin Stahlberg
Location: SIView
Grade: 6-8
R: $165.00 | NR: $198.00
27509 Fall Volleyball (2)
Min: 4 Max: 14
Instructor: Cristin Stahlberg
Location: SIView
Grade: 2-5
R: $165.00 | NR: $198.00
27510 Fall Volleyball (2)
Min: 4 Max: 14
Instructor: Cristin Stahlberg
Location: SIView
Grade: 6-8
R: $165.00 | NR: $198.00
27499 September Volleyball
Min: 4 Max: 14
Instructor: Cristin Stahlberg
Location: SIView
Grade: 2-5
W Sep 26-7:00PM
R: $110.00 | NR: $132.00
27500 September Volleyball
Min: 6 Max: 14
Instructor: Cristin Stahlberg
Location: SIView
Grade: 6-8
W Sep 26-7:00PM
R: $110.00 | NR: $132.00
27501 October Volleyball
Min: 6 Max: 14
Instructor: Cristin Stahlberg
Location: SIView
Grade: 2-5
W Oct 04-7:00PM
R: $110.00 | NR: $132.00
27502 October Volleyball
Min: 6 Max: 14
Instructor: Cristin Stahlberg
Location: SIView
Grade: 6-8
W Oct 04-7:00PM
R: $110.00 | NR: $132.00
27503 November Volleyball
Min: 6 Max: 14
Instructor: Cristin Stahlberg
Location: SIView
Grade: 2-5
W Nov 01-7:00PM
R: $137.50 | NR: $165.00
27504 November Volleyball
Min: 6 Max: 14
Instructor: Cristin Stahlberg
Location: SIView
Grade: 6-8
W Nov 01-7:00PM
R: $137.50 | NR: $165.00
27505 December Volleyball
Min: 6 Max: 14
Instructor: Cristin Stahlberg
Location: SIView
Grade: 2-5
W Dec 06-7:00PM
R: $137.50 | NR: $165.00
27506 December Volleyball
Min: 6 Max: 14
Instructor: Cristin Stahlberg
Location: SIView
Grade: 6-8
W Dec 06-7:00PM
R: $137.50 | NR: $165.00

Folk-Style Wrestling Season
The Snoqualmie Valley Wrestling Club is dedicated to teaching the fundamentals of Folk-style Wrestling. Coaches work with wrestlers of all levels, from beginners to advanced, to help them become some of the best athletes in their age and weight classes in the state of Washington. In addition to wrestling, the club gears its efforts to teaching these young athletes and their families the importance of respect, the value of confidence in oneself and in others, and how to handle success and failure in competition. The Wrestling Club is open to boys and girls ages 7 to 18. Kids 7 years old must be in the 1st grade to participate. The SVWC is a USA sanctioned wrestling club. USA Wrestling is the parent club for the Olympic team. The SVWC also participates in the Western Washington Kids Wrestling League and also schedules dual matches with other area wrestling clubs so wrestlers can get in extra practice matches throughout the season.

27517 Beginner Division
Min: 20 Max: 50
Instructor: SVWC
Location: Mount Si High School
R: $180.00 | NR: $216.00
27518 Novice Division (2+ years of experience)
Min: 20 Max: 50
Instructor: SVWC
Location: Mount Si High School
R: $220.00 | NR: $264.00

Big Flips Gymnastics
This class will provide instruction for girls and boys who would like to learn beginning-intermediate skills. The teachers will teach to each individual child's particular skill level. Skills will be taught on Bars, Beam, Vaulting, and Tumbling. The great benefits of gymnastics are the increased flexibility, strength, balance, coordination, discipline and power through their training. Gymnastics is great preparation for all other sports!

27432 Big Flips Gymnastics
Min: 6 Max: 16
Instructor: SVWC
Location: SIView
R: $224.00 | NR: $268.80
27433 Big Flips Gymnastics
Min: 6 Max: 16
Instructor: SVWC
Location: SIView
R: $112.00 | NR: $134.40

Cross Country Club
Each Fall, the Snoqualmie Valley Track Club hosts a cross-country season for youth. This Fall we look to compete with teams from Bellevue, Issaquah, Maple Valley and Auburn. The focus of this program is to guide participants towards their individual best effort working on running efficiency, pacing, and safe warm-up and cool-down routines. We practice twice a week, and meets are hosted on Sundays. We are always in need of volunteer coaches, please reach out if running is your passion!

25447 Cross Country Club 2023
Min: 6 Max: 40
Instructor: SVTC coaches
Location: South Fork Landing
R: $100.00 | NR: $120.00

Pro Baseball
Those looking to continue working with Steve Goucher, former Atlanta Brave pitcher and scout, look no further! Steve is now offering a 6-week Fall Clinic, and camps on no school days and school breaks. Players will work on all aspects of baseball including throwing, fielding, pitching, and hitting. Sign up today!

27516 Pro Baseball Fall Clinic
Min: 4 Max: 12
Instructor: Steve Goucher
Location: SIView Park
R: $89.00 | NR: $226.80
27515 Pro Baseball No School Day Camp
Min: 4 Max: 12
Instructor: Steve Goucher
Location: SIView Park
R: $60.00 | NR: $72.00
27513 Pro Baseball Nov Holiday Camp
Min: 4 Max: 12
Instructor: Steve Goucher
Location: Local schools
R: $60.00 | NR: $72.00
27514 Pro Baseball Nov Holiday Camp 2
Min: 4 Max: 12
Instructor: Steve Goucher
Location: Chief Kanim MS
R: $60.00 | NR: $72.00
27511 Pro Baseball Dec Holiday Camp
Min: 4 Max: 12
Instructor: Steve Goucher
Location: Chief Kanim Middle School
R: $189.00 | NR: $226.80
27512 Pro Baseball Dec Holiday Camp 2
Min: 4 Max: 12
Instructor: Steve Goucher
Location: Chief Kanim Middle School
R: $189.00 | NR: $226.80
Fall Recreation Basketball
This year Si View’s K-2 grade basketball league will play in the Fall. The season is set to kick off the week of October 23 and end Saturday, December 16. The season includes one practice per week, and games on Saturdays, six games total. Teams are formed by the school students attend and buddy requests. Only one buddy request per person, please. Buddy requests are not guaranteed. Registration closes October 9. No practices or games during school breaks or holidays. The coach of your team will contact you after October 9 to update you on the season schedule. This season will surely be the highlight of your Fall!

We need coaches! All teams are coached by volunteers, please consider joining our excellent team of volunteer coaches! Practices are held at local schools. The coach of the team determines the day and time of practice. Practice requests are not guaranteed. Contact Tyler for more information at tyburnett@sierviewpark.org.

| Grade 1-2 Boys | Grade: 1-2 | Min: 6 per team Max: 10 per team | Oct 23-Dec 16 | Instructor: Volunteer Coaches | Locations: SVSD Gyms | $100.00 | $120.00 |
| Grade 1-2 Girls | Grade: K | Min: 6 per team Max: 10 per team | Oct 23-Dec 16 | Instructor: Volunteer Coaches | Locations: SVSD Gyms | $100.00 | $120.00 |

Winter Recreation Basketball
Si View’s Winter Recreation Basketball League is open for both new and returning players in grades 3-6. The league is structured to include one practice per week and one game on Saturday mornings or afternoons for 10 weeks, with a total of 8 games. Participants build skills in a positive team atmosphere and get to compete with players from local schools/community. Registration closes December 16th. The coach of your team will contact you after registration closes to update you on the season schedule.

| Grade 3-4 Girls | Grade: 3-4 | Min: 6 per team Max: 10 per team | Jan 08-Mar 16 | Instructor: Volunteer Coaches | Locations: SVSD Gyms | $125.00 | $150.00 |
| Grade 3-4 Boys | Grade: 3-4 | Min: 6 per team Max: 10 per team | Jan 08-Mar 16 | Instructor: Volunteer Coaches | Locations: SVSD Gyms | $125.00 | $150.00 |
| Grade 5-6 Girls | Grade: 3-4 | Min: 6 per team Max: 10 per team | Jan 08-Mar 16 | Instructor: Volunteer Coaches | Locations: SVSD Gyms | $125.00 | $150.00 |
| Grade 5-6 Boys | Grade: 3-4 | Min: 6 per team Max: 10 per team | Jan 08-Mar 16 | Instructor: Volunteer Coaches | Locations: SVSD Gyms | $125.00 | $150.00 |

Winter Recreation Basketball
7-12 Grade Boys and Girls
Last year we introduced a new recreation basketball league for students in grades 7-12. The boys teams have joined City of Renton for league play and the girls teams City of Issaquah. These recreational leagues are a great opportunity for students to stay active and enjoy the game in a welcoming, recreational setting. Check our website for winter season dates and schedules.

Basketball Class
Gear up for the Fall and Winter Basketball seasons by training with Kelsey Taylor, one of our most experienced basketball coaches in the Valley. These sessions will focus on basketball fundamentals such as shooting, passing, and defense. Whether you are a beginner or an experienced player, Coach Taylor will help you hone your skill and improve your technique.

| Basketball Class | Grade: K-2 | Min: 4 Max: 16 | W Sep 13-Oct 18 | Instructor: Kelsey Taylor | Location: North Bend Elementary | $135.00 | $162.00 |
| Basketball Class | Grade: 3-6 | Min: 4 Max: 16 | W Sep 13-Oct 18 | Instructor: Kelsey Taylor | Location: North Bend Elementary | $135.00 | $162.00 |

LEARN TO SKATE
EVERYTHING STARTS WITH SKATING!
Start your ice skating journey with us! The Learn to Skate program teaches the fundamentals of ice skating.
AGES 3 & UP

LEARN TO PLAY
IT’S ALWAYS A GREAT DAY FOR HOCKEY!
Start your hockey journey with us! The Learn to Play program teaches the fundamentals of playing hockey.
AGES 4-17
Outdoor Recreation

Frisbee Golf Fridays
Come out and learn disc golf from the pros! Presented by Mando’s Disc Golf & Twedes Café. Learn the disc golf basics, rules of the game, backhand, forehand, putting and flight characteristics. Discs will be provided. The course will involve teaching time and time to play on the disc golf course, with the last class day being a tournament.

Frisbee Golf Fridays
Age: 12+
Min: 10 Max: 20
F-Sep 01-29
Instructor: Mando’s Disc Golf
Location: South Fork Landing
R: $120.00 | NR: $144.00

Experience Gravel Biking: The Line
Gravel Biking is a fast-growing sport that combines the benefits of road biking and mountain biking. The PNW has hundreds of miles of gravel trails to explore our great outdoor. This course will teach you skills, trail etiquette, where to ride, and preventative maintenance so you can keep your bike in tip top shape for years to come! Bike Rentals available, not included in the program fee.

Experience Gravel Biking
Age: 14+
Min: 4 Max: 12
5 Aug 15-20 Nov 05, weather permitting
Instructor: The Line Staff
Location: The Line, 1130 E North Bend Way
R: $25.00 | NR: $30.00

Experience Bike Maintenance
Knowing how to keep your bike in shape is essential to handle the trails and explore our great outdoors. Learn basic preventative maintenance, what to check before and after you ride, and how to confidently handle flat tires and other mishaps during rides.

Bike weekly Bike Maintenance
Age: 14+
Min: 4 Max: 12
TH Aug 17, Sep 21, Oct 19, Nov 16
Instructor: The Line Experience
Location: The Line, 1130 E North Bend Way
R: $10.00 | NR: $12.00

Stroller Striders
Calling all new parents! It’s time to get outside and get moving! Time to lace up your walking shoes and get striding with your little ones. This new walking group aims to bring together parents to socialize, encourage new friendships, and be active with their walker bound children. Join Si View on these Stroller friendly walks as we explore the beautiful parks and trail system right here in North Bend. Walks will happen every other Wednesday. Register now for email updates on routes and meeting locations. Donations and program modification ideas are always welcome.

Stroller Striders
Age: Adults
Min: 2 Max: 24
W Sep 06-Nov 15
Instructor: Si View staff
Location: Varies
R: $110.00 | NR: $120.00

Adult Guided Hikes
Are you looking to expand on your usual walking fitness to the great outdoors? Living in North Bend gives us great access to our extended backyard! Join us on these easy to moderate hikes as we add some elevation to your normal walking! Expand your knowledge in hiking etiquette, leave no trace principles, and tips for successful outings! Lead by Si View’s Outdoor Rec Coordinator. Transportation provided. Please meet at the Si View Community Center.

Adult Guided Hikes
Age: 18+
Min: 4 Max: 8
F-Sep 01
Instructor: ZachTodd
Location: Si View Park
R: $10.00 | NR: $12.00

No School Day Hikes
No school, no problem! Join us on no-school days as we look to get outside and explore our extended backyard! We will hike easy to moderate trails while making new friends and building leadership and outdoor skills. Come learn trail etiquette, leave no trace principles, and basic safety skills for hiking and recreating outdoors. Schedule may change due to weather.

No School Day Hikes
Min: 4 Max: 10
W Fri Sep 02
Instructor: ZachTodd
Location: Si View Community Center
R: $55.00 | NR: $66.00

Si View Walking Club
Si View is excited to continue getting out and stepping with the Si View Walking Club! Walks will take place at various parks and trails throughout North Bend. Participants will have the opportunity to socialize while getting their steps in! Walks will be a blend of Si View staff lead and self lead. Donations and program modification ideas are always welcome. Be sure to pre-register for route maps and meeting locations.

Si View Walking Club
Age: Adults
Min: 2 Max: 24
T-Aug 29-Nov 21
Instructor: ZachTodd
Location: Varies
R: $45.00 | NR: $54.00

Homeschool Day Hikes
Is your student looking to expand their knowledge and experience with the outdoors? Come join us as we explore local trails in the surrounding area. We will hike easy to moderate trails while making new friends and building leadership and outdoor skills. Come learn trail etiquette, leave no trace principles, and basic safety skills for hiking and recreating outdoors. Lead by Si View’s Wilderness First Aid certified Outdoor Rec Coordinator. Schedule may change due to weather.

Homeschool Day Hikes
Min: 4 Max: 10
F-Sep 22
Instructor: ZachTodd
Location: Si View Community Center
R: $45.00 | NR: $54.00

Little Si
Grade: 6-10
Min: 4 Max: 10
F-Oct 20
Instructor: ZachTodd
Location: Si View Community Center
R: $45.00 | NR: $54.00

Granite Creek Falls
Grade: 6-10
Min: 4 Max: 10
F-Nov 17
Instructor: ZachTodd
Location: Si View Community Center
R: $45.00 | NR: $54.00

Cherry Creek Falls
Grade: 6-10
Min: 4 Max: 10
M-Oct 09
Instructor: ZachTodd
Location: Si View Community Center
R: $55.00 | NR: $66.00
Outdoor Recreation

Pump Track Dig and Ride!
Community Stewardship Day
Join Evergreen and Si View Parks for an evening at the North Bend Pump Track! Beginners to experts, and everyone between is invited to come out for an evening of community service as we get the pump track ready for the next season. Come help rake, reshape, and help maintain our Pump Track for the long term use. Treats will be available for volunteers, plus a food truck on site as a dinner option!
Friday Sep 29, 5:00PM-8:00PM
Targason Park Pump Track, 750 E North Bend Way
All ages and anyone interested in biking or using the pump track is welcome!

5:00PM
Meet and greet social time with the biking community and the professional trail builders from Evergreen. Grab some treats, learn about the plan for the evening, and hear about all the Fall and Winter programs coming up at Si View.

5:30PM
Time to dig! Help repair berms, reshape rollers, and reshape our starting block. As well as raking away debris and clearing out drains to make sure the pump track is ready for a wet winter season.

7:30PM
We ride! Enjoy the fruits of your labor with some laps around the track under the lights! Wrap up and grab dinner from the food truck.

MTB Airbag Sessions
Mountain bikers of all ages and abilities have the unique opportunity to work on their jumping skills with three different sized airbag landers. Coach Robbie will provide feedback and demonstration in a safe and controlled setting. Contact rtodd@siviewpark.org with questions! Ages 6+: welcome, including adults looking to improve skills! *Choose a 2-hour session that best fits your schedule: 8-10AM, 10AM-12PM, 12-2PM, 2-4PM or 4-6PM.

MTB Airbag Sessions
Age: 6-adult
Min: 4 Max: 6
Instruction: Coach Robbie
Location: Tollgate Park
R: $125.00 | NR: $150.00

Agricultural Programs

Guided Goat Walks
Join us for an adventurous walk along the Tollgate Farm Park loop trail. Each participant will have a four-legged buddy - goat, sheep or alpaca (depending on availability) to accompany you on your stroll. This is a group activity, with up to 6 participants per outing. Space up your stroller outing with the kids, or invite a date! This is fun for kids of all ages! Walks last approximately 45 minutes. Participating children must be accompanied by an adult who will be responsible for leading your animal companion. Listed fee is per adult and includes two children. Additional children are $10/NR $12.

Guided Goat Walks
Age: All
Min: 4 Max: 6
Instruction: Feral Woman Farm
Location: Tollgate Farm Park
R: $35.00 | NR: $42.00

Farm Animal Encounters
Join us for a one-hour animal encounter with our resident Alpacas, Goats, Sheep, Piglets, Ducks, Bunnies and Chickens at the Tollgate Farm Barn. Each participant will have an opportunity to feed, snuggle and scratch our farm friends. We’ll answer all your questions and share some fun farm facts. Participating children must be accompanied by an adult. *Children under two are free.

Farm Animal Encounters
Age: All
Min: 6 Max: 15
Instructor: Feral Woman Farm
Location: Tollgate Farm Barn
R: $25/adult, $15/child* | NR: $30/adult, $18/child*

Critter Crafts
Drop in for a guided, one hour, farm-themed craft project. We’ll enjoy a brief meet and greet with our animal friends after we finish our craft. Participating children must be accompanied by an adult.

Critter Crafts
Age: 5-10
Min: 6 Max: 10
Instructor: Feral Woman Farm
Location: Tollgate Farm Barn
R: $5.00 | NR: $6.00

Chicken Butchery & Husbandry Workshop
Raising meat chickens is a great place to start for anyone interested in exploring where their food comes from and learning basic self-sufficiency skills. This is hands-on, experiential, get dirty and learn something new adventure for all involved! Each student will receive two chickens, which we’ll process and package together during our class. In addition to learning the art of chicken butchery, we’ll talk about housing, feeding and backyard husbandry. Additional $30.00 materials fee to be collected by instructor.

Chicken Butchery & Husbandry Workshop
Age: 16+
Min: 6 Max: 10
Instructor: Feral Woman Farm
Location: Tollgate Farm Barn
R: $195.00 | NR: $234.00

Rabbit Butchery Workshop
Meat rabbits are an economical and efficient source of protein for your family freezer. And homestead butchery is a great place to start for anyone interested in exploring where their food comes from and learning basic self-sufficiency skills. This is a hands-on, experiential, get dirty and learn something new adventure for all involved! Each student will receive two rabbits, which we’ll process and package together during our class.

Rabbit Butchery Workshop
Age: 16+
Min: 6 Max: 10
Instructor: Feral Woman Farm
Location: Tollgate Farm Barn
R: $195.00 | NR: $234.00

Tots & Parents: Fun at the North Bend Pump Track
Calling all kiddos on balance bikes! Learn some tips and tricks to have more fun and more confidence at the pump track. Build foundational skills that will carry over to eventual progression on a pedal bike, and have fun with other kiddos in this. Parents are required to attend with their child. Participants are required to provide their own bike & helmet.

Fun at the North Bend Pump Track
Age: 2-5
Min: 4 Max: 8
Instruction: Evergreen MTB
Location: North Bend Pump Track
R: $100.00 | NR: $130.00

Piglets in the Park
Join us for story time on the farm. Bring a picnic blanket and a comfy cushion to sit on. We’ll be gathering on our covered party pad to cozy up with our mini piglets for a story. The piglets love to snuggle and have their bellies scratched while we listen to our farmer read their favorite children’s books. This is a program geared toward ages 5 and under (siblings welcome). Children must be accompanied by an adult. Listed fee is per adult and includes two children. Additional children are $10/NR $12.

Piglets in the Park
Age: All
Min: 6 Max: 10
Instructor: Feral Woman Farm
Location: Tollgate Farm Barn
R: $35.00 | NR: $42.00

Piglets in the Park
Age: All
Min: 6 Max: 10
Instructor: Feral Woman Farm
Location: Tollgate Farm Barn
R: $35.00 | NR: $42.00

Piglets in the Park
Age: All
Min: 6 Max: 10
Instructor: Feral Woman Farm
Location: Tollgate Farm Barn
R: $35.00 | NR: $42.00
Mt Si School of Karate offers martial arts training for youth and adults. We believe and teach the concept that our students need to be well-rounded, educated, competent individuals. We believe that encouragement works better than threats in motivating students to work harder and to push themselves through mental plateaus encountered in their training. We are systematic in acknowledging our students’ achievements, whether in the martial arts or in their outside lives. Life skills are incorporated into our curriculum throughout the year, for application at home, in school, and in their martial arts training including:

Focus | Determination | Courage | Teamwork | Compassion | Balance | Effort | Self-discipline | Technique | Responsibility | Accuracy | Gratitude | Patience | Respect | Perseverance | Loyalty

All students will need a karate uniform. Uniforms can be purchased from the instructor; cost is $40, payable to the instructor in cash or check. Students have opportunities for belt testing in the Fall and Spring. Tournaments are held several times a year, participation is optional.

Our classes are open to students ages 6 to adult, and all skill levels. This class structure allows families to train together, and a supportive setting where younger students gain knowledge from older, more experienced students. Group size is limited to 12 students per class.

Fall Class Schedule
Fall session runs from September 1-December 16. Students can register for classes on a month-to-month basis or for a full 4-month semester. Month to month registration and payment is required by the first day of each new month to stay active in the program. 4-month enrollment registration and payment for the Fall session of September-December is due by September 18. The 4-month rate includes a discount.

No classes are scheduled for Sep 2, Sep 4, Oct 28, Nov 23, Dec 2.

Monthly Tuition
Due by 1st day of each month  $120.00 | NR $144.00

4-Month Enrollment
Due by September 18  $384.00 | NR $441.60

Class Options
We offer several options to meet the needs of families. It is important that students attend the days and times that they are registered for. This fall you can choose from several options:

Mon & Wed 4:30PM-5:30PM
Mon & Wed 5:45PM-6:45PM
Mon & Wed 7:00PM-8:00PM
Tue & Thu 4:30PM-5:30PM
Tue & Thu 5:45PM-6:45PM
Tue & Thu 7:00PM-8:00PM
Sat 9:00AM-11:00AM

Class Communications
Mt Si School of Karate shares information through Si View Metro Parks email system. Please make sure your email is set to accept messages from siviewpark.org to ensure notices are not going to junk mail. We also ask that you check in with Si View staff when you arrive to class at the beginning of each month to confirm your registration status and communication preferences.

“Jomsei Michael is amazing with the kids; he has the right mixture of kindness, understanding and discipline. He focuses on the kids as a whole and has a class instead of just on the moves - he really understands the individuals in the classes.”

“I like the accessibility of the program, I like the flexibility of the people - in the class and at Si View. I like that it feels like family.”
Adult Cornhole League
Grab your friends, family, neighbors and join us at South Fork for our weekly Cornhole League. Si View Metro Parks has partnered with South Fork to host a weekly Cornhole League. League play will be for seven weeks, only one person per team needs to sign up. We will play games based on AIC rules and regulations, but most importantly have fun! For questions, please reach out to Tyler at tburmeister@siviewpark.org. South Fork is located at 14303 436th Ave SE, North Bend, WA 98045.

Adult Cornhole League
Age: 18+
Min: 6 Max: 18
Instructor: NA
Location: South Fork

Intro to Pickleball - 3 Hour Clinic
Interested in learning to play pickleball, the fastest growing sport in the country? Join this 3-hour clinic to learn all of the basics you'll need to play. We'll cover pickleball rules and court positioning, and practice basic paddle strokes (sink, volley, serve, return). You'll leave with confidence to start playing pickleball. This clinic is designed for brand new players. Limited to 12 people with a low 6:1 student to coach ratio. Taught by PPP certified pickleball coaches Chris Fagan and her husband Marty Fagan. Learn more at chrisfagan.net/pickleball.

27630 Intro to Pickleball - 3 Hour Clinic
Age: 16+
Min: 4 Max: 12
Instructor: Chris Fagan
Location: Si View Community Center

27720 Intro to Pickleball - 3 Hour Clinic
Age: 16+
Min: 4 Max: 12
Instructor: Chris Fagan
Location: Si View Community Center

27721 Intro to Pickleball - 3 Hour Clinic
Age: 16+
Min: 4 Max: 12
Instructor: Chris Fagan
Location: Si View Community Center

Pickleball Skills - Up Your Game!
Are you an advanced beginner to intermediate pickleball player who wants to improve your skills? Join this 5-week clinic to up your game. We use fun and effective drills, live ball scenarios, and mini-games to help each player improve. Limited to 12 people with a low 6:1 student to coach ratio. Taught by PPP certified pickleball coach Chris Fagan and her husband Marty Fagan. Learn more at chrisfagan.net/pickleball.

27569 Pickleball Skills - Up Your Game!
Age: 16-75
Min: 4 Max: 12
Instructor: Chris Fagan
Location: Si View Community Center

Pickleball Skills Classes
This course will cover the basic rules, terminology, primary skills, coordination, and basic strategy for 1 vs 1 and 2 vs 2. There will be a focus on drills to reinforce proper techniques. Beginner and Intermediate course options.

27478 Intro to Pickleball - Beginners Class (1)
Age: 16+
Min: 4 Max: 12
Instructor: Arnie Liati
Location: Si View Community Center

27479 Intro to Pickleball - Beginners Class (2)
Age: 16+
Min: 4 Max: 12
Instructor: Arnie Liati
Location: Si View Community Center

27480 Pickleball Skills and Drills - Intermediate (1)
Age: 16+
Min: 4 Max: 12
Instructor: Arnie Liati
Location: Si View Community Center

27481 Pickleball Skills and Drills - Intermediate (2)
Age: 16+
Min: 4 Max: 12
Instructor: Arnie Liati
Location: Si View Community Center

Si View Pickleball Leagues
Come join us for our Fall Pickleball League that will take place outdoors at Si View Community Center. Our leagues will be 7 weeks in duration, starting with Recreational League in September and Competitive League in October. Our league is self-officiated with rules provided by Si View. Captains register their team online or in person. Team registration only, we do not register individual players. Captain’s registration secures the team’s registration for the season. Single players please contact Tyler Burnett at tburmeister@siviewpark.org about potential league placement. No guarantee placement for singlets.

27477 Pickleball League Fall Recreational
Age: 18+
Min: 4 Max: 24
Instructor: NA
Location: Si View

27476 Pickleball League Fall Competitive
Age: 18+
Min: 6 Max: 24
Instructor: NA
Location: Si View

Open Gym
Drop-in Activities
Please note open gym schedule is subject to change during league play and other programming. Joining open-gym sessions is easy. You can either pay a single day drop-in rate at the time of check-in, or pre-purchase a 10-visit pass that is valid for all open gym sports at Si View Community Center. Passes are valid for one year from the date of purchase.

Pickleball Open Gym
Come have fun with friends and fellow community members playing pickleball. Open gym times allow attendees to freely play games and compete with others onsite. This is a self-organized activity. 3 courts are available to maximize your opportunity to play each day.

Basketball Open Gym
Open gym basketball is a time for pick-up games with other community members on site. This is a self-organized activity where attendees coordinate games and include all attendees in rotations. Si View Gym can be set up for full court play or half court play.

Fall 2023 Open Gym Schedule
September 5 - December 16

Monday Pickleball ....... 12:00PM-3:00PM ...... 3 courts
Monday Basketball ...... 8:30PM-9:45PM .. Full court
Tuesday Pickleball ....... 12:30PM-3:00PM .... 3 courts
Wednesday Pickleball ....... 12:00PM-3:00PM .... 3 courts
Thursday Pickleball ...... 8:15PM-9:45PM ...... 3 courts
Friday Pickleball ....... 9:00AM-11:30AM . 3 courts
Saturday Basketball ....... 9:00AM-10:00AM .... Full court

Open Gym Rates
Drop-in, valid for pickleball or basketball
Adults ........................................... $5
Youth/Senior .................................. $4

10-visit punch pass, valid for 12 months from date of purchase
Adults (18-54) ............... $40.00 | NR: $48.00
Seniors (55+) ............... $32.00 | NR: $38.40
Adult Wellness

Gentle Yoga
This class is meant to help students who are new to Yoga, learn the basics for a solid yoga foundation. Slow flow yoga coordinating breath with mindful, meditative movement. Experience the basic principles of Ashtanga yoga in a calm and restorative manner. Yoga poses are broken down to give you the confidence and skills for alignment, breath work, strength and flexibility. Especially beneficial if you are new or returning to yoga but open to all. Yoga mat required; yoga blocks, blanket and strap recommended but not necessary.

27421 Gentle Yoga Class September
Min: 4 Max: 15
M Sep 11-25
Instructor: Judy Baldwin
Location: Meadowbrook Farm
R: $27.00 | NR: $32.40
Age: 16+

27422 Gentle Yoga Class October
Min: 4 Max: 10
M Oct 02-30
Instructor: Judy Baldwin
Location: Meadowbrook Farm
R: $45.00 | NR: $54.00
Age: 16+

27423 Gentle Yoga Class November
Min: 4 Max: 15
M Nov 06-27
Instructor: Judy Baldwin
Location: Meadowbrook Farm
R: $36.00 | NR: $43.20
Age: 16+

27424 Gentle Yoga Class December
Min: 4 Max: 10
M Dec 04-11
Instructor: Judy Baldwin
Location: Meadowbrook Farm
R: $18.00 | NR: $21.60
Age: 16+

Beginner Yoga
This class is meant for students who are between gentle and intermediate yoga. Strengthening their understanding of Ashtanga yoga to build a solid yoga foundation. Experience Ashtanga yoga in a calm and restorative manner. Yoga poses are broken down to give you the confidence and skills for alignment, breath work, strength and flexibility. Especially beneficial if you are new or returning to yoga but open to all. Yoga mat required, yoga blocks, blanket and strap recommended but not necessary.

27413 Beginner Yoga Class September
Min: 4 Max: 15
M Sep 11-15
Instructor: Judy Baldwin
Location: Meadowbrook Farm
R: $27.00 | NR: $32.40
Age: 16+

27414 Beginner Yoga Class October
Min: 4 Max: 15
M Oct 02-10
Instructor: Judy Baldwin
Location: Meadowbrook Farm
R: $45.00 | NR: $54.00
Age: 16+

27415 Beginner Yoga Class November
Min: 4 Max: 15
M Nov 06-27
Instructor: Judy Baldwin
Location: Meadowbrook Farm
R: $36.00 | NR: $43.20
Age: 16+

27416 Beginner Yoga Class December
Min: 4 Max: 15
M Dec 04-11
Instructor: Judy Baldwin
Location: Meadowbrook Farm
R: $18.00 | NR: $21.60
Age: 16+

All Level Yoga
All are welcome no matter experience with yoga, as several variations of postures will be offered to accommodate each participant, strength, flexibility and balance while promoting a sense of well being and connection to community. Practice the principles of Ashtanga yoga in a supportive environment and experience the joy of mindful movement again. Chairs provided; other yoga props welcome but not necessary.

27410 All Level Yoga (September)
Min: 4 Max: 15
M Sep 11-25
7:15PM-8:15PM
Instructor: Judy Baldwin
Location: Meadowbrook Farm
R: $27.00 | NR: $32.40
Age: 16+

27411 All Level Yoga (October)
Min: 4 Max: 15
M Oct 02-30
7:15PM-8:15PM
Instructor: Judy Baldwin
Location: Meadowbrook Farm
R: $45.00 | NR: $54.00
Age: 16+

27412 All Level Yoga (November)
Min: 4 Max: 15
M Nov 06-27
7:15PM-8:15PM
Instructor: Judy Baldwin
Location: Meadowbrook Farm
R: $36.00 | NR: $43.20
Age: 16+

27413 All Level Yoga (December)
Min: 4 Max: 15
M Dec 04-11
7:15PM-8:15PM
Instructor: Judy Baldwin
Location: Meadowbrook Farm
R: $18.00 | NR: $21.60
Age: 16+

Intermediate Yoga
Slow flow yoga with longer sequences for people who wish to deepen their basic Ashtanga practice. Yoga mat required; other props recommended but not necessary.

27425 Intermediate Yoga Class September
Min: 4 Max: 15
M Sep 11-28
7:15PM-8:15PM
Instructor: Judy Baldwin
Location: Meadowbrook Farm
R: $36.00 | NR: $43.20
Age: 16+

27426 Intermediate Yoga Class October
Min: 4 Max: 20
M Oct 02-20
7:15PM-8:15PM
Instructor: Judy Baldwin
Location: Meadowbrook Farm
R: $36.00 | NR: $43.20
Age: 16+

27427 Intermediate Yoga Class November
Min: 4 Max: 15
M Nov 06-27
7:15PM-8:15PM
Instructor: Judy Baldwin
Location: Meadowbrook Farm
R: $36.00 | NR: $43.20
Age: 16+

27428 Intermediate Yoga Class December
Min: 4 Max: 15
M Dec 04-11
7:15PM-8:15PM
Instructor: Judy Baldwin
Location: Meadowbrook Farm
R: $36.00 | NR: $43.20
Age: 16+

Chair Yoga
Chair yoga is a gentle, safe practice which can improve concentration, strength, flexibility and balance while promoting a sense of well being and connection to community. Practice the principles of Ashtanga yoga in a supportive environment and experience the joy of mindful movement again. Chairs provided; other yoga props welcome but not necessary.

27417 Chair Yoga Class September
Min: 4 Max: 15
M Sep 11-15
5:00PM-6:00PM
Instructor: Judy Baldwin
Location: Meadowbrook Farm
R: $36.00 | NR: $43.20
Age: 16+

27418 Chair Yoga Class October
Min: 4 Max: 15
M Oct 02-10
5:00PM-6:00PM
Instructor: Judy Baldwin
Location: Meadowbrook Farm
R: $36.00 | NR: $43.20
Age: 16+

27419 Chair Yoga Class November
Min: 4 Max: 15
M Nov 06-27
5:00PM-6:00PM
Instructor: Judy Baldwin
Location: Meadowbrook Farm
R: $36.00 | NR: $43.20
Age: 16+

27420 Chair Yoga Class December
Min: 4 Max: 15
M Dec 04-11
5:00PM-6:00PM
Instructor: Judy Baldwin
Location: Meadowbrook Farm
R: $36.00 | NR: $43.20
Age: 16+

Paddleboard Yoga and Fitness
Come build your SUP foundation in a warm, calm, safe pool environment before it’s time to go outside on the lake, river, and ocean. We will cover entering and exiting the water safely, and fundamentals of fitness on a stand up paddleboard. No SUP experience required. Dress for a HOT yoga class. Paddle Board equipment is provided by instructor.

27430 Paddleboard Yoga and Fitness October
Min: 4 Max: 15
M Oct 02-30
5:00PM-6:00PM
Instructor: Lindsay Lambert
Location: Si View Pool
R: $75.00 | NR: $90.00
Age: 18+

27431 Paddleboard Yoga and Fitness November
Min: 4 Max: 15
M Nov 06-27
5:00PM-6:00PM
Instructor: Lindsay Lambert
Location: Si View Pool
R: $75.00 | NR: $90.00
Age: 18+

Fitmates
Are you game for a challenge? Come workout with the Fitmates group! We will be torching calories, toning muscles, and building endurance; all in an energetic setting with a challenge by choice approach. Fitmates will keep you motivated and coming back for more!

Min: 3 Max: 10
Instructor: Michael Gaudino
Location: Si View Community Center
T/TH Sep 05-Dec 14
10 punch passes, valid for 6 months
R: $67.50 | NR: $92.00
Age: 18+

WHAT NEW CLASSES WOULD YOU JOIN?
We’d love to hear your ideas! Contact Tyler at tburnett@siviewpark.org
Adult Dance

Adult Tap Dance I
For those who are new to tap or want to brush up past skills, this energetic class will cover basic steps and develop skills in rhythm, syncopation, and musicality in a fun and non-competitive environment. Wear comfortable clothing and tap shoes and join us in making noise!

27535 September
Min: 3 Max: 10
Instructor: Cris Coffing
Location: Si View Community Center
Age: 16+
$48.00 | NR: $57.60
1:15PM-2:00PM
T 06-27

27536 October
Min: 3 Max: 10
Instructor: Cris Coffing
Location: Si View Community Center
Age: 16+
$48.00 | NR: $57.60
1:15PM-2:00PM
W 04-25

27537 November
Min: 3 Max: 10
Instructor: Cris Coffing
Location: Si View Community Center
Age: 16+
$60.00 | NR: $72.00
1:15PM-2:00PM
W Nov-01

27538 December
Min: 3 Max: 10
Instructor: Cris Coffing
Location: Si View Community Center
Age: 16+
$24.00 | NR: $28.80
1:15PM-2:00PM
W Dec-06

Adult Tap Dance II
For students who have taken Tap I or have had some prior experience, this class will further the refinement of skills and techniques, incorporate more challenging rhythmic structures, and play with the art of syncopation. Fun is guaranteed! Wear comfortable clothing and tap shoes.

27531 September
Min: 3 Max: 10
Instructor: Cris Coffing
Location: Si View Community Center
Age: 16+
$48.00 | NR: $57.60
12:00PM-1:45PM
T Sep-05

27532 October
Min: 3 Max: 10
Instructor: Cris Coffing
Location: Si View Community Center
Age: 16+
$48.00 | NR: $57.60
12:00PM-1:45PM
T Oct-09

27533 November
Min: 3 Max: 10
Instructor: Cris Coffing
Location: Si View Community Center
Age: 16+
$60.00 | NR: $72.00
12:00PM-1:45PM
T Nov-07

27534 December
Min: 4 Max: 10
Instructor: Cris Coffing
Location: Si View Community Center
Age: 16+
$24.00 | NR: $28.80
12:00PM-1:45PM
T Dec-05

Adult Beginning Ballet
Explore the art of ballet in this class for new or beginning students! Develop an understanding of terminology, alignment, balance, and artistry through barre, center and travelling exercises. A fun and non-competitive way to immerse yourself in the beauty of dance. Wear comfortable clothes and ballet slippers or socks.

27539 Beginning Adult Ballet - September
Min: 3 Max: 10
Instructor: Cris Coffing
Location: Si View Community Center
Age: 16+
$56.00 | NR: $67.20
12:00PM-1:00PM
W Sep-06

27540 Beginning Adult Ballet - October
Min: 3 Max: 10
Instructor: Cris Coffing
Location: Si View Community Center
Age: 16+
$56.00 | NR: $67.20
12:00PM-1:00PM
W Oct-04

27541 Beginning Adult Ballet - November
Min: 3 Max: 10
Instructor: Cris Coffing
Location: Si View Community Center
Age: 16+
$70.00 | NR: $84.00
12:00PM-1:00PM
W Nov-01

27542 Beginning Adult Ballet - December
Min: 3 Max: 10
Instructor: Cris Coffing
Location: Si View Community Center
Age: 16+
$28.00 | NR: $33.60
12:00PM-1:00PM
W Dec-06

Ballroom Dance
Want to learn to dance? For weddings, cruises, taverns/clubs, or parties? Or, heard that learning to dance is good for your body, your brain, and your spirit? Now is your chance! Learn slow partner dancing for the holiday season with Fox trot and Waltz basics. Then, learn swing music partner dance moves for fun holiday parties and events. Our goals are to have fun and learn a few basics in a safe non-critical environment. Each class is 45 minutes long and includes practice time with music. No partner required, leather soled shoes and casual dress recommended.

27530 Ballroom Dance: Swing
Min: 6 Max: 20
Instructor: John Gibson
Location: Si View Community Center
Age: 16+
$36.00 | NR: $43.20
11:00AM-11:50AM
TH Sep-14

27529 Ballroom Dance: Fox Trot
Min: 6 Max: 20
Instructor: John Gibson
Location: Si View Community Center
Age: 16+
$36.00 | NR: $43.20
11:00AM-11:50AM
TH Oct-05

Beginning Line Dance
You don’t need a partner or any previous experience to have a great time line dancing! Learn 1-2 new dances to current country and pop hits each week, with time for practice and review. Whether you want to wow people on the dance floor or are looking for a fun way to burn some calories, this class is for you! Cowboy/girl boots are encouraged, but any leather soled shoe will work! This class accepts drop-ins, as long as the course has not sold out. Cost $12 per day, payable at check-in.

Beginning Line Dance - September
Min: 6 Max: 24
Instructor: Amanda Johnson
Location: Si View Community Center
Age: 18+
$56.00 | NR: $53.00
8:00PM-9:00PM
W Sep-06

Beginning Line Dance - October
Min: 6 Max: 24
Instructor: Amanda Johnson
Location: Si View Community Center
Age: 18+
$56.00 | NR: $53.00
8:00PM-9:00PM
W Oct-04

Beginning Line Dance - November
Min: 6 Max: 24
Instructor: Amanda Johnson
Location: Si View Community Center
Age: 18+
$56.00 | NR: $53.00
8:00PM-9:00PM
W Nov-01
We are pleased to offer Specialized Recreation programs for community members with disabilities. Our goal is to provide an inclusive environment for specialized programming, and we encourage participation from all. Parents & caregivers are welcome to join at no cost. For more information about our specialized recreation program, please contact Zach Todd at 425-831-1900.

Specialized Recreation Fall Series
We are excited to continue programming with our Fall series! Come join us for a fun activity in October and November! See below for program dates.

27496 Fall Series
Min: 4 Max: 10
Instructor: Si View Staff
Location: Si View Community Center
Rate:
Adult: $12.00 | NR: $13.40

Date Activity
October 2 Fall Crafts
October 9 Picnic in the Park
October 16 Games Night
October 23 Spaghetti Dinner
October 30 Tie-Dye
November 6 Movie & Treats
November 13 Pizza Party

Fall Crafts
Purple, Pink, Orange or Blue, we want to make some art with you! Join us for an evening of Fall-themed arts & crafts projects at Si View Community Center and take home your masterpiece. This night is sure to be full of great company, laughs, and fun!

Picnic in the Park
Come join us for an evening stroll and dinner. First, we will eat our sack dinner in the park (weather permitting). Then we will walk to Scott’s for a milkshake! Picnic goers will need to bring a sack dinner and money for a milkshake.

Games Night
Calling all competitors! Come join us for a few rounds of Si View Bingo and then time to play your favorite board games from the past and present! You won’t want to miss out on this fun!

Spaghetti Dinner Party
It’s a Dinner Party! We will be cooking up some yummy pasta, French bread, and salad! Join us for a great family style dinner and help by bringing your things to add to your spaghetti or the dinner overall like a dessert!

Tie-Dye
Bring your white clothes! T-shirts, socks, or bandanas all make a great material to tie-dye! You bring the clothes, and we will bring the color!

Movie & Treats
Join us for a movie and popcorn! Dress comfortably and bring any snacks to enjoy while we watch! We will have some baked treats to enjoy.

Pizza Party
Come join us for an evening pizza party! Each participant will help us create a delicious pizza by bringing their favorite topping or ingredient.
Aquatics

Welcome to Si View Pool

Si View Pool is located at the Si View Community Center, 400 SE Orchard Drive. The pool dimensions are 17 yards in length; 8 yards in width with 5 yards of 3½ feet depth, and 12 yards of varying depth 5 feet to 9 feet. We currently offer both group and private swim lessons for all ages, water safety courses, aquatic fitness programs, facility rentals and open drop-in activity times.

Fall Schedule

Pool Closures
September 4 ................................................. Labor Day
November 10 .............................................. Veterans Day – observed
November 11 .............................................. Veterans Day
November 22 ................................................ Closing at 1:00p
November 23-26 ....................................... Thanksgiving & maintenance closure

Modified Schedule
September 1, 2 ............................................. Due to holiday weekend
September 8, 9, ......................................... Due to staff training
December 18 – December 29 – Holiday schedule. Will be available online by October.

Lap swim
Lap swimming is a great way to work at your own pace, towards your individual goals. Si View pool is 17 yards in length varying in depth from 3½ feet to 9 feet. Drop-in rates, punch passes, and one to six month passes available.

August 28 – December 17

**M-F** .................................................. 5:45AM-7:30AM
**M-Th** .................................................. 7:40PM-8:40PM
SA .......................................................... 7:00AM-8:00AM

*Check www.siviewpark.org/pool-schedule-phtml for schedule updates.

Water Aerobics
This class is a great cardiovascular workout for ages 12 and up. A no impact water exercise class, using buoyant and resistant equipment. The emphasis is on strength, range of motion and flexibility. It is a workout that can be adjusted to any participant level. Routines are diverse to hold participant interest. Drop-in rates or punch passes available.

Aug 28 – Dec 15

M-F .................................................. 7:35AM-8:35AM

Gentle Water Exercise
This class is geared for people with mobility and joint issues, but open to anyone interested in participating. The Gentle Water Exercise Program is designed to help ease the pain associated with joint and mobility issues through stretching, flexibility and warming movement while providing a fun and social opportunity. No swimming skills required. Drop-in rates.

Aug 28 – Dec 15

M, TH .................................................. 10:30AM-11:30AM

Public Swim
Public swimming is a flexible time to come get in the water for exercise or play. Children under the age of 6 must have a parent in the water, within arm’s reach, and little ones under the age of 3 and non-potty trained must wear a swim diaper. Drop-in rates, punch passes, and one to six month passes available.

Private Pool Rentals
Si View Pool can be rented for private parties. Please visit www.siviewpark.org/si-view-pool-rental-phtml or contact us at info@siviewpark.org for information and to book your party.

Shower Hours
Drop-in rates, punch passes, and one to six month passes available.

M-F .................................................. 5:45AM-8:35AM
M-Th .................................................. 12:00PM-12:30PM
M-Th .................................................. 7:40PM-8:40PM
F .................................................. 5:15PM-6:15PM
F .................................................. 2:30PM-5:00PM (summer only)
SA .................................................. 7:00AM-8:00AM
SA .................................................. 11:15PM-2:15PM

Pool Rules
- Shower required prior to entering pool
- Swim test for anyone wanting to go into the deep water required; swim width of pool on front with face in the water and swim width of the pool on back
- Under age of 6 must have a parent in water, within arm’s reach
- Under age of 3 and non-potty trained must wear a swim diaper

Steps for Healthy Swimming
Protection Against Recreational Water Illnesses (RWIs). RWIs are illnesses caused by germs that can contaminate water in pools. Practice the following steps to protect yourself and others from getting sick. For additional information, please contact the pool staff.

- PLEASE don’t swallow pool water. Blow bubbles instead.
- PLEASE wait at least 45 minutes after eating before entering the pool.
- PLEASE practice good hygiene. Shower with soap before swimming and wash your hands after using the toilet or changing diapers. Germs on your body end up in the water.
- PLEASE don’t bring children to class if they have been vomiting in the last 24 hours.
- PLEASE take your kids on bathroom breaks or check diapers often. Waiting to hear “I have to go” may mean that it’s too late.
- PLEASE change diapers in a bathroom or a diaper-changing area and not at poolside. Germs can spread in and around the pool.
- PLEASE wash your child thoroughly (especially the rear end) with soap and water before they go swimming. Invisible amounts of fecal matter can end up in the pool.
- PLEASE don’t swim when you have diarrhea. You can spread germs in the water and make other people sick.

Pool Fees

<table>
<thead>
<tr>
<th>Program Type</th>
<th>Adult (18-54)</th>
<th>Family</th>
<th>Youth (3-17), Senior (55+), Disability</th>
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<tbody>
<tr>
<td>Drop-in Lap/Public/Family Swim/Shower</td>
<td>$5.25</td>
<td>$12.75</td>
<td>$4.25</td>
</tr>
<tr>
<td>Drop-in Water Aerobics</td>
<td>$7.00</td>
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</tr>
<tr>
<td>10 Punch Water Aerobics*</td>
<td>R $63.00</td>
<td></td>
<td>R $53.50</td>
</tr>
<tr>
<td>1 month Water Aerobics</td>
<td>R $70.00/NR $84.00</td>
<td>R $60.00/NR $72.00</td>
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<tr>
<td>10 Punch/Pass Lap Swim/Public Swim/Family Swim/Shower*</td>
<td>S $47.25</td>
<td>R $114.75</td>
<td>R $38.25</td>
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<tr>
<td>1 Month Pass Lap Swim/Public Swim/Family Swim/Shower</td>
<td>R $52.50/NR $63.00</td>
<td>R $127.50/NR $153.00</td>
<td>R $42.50/NR $51.00</td>
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<tr>
<td>3 Month Pass Lap Swim/Public Swim/Family Swim/Shower</td>
<td>R $147.75/NR $170.10</td>
<td>R $114.75/NR $137.70</td>
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<tr>
<td>6 Month Pass Lap Swim/Public Swim/Family Swim/Shower</td>
<td>R $255.15/NR $306.80</td>
<td>R $206.55/NR $247.86</td>
<td></td>
</tr>
</tbody>
</table>

*Punch passes are valid for 12-months from the date of purchase.
Aquatics

Welcome to Si View Pool Learn to Swim Programs!

Open enrollment for Session G begins at 7:00AM on Friday August 11th.
For Sessions H & I, please see the priority registration information listed below.

Si View Pool is an American Red Cross learn to swim facility. Our instructors are trained and certified to follow ARC learn to swim program course curriculum and criteria for each level. We encourage all new students to review skills covered at each level and the skills needed to pass a level prior to registering for a program. This information can be found online at www.siviewpark.org/aquatics.phtml. Our ability to make changes or transfer students when a session is in progress is very limited.

Registering for Swim Lessons
During open enrollment, lessons fill up quickly. We encourage you to register as soon as possible and use the waitlist option if a class has already filled. In the event of a cancellation, we will contact the waitlisted students.

Open enrollment sessions:
- In December everyone can register for session A.
- In May everyone can register for sessions E, F, and the week-long summer lessons.
- In August everyone can register for session G.

Priority registration sessions:
- Session B: For students enrolled in session A
- Session C: For students enrolled in session B
- Session D: For students enrolled in session C
- Session H: For students enrolled in session G
- Session I: For students enrolled in session H

Priority registration is available a day prior to open enrollment. Opening dates are announced at the beginning of each session. New students can join if space is available. The purpose of the priority registration is to allow students to complete a swim level which typically takes 10 hours of instructional time per level. This applies to both group and private lessons. Please do not register for more than one day a week, as this limits opportunities for other students to enroll in lessons. If your child has taken off from lessons, enroll them in a level where they will be comfortable and successful.

We also offer a developmental swim team that helps students get ready for USA Swimming Association teams. It is recommended that prior to joining the swim team, students have successfully completed Youth 5. All group and private lessons, and the swim team follow the same registration cycles and session dates.

Selecting a Course Level
After reviewing the skills covered for the course level, select a class on the conservative side of the student’s skills. It is preferable that they succeed in the appropriate class rather than struggle in one that is difficult. Students will progress through levels at different speeds depending on age, physical coordination, practice outside of class, etc. In most cases, completing a swim level takes 10 hours of lesson time. For students enrolling for lessons for the first time, also check the minimum age requirements for the level. If you are unsure of where to start, we encourage you to visit a Public Swim Time at the pool and have our lifeguards do a quick skill assessment, or email aquatic staff with your questions at bverhej@svviewpark.org.

Students enrolled in courses beyond their skill level may be withdrawn by staff.

How to Register
Swim lesson registration is available through our online portal. You can select the appropriate level to view all available courses. Visit www.siviewpark.org/aquatics.phtml to get started with registration. If you are new to Si View programs, you will need to create an online account prior to registration. You can also register by phone (425) 831-1900 or in-person at the pool or at our admin office. Be sure your account information is up to date and that you only have one account.

Missed Classes or Withdrawals
We do not offer make-up days for any class days that a student misses, but we do encourage attendance for the rest of the session. Sometimes we must cancel a class day due to inclement weather or contamination, in those cases we credit students for the cancelled class. If you need to withdraw from a course that is in progress, please see our refund policy on page 4 for details. We are not able to transfer students from one class to another mid-session due to the large number of students enrolled in our programs.

Scholarships
Learning to swim is a critical life skill. It is our goal that every one in our community has an opportunity to learn to swim. Financial need-based scholarships are available year-round. Please contact us for information and application before registering for a class. Scholarship applications take a week for approval.

How to Prepare for Lessons
For first time students, it is a good idea to visit the pool prior to session starting. The Public Swim times are perfect for familiarizing students with the facility, the locker rooms, and the pool deck. For your lessons, please arrive no more than 5 minutes prior to the start of lessons in your swimwear and bring a towel. If your child is not fully potty trained, please have them wear a swim diaper with snug fitting legs. It is best not to bring your child to a class with a full stomach, save snacks for the way home. Parents are welcome to stay on the bleachers during the lessons. It is helpful for parents to learn your child’s instructor’s name, and the swim class level (such as Pre 1 or Youth 1) prior to arrival. We have just a few minutes in between lessons for communication with parents, if you anticipate a longer conversation, please call 425-414-0765 or email bverhej@svviewpark.org to schedule a time to meet.

American Red Cross Programs
Lifeguard Training
The purpose of the American Red Cross Lifeguard course is to provide entry level lifeguard participants with the knowledge and skills to prevent and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and illnesses until emergency medical services personnel take over. Upon successful completion of the course participants will be certified in Lifeguarding, CPR for the Professional Rescuer, Automated External Defibrillator and First Aid. This is a blended learning course. Registered students will be e-mailed a link to do the book & video work at home as well as the CPR/AED multiple choice test. (approx. 9 hours). Blended learning work MUST be completed prior to start of class.

Prerequisites: Students must be 15 years old by last scheduled day of the class; swim 300 yards of front crawl and/or breaststroke continuously demonstrating breath control and rhythmic breathing; tread water for two minutes with no hands; swim 20 yards, retrieve a 10-pound brick from 9 feet and swim 20 yards with brick. Course fee includes Red Cross certification fees, a library Lifeguard training book and pocket mask. Please bring each day: swimsuit, towel, water & lunch, snacks and participant manual.

Lifeguard Training
Min: 3 Max: 9
M-F Aug 28-Sep 01
Instructor: Si View Staff
9A-4P, T-TH 3P-7P, F 1:30-4:30P
$50.00

Now Hiring Lifeguards!
Si View Pool has immediate openings for qualified candidates for Lifeguard positions. Training is provided, see Lifeguard Training course for details. ARC certification fee of $35 is the responsibility of the applicant. Lifeguarding is an excellent opportunity to build leadership skills and gain experience working in a busy setting.
Aquatics

Swim Lesson Schedules

Open enrollment for Session G swim lessons begins at 7:00AM on Friday, August 11th.

See page 23 for Priority information for Sessions H & I.

Please note that we do not offer refunds, credits or make-up classes for missed days.

Monthly sessions include lessons for levels Parent-Tot – Youth 5. See schedules on our website.

<table>
<thead>
<tr>
<th>Session G</th>
<th>Days</th>
<th>Dates (lessons)</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td></td>
<td>Sept 11 - Oct 2 (4) (no lesson 10/9; no school day)</td>
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<tr>
<td>T</td>
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<td>Sept 12 – Oct 3 (5)</td>
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<td>W</td>
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<td>Sept 13 – Oct 4 (5)</td>
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<td>Oct 20 – Nov 17 (4) (no lesson 11/10)</td>
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<td>Oct 21 – Nov 18 (4) (no lesson 11/11)</td>
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<td>M</td>
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<td>Th</td>
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<td>Nov 30 – Dec 14 (3)</td>
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</table>

(No Friday only or Saturday only lessons during Session I; those will resume in January)

Water Safety Tips for Recreating Outdoors

Our community has many options for open water outdoor recreation. Swimming in a natural environment is different from swimming in a pool, with risks including currents, waves, and underwater obstructions. The water in our area is also cold, always watch for signs of hyperthermia:

- Designate one person in your group to be an active watch of swimmers in the water at all times. Accidents can happen quickly.
- Always enter unknown or shallow water feet first.
- It is important for everyone to learn how to swim to have skills of water competency: able to enter the water, get a breath, stay afloat, change position, swim a distance then get out of the water safely.
- Employ layers of protection including barriers to prevent access to water, life jackets, and close supervision of children to prevent drowning.
- Know what to do in a water emergency — including how to help someone in trouble in the water safely, call for emergency help and CPR.

Help Your Family Be Safer in and Around Water. Children and adults can learn to be safer in and around water with Swim by the American Red Cross. Knowing how to swim is exciting and opens the door to many opportunities, but water is not without risk. Learning to enjoy the water safely should be the first step for anyone who will be around water. Have fun learning water safety in an engaging way with video and activities for kids and families. Track your kids’ progress with a FREE American Red Cross Swim App as they learn to swim. You can find it in the iTunes store and the Google Play store online. For more safety tips in, on and around the water, take the Colins Hope Quiz:


**Swim Lesson Fees**

<table>
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<tr>
<th>Parent-Tot</th>
<th>Session length</th>
<th>Resident</th>
<th>Non-resident</th>
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<tr>
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<tr>
<td>6 lessons</td>
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<table>
<thead>
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<th>Preschool, Youth, Adult</th>
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<tr>
<td>5 lessons</td>
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<table>
<thead>
<tr>
<th>Private Lessons</th>
<th>Session length*</th>
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<tbody>
<tr>
<td>Cost per lesson</td>
<td>$52.50</td>
<td>$63.00</td>
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</table>

*Must register for the full length of the session*
The City of North Bend is blessed by outstanding outdoor recreation opportunities. Team sports, hiking, fishing, bicycling, climbing, river sports, wildlife observation, and the presence of scenic areas abound, and all within city limits, not to mention the vast recreational playground immediately surrounding the city. The city’s system of parks and trails provides numerous places for enjoying these opportunities, all within a short walk or bike ride from residents’ front doors, truly making North Bend the premiere outdoor adventure destination in the Puget Sound region.

Learn more about your local government, see taxpayers’ investments at work, and find opportunities to get more involved!

The City of North Bend hosted its inaugural 2022 Citizens Academy in February, and this next winter, we are bringing it back! This free, seven-week interactive course provides an in-depth look into how North Bend’s local municipal government operates.

Enjoy an interactive, guided tour through various aspects of city operations, including administration and city history, legal, public records and information, finance, fire, police, public works and infrastructure, and community and economic development.

Please stay tuned for future sessions by following updates on www.northbendwa.gov. Have questions?

Email Communications Manager Bre Keeveren, at bkeeveren@northbendwa.gov.

Upcoming Community Events

Here is a sneak peek of North Bend 2023 fall and winter community events. Please check out www.DiscoverNorthBend.com for the most up-to-date information.

Arbor Day Celebration
Saturday, October 7
Join us in celebrating Arbor Day at EJ Roberts Park. Fall is an excellent time to plant trees in the Northwest ensuring new plantings have a good environment to thrive. Check the City’s website for more details closer to the event date.

Trick-Or-Treat Street
Saturday, October 28
Si View Harvest Festival
Si View’s annual Harvest Festival and Haunted House is an event not to be missed! Get your tickets early for this community favorite including carnival games, pumpkin decorating, petting zoo, and other fun and engaging seasonal activities! Pre-registration required. Learn more at https://www.sierviewpark.org/harvest-festival.html.

Holly Days Downtown Community Celebration
Saturday, December 2
Join the North Bend Downtown Foundation for a jolly evening of heartwarming, community activities this holiday season, right in the center of historic downtown North Bend! Celebrate alongside neighbors, friends, and Mayor Rob McFarland as we light the Community Tree, roast marshmallows, and visit a local array of organizations hosting old-fashioned crafts for children. Shop and dine with our downtown businesses during this free, outdoor event. www.discovernorthbend.com/176/Holly-Days

Si View Holiday Bazaar
Saturday, December 2
Come celebrate the season with the annual Si View Holiday Bazaar featuring a full house of talented artists with locally handmade goods, perfect for gift giving. Si View will also have live entertainment planned for your enjoyment as you shop around. Event hours are 9 a.m. to 3 p.m. Learn more at www.sierviewpark.org/holiday-bazaar.html.

Santa Pancake Breakfast
Saturday, December 2
Enjoy a special pancake breakfast at the Mt. Si Senior Center and photos with Santal!

Visit www.NorthBendWa.gov to learn more about your parks, and www.DiscoverNorthBend.com to learn more about North Bend community events!
Meadowbrook Farm

Meadowbrook Farm is 460 acres of historic public open space on the Snoqualmie Valley floor, located within the cities of Snoqualmie and North Bend. The birthplace of the Snoqualmie tribe, it was maintained for thousands of years by the Snoqualmies as a hunting and food-growing prairie. Early white settlers homesteaded the land for farms, and these were consolidated during the late 1800s to form the world’s largest hop ranch. Subsequent farmers raised crops, dairy herds, green chap and hay.

The land was acquired as jointly owned public open space by the cities of Snoqualmie and North Bend in 1996 for wildlife habitat, historic and cultural interpretation, ongoing agriculture, and public recreation; today, much of Meadowbrook Farm remains open field and wetland forest, as it has been for centuries. Come walk across the meadow and through the woods, come for a class or just admire the view of this beautiful place. Remember, Meadowbrook Farm area is ancestral land and sacred to the Snoqualmie People: please visit respectfully and care for the land, the wildlife and the native plants that live here.

Hike to the Big Cedar
Saturday, Sept 30, 9AM
Meet at Meadowbrook Interpretive Center
Imagine a tree over 500 years old! Walk through Meadowbrook’s woods and cross seasonal stream channels to see a tree that has been growing here since about 1523! See many northwestern native plants, and learn how important cedar was for northwest tribes and pioneers. Dress for the weather, including boots for wet areas. Heavy rain will cancel. Families welcome, but not suitable for strollers. Hike is about 1.75 miles.

Snoqualmie Tribe Ancestral Lands Movement
Friday, October 20, 7PM
Meadowbrook Farm Interpretive Center
The Snoqualmie Tribe’s Ancestral Land Movement works to increase awareness and understanding of the people who lived in the Snoqualmie Valley for thousands of years, and their ties to the land we share today. Many popular recreational sites today are significant and/or sacred sites to the Snoqualmie Tribe. Tribal member Jaime Martin will explain how people can join in stewardship by respecting, protecting and helping restore these special lands.

Snoqualmie Valley Elk
Sunday, October 29, 7PM
Meadowbrook Interpretive Center
Join wildlife biologist Harold Erland, from the Upper Snoqualmie Valley Elk Management Group, to learn about our local elk herd. The USFWS works to improve habitat, maintains highway safety fencing, and monitors collared elk to learn about their lives and travels. Find out the latest information about our elk, and other interesting wildlife in the valley. Families welcome!

Happy Birthday, Meadowbrook-the-Town!
Friday August 25
Walnut St in Snoqualmie’s Meadowbrook neighborhood
5:30PM picnic potluck (BYO meat to grill and side to share, BYO chairs), children’s activities, face painting
7PM “Happy Birthday, Meadowbrook” Birthday Cake, BYO dessert to share, especially historic Meadowbrook recipes
8PM (or earlier if dark enough) special history presentation

Join us to celebrate the 100th birthday of the Meadowbrook neighborhood of Snoqualmie, platted in 1923. Celebrate with a potluck picnic, then enjoy a special program. The Snoqualmie Museum’s Cristy Lake will give an illustrated history of the land and the town, with many early photos from the Museum collection. Plan to bring your chair and your favorite Meadowbrook dessert or snack to share; annotated historic recipes from Meadowbrook-the-town especially encouraged. Meet your Meadowbrook neighbors; families especially welcome!

Snoqualmie Prairie Restoration
Friday, September 8, 7PM
Meadowbrook Interpretive Center
The Snoqualmie Valley floor was once a vast open prairie, maintained by ancestors of the Snoqualmie Tribe for thousands of years for food, medicinal plants and hunting. But the beautiful open space meadows that remain (Meadowbrook, Tollgate, Three Forks) are no longer native prairie. Join Snoqualmie Tribe biologist Ryan Lewis to learn about the exciting prairie restoration plans, the plants involved, and what to watch for at the planned restoration sites.

Meadowbrook Birds in Fall
Saturday, September 9, 9AM
Meadowbrook Interpretive Center
What birds live on Meadowbrook in the fall? Have summer residents left for the winter, or will some of them stay here? Walk with wildlife biologist Harold Erland through Meadowbrook’s woodlands and meadows to learn more about our bird population, recognize birds by their calls, and try helpful birding phone apps. Dress for the weather and possible mud; approximately 2-mile stop/look/listen walk.

North Bend 101
Friday, November 10, 7PM
Meadowbrook Farm Interpretive Center
Enjoy an evening with Snoqualmie Valley Historical Museum’s Crissy Lake, and learn about the fascinating history of the town of North Bend. Beginning with the last ice age, discover why the valley has been important to people for thousands of years. Special photos from the Museum’s collection will give vivid glimpses into North Bend’s colorful past and the personalities who lived it. Families welcome!

Attractive event venue surrounded by natural beauty, just minutes from I-90 in North Bend
Now booking 2024 dates!
425-831-1900 | www.siviewpark.org
Cedar River Watershed Education Programs

Connecting people to the source of Seattle’s water supply. It’s closer than you think – come and see!

Connect with Us: 206-733-9421
crwprograms@seattle.gov
Seattle.gov/utilities/crwec
Facebook: @CRWprograms

Scan with your smartphone camera

Cedar River Watershed Education Center

The Cedar River Watershed Education Center is a regional education facility connecting people with the source of their water. Nestled above the shores of Rattlesnake Lake in the Cascade foothills, the Center is a gateway to the Cedar River Municipal Watershed, which provides drinking water for 70% of the 1.5 million people in the greater Seattle area.

Rattlesnake Lake Recreation Area

The Rattlesnake Lake Recreation Area is a day-use area located outside of the Cedar River Municipal Watershed. The recreation area includes the 111-acre lake, picnic areas, the Rattlesnake Ledge Trail, and parking access to miles of State Park and King County hiking, biking, and horse trails.
Snoqualmie Valley Libraries

Come visit your King County Library System libraries and enjoy events and activities this fall. See our calendar at www.KCLS.org for more in-person and virtual events for children, teens and adults.

Visit KCLS library locations to browse for books, use computers and printers, and more. On our website, find resources to help with homework, songs and rhymes by children’s librarians, and online tutors, in addition to books, movies and music online.

<table>
<thead>
<tr>
<th>Library</th>
<th>Address</th>
<th>Location</th>
<th>Contact</th>
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</thead>
<tbody>
<tr>
<td>Fall City Library</td>
<td>33415 SE 42nd Place</td>
<td>Fall City</td>
<td>425-222-5951</td>
</tr>
<tr>
<td>North Bend Library</td>
<td>115 E 4th Street</td>
<td>North Bend</td>
<td>425-888-0554</td>
</tr>
<tr>
<td>Snoqualmie Library</td>
<td>7824 Center Blvd SE</td>
<td>Snoqualmie</td>
<td>425-888-1223</td>
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Story Times
Come for fun story times at the Fall City, North Bend and Snoqualmie Libraries! Enjoy stories, music, movement, and rhymes that develop your child’s early literacy skills. All young children welcome with adult. See current times and dates at https://1.kcls.org/StoryTimes/FC-NB-SN.

Valley Reads
Washington State is a vision in autumn! Join local author, Tami Asars for Valley Reads on September 27th at 6:30 pm at the North Bend Library! Join as she shares some of her favorite hikes and scenic drives from her new book, Fall Color Hikes: Washington. Learn about fall foliage and gather tips for staying warm and safe as you explore the shorter days during this magical time of year. Register at https://1.kcls.org/valleyreads to attend at the library or https://1.kcls.org/valleyreadsonline for the Zoom presentation.

Chess Club
Play chess and have fun on the second and fourth Saturday of the month from 1-3 pm! Join us for casual free play, get your questions answered, and talk strategy. All levels are welcome, ages 6 and up. All materials provided. Register at https://1.kcls.org/chessclub.

Family Game Nights at the North Bend Library
Come play plugged and unplugged games with the whole family! Check https://1.kcls.org/gamnights for dates and times!

Snoqualmie LGBTQ Youth Group at the North Bend Library
The Snoqualmie LGBTQ Youth Group is a free support group open to youth ages 22 and younger. Brought to you in partnership with Lambert House; https://www.lamberthouse.org/. Before attending, please email lgbtqgroups@lamberthouse.org to register and for more information go to https://1.kcls.org/lamberthouseyouthgroup.

Aging Well Learning Community
The Aging Well Learning Community is an open learning community dedicated to aging well with consciousness, courage, and contribution. We meet on third Saturdays from 10:15 – 12:30 in person at the North Bend Library and on the KCLS Zoom platform. For more information see https://1.kcls.org/agingwell.

Tales & Ales Book Group
Join us on the second Tuesday of the month for a drink and a nice chat about books! This book group will meet at different brew pubs around the area. Check out https://1.kcls.org/talesandales for booklists, locations, and more information. Ages 21 and up!

Fall City Library Book Group
Open to new members — new voices and perspectives are always welcome! We meet every second Tuesday of the month, 1-2 pm. Check our booklist online https://1.kcls.org/fallcitybookgroup. No registration required.

Sno-Valley Book Group at the Snoqualmie Library
We meet in person every fourth Wednesday at 1 pm! Everyone reads what they want and talks about it! There will be a book list or recommendations and books available for you to check out! New members are always welcome. More information at https://1.kcls.org/SnoValleyBookGroup.

First Tuesday Book Group at North Bend Library and Online
Join the First Tuesday Book Group! New members are always welcome. We meet in the library meeting room or online from 7-8 PM. Find the booklist at https://1.kcls.org/FTBG.

Iron Horse Writers Group at the North Bend Library
For writers of all genres and skill levels. Connect with fellow writers and learn new skills to improve your writing! In partnership with North Bend Art & Industry. Meets first Saturday from 10:30-12 and the third Tuesday 6:30-8 PM. See https://1.kcls.org/ironnehorsewritersgroup or contact NBALWriters@gmail.com for more information.

Connect with us via social media!
Facebook:
/FallCityLibrary
/NorthBendKCLS
/SnoqualmiekCLS

Instagram:
@kclsfallcitylibrary
@kclsnorthbendlibrary
@kcdssnoqualmielibrary
Mt. Si Senior Center

Programs for adults 50 and older
411 Main Avenue S • North Bend WA 98045
www.mtsiseniordcenter.org • 425-888-3434

Senior Center Hours Monday—Friday 9AM—4PM

MSSC enhances the quality of life for adults age 50+ through its social, recreational, health & wellness, nutritional, information/referral, transportation, and housing programs.

Lunch at Mt. Si Senior Center
Mon-Fri at noon
A delicious, nutritious meal served daily. Adults 50+ and their guests are welcome.

<table>
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<tr>
<th>Ages</th>
<th>Fee</th>
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<tbody>
<tr>
<td>60 &amp; older</td>
<td>Suggested donation of $5</td>
</tr>
<tr>
<td>Under 60</td>
<td>$8</td>
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Special Lunches
Birthdays 2nd Th each month
“Taste Of” Culinary Adventure 3rd Th each month

Celebrate the holidays with us: Halloween (Oct 31), Veterans Day (Nov 10), Thanksgiving (Nov 22), and Christmas (Dec 20).

Health, Wellness, Information & Assistance
Call 425-888-3434 to make an appointment for these programs.

Senior Advocacy / Information and Assistance: We can help with questions, resources, and paperwork to access financial assistance, food assistance, affordable senior housing, and other senior services.

Medicare Optimized: Been on Medicare for years, new to the program, working after 65, or have special needs? Know your rights and options.

Senior Mobile Medical Outreach: Free mobile health care for chronic conditions provided onsite. 1st & 3rd Mon each month 10am—2pm

Foot Care: by appointment call 425-888-3434

Special Programs

Programming in Spanish / Programación en español: We partner with SeaMar to provide Spanish language programming and services. Nos estamos asociando con SeaMar para brindar programación y servicios en español. 2nd Mon each month | 2do lunes de cada mes | Contacto: Clem-endaRobayo@seamarchc.org 425-373-6587 o 206-764-4700

Breakfast Bites: Enjoy a light breakfast and coffee/tea with friends. Tu & F each week 9am - 11am. $3 Suggested Donation

Tea @ Three: British High Tea with twist. 3rd Wed each month. $3

A Little Lunch Music: Lunch time musical performances. Each month 1st Wed guitar, 2nd Th piano, & 4th Tu flute

Encompass Kinship Care Group: Weekly support group for grandpar-ents raising grand-kids. Every Wed 1-2 pm via Zoom (with some in-person options) | Email: laura.lewis@encompassnw.org

MSSC and Indian American Community Services are co-hosting Chai and Chat and Diwali on Oct 27. Please call for more information.

Chai & Chat: Join us at MSSC for Chai, socializing & friendship! Hosted by Indian American Community Services at MSSC.

Affordable Senior Housing
Mt. Si Senior Center owns two affordable senior apartment buildings for in-come eligible seniors. Contact the apartment manager directly for information.

Sno Ridge Apts: 425-888-2793 sno.ridge@ad-west.com
Cascade Park Apts: 425-888-0410 cascade.park@ad-west.com

Tabletop Games
Afternoons 1:00PM - 4:00PM
Come with friends or join others

<table>
<thead>
<tr>
<th>Activity</th>
<th>Games</th>
<th>Days</th>
<th>Times</th>
<th>Fee</th>
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</thead>
<tbody>
<tr>
<td>Tiles</td>
<td>Rummykub, Mahjong, Dominoes</td>
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<tr>
<td>Cards</td>
<td>Pinochle, Cribbage</td>
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<td>Dice</td>
<td>Hand &amp; Foot, BUNCO</td>
<td>W, F</td>
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<tr>
<td>Cards</td>
<td>Pinochle, Cribbage, Bridge, Dominoes</td>
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<tr>
<td>Strategy</td>
<td>Rummykub, Chess, Checkers, Chinese Go, Hand &amp; Foot</td>
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Social & Recreational Activities
Join us for fun all day long!

<table>
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<tr>
<th>Activity</th>
<th>Days</th>
<th>Times</th>
<th>Fee</th>
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</thead>
<tbody>
<tr>
<td>Calling All Puzzlers</td>
<td>M, T, W, Th, F</td>
<td>All Day</td>
<td>Free</td>
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<tr>
<td>Crafter’s Corner</td>
<td>M</td>
<td>11:00AM to 4:00 PM</td>
<td>Free</td>
</tr>
<tr>
<td>Yarn Therapy</td>
<td>W</td>
<td>11:00AM to 4:00 PM</td>
<td>Free</td>
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<tr>
<td>SnoValley Quilters</td>
<td>W</td>
<td>12:00PM to 4:00 PM</td>
<td>Free</td>
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<tr>
<td>Adult Coloring Club</td>
<td>M, T, W, Th, F</td>
<td>1:00PM</td>
<td>Free</td>
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<tr>
<td>Trivia Time</td>
<td>4th W ea month</td>
<td>1:30PM —— 3PM</td>
<td>Free</td>
</tr>
<tr>
<td>4th Fri Book Club</td>
<td>4th F ea month</td>
<td>9:30AM</td>
<td>Free</td>
</tr>
<tr>
<td>Calling all Volunteers</td>
<td>4th Tu ea month</td>
<td>1:00PM —— 3:00PM</td>
<td>Free</td>
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<tr>
<td>Small Project Day</td>
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Mt. Si Senior Center Rentals
Contact programs@mtsiseniordcenter.org

Find out what’s going on!
Pick up a newsletter, visit our website, or like Mt. Si Senior Center on Facebook

Snoqualmie Valley Transportation
Is your local bus company
We offer both fixed route and door-to-door service M-F for $1
Call 425-888-7001
Mt. Si Senior Center enhances the quality of life for older adults

Social and recreational opportunities, lunch, fitness, educational programs, health & wellness checks, information & assistance, volunteerism, housing & transportation.

www.mtsiseniormcenter.org  |  411 Main Ave S, North Bend WA 98045  |  425-888-3434
This is where kids come to catch up and get ahead in math.

Is your child realizing their potential in math? Results from the National Assessment of Educational Progress show an alarming decline in math scores nationwide — clear evidence of the toll the pandemic has taken on students. But there’s plenty of time to turn things around, with personalized math instruction at Mathnasium. A customized learning plan will focus on what your child needs to improve their math skills and build their confidence for the rest of the school year!

Mathnasium Learning Center
7713 Center Blvd SE #100, Snoqualmie
(206) 495-MATH (6284)