

ADULT PROGRAMS

DANCE



LINE DANCE

You don't need a partner or any previous experience to have a great time line dancing! Learn 1-2 new dances to current country and pop hits each week, with time for practice and review. Whether you want to wow people on the dance floor or are looking for a fun way to burn some calories, this class is for you! Leather soled boots or dance sneakers are encouraged. No classes are scheduled for Jun 24 or Aug 12. Drop in option: Line dance classes accept daily drop-ins, if the course has not sold out. Cost for single class visit is \$12 R | \$14.40 NR

34679 May Age: 18+
 Min: 6 Max: 75 W May 06-27
 Instructor: Amanda Johnson 8:15PM-9:15PM
 Location: Si View Center R: \$40 | NR: \$48

34680 June Age: 18+
 Min: 6 Max: 75 W Jun 03-17
 Instructor: Amanda Johnson 8:15PM-9:15PM
 Location: Si View Center R: \$30 | NR: \$36

34681 July Age: 18+
 Min: 6 Max: 75 W Jul 01-29
 Instructor: Amanda Johnson 8:15PM-9:15PM
 Location: Si View Center R: \$50 | NR: \$60

34682 August Age: 18+
 Min: 6 Max: 75 W Aug 05-26
 Instructor: Amanda Johnson 8:15PM-9:15PM
 Location: Si View Center R: \$30 | NR: \$36

INTERMEDIATE LINE-DANCE

The dances taught in this class will be intermediate level, but no experience is required! We will break down each new dance so that anyone can learn and will also leave time for review. Drop in option: Line dance classes accept daily drop-ins, if the course has not sold out. Cost for single class visit is \$12 R | \$14.40 NR

34605 April/May Age: 18+
 Min: 8 Max: 24 M Apr 27-May 18
 Instructor: Amanda Johnson 8:00PM-9:00PM
 Location: Si View Center R: \$40 | NR: \$48

BEGINNING TAP DANCE

Tap is for everyone! In this supportive and non-competitive class, we will learn basic steps and rhythms while strengthening our tap chops. Tap is good for the mind, body and soul, so let's make some noise. Wear comfortable clothing and bring your tap shoes. Valid class pass required. Class passes are interchangeable for Tap and Ballet.

Tap: Intro/Beginner Age: Adult
 Min: 4 Max: 10 T May 5 - Jun 9
 Instructor: Cris Coffing 2:15PM-3:00PM
 Location: Si View Center 6 Classes R \$78 | NR \$93.60
 10 Classes R \$130 | NR \$156

INTERMEDIATE TAP DANCE

Tap dance is life! In this class, we build on the basics, creating more intricate rhythms and learning a variety of time steps, culminating in exciting combinations. Wear comfortable clothing and bring your tap shoes. Valid class pass required. Class passes are interchangeable for Tap and Ballet.

Tap: Intermediate/Advanced Age: Adult
 Min: 4 Max: 10 T May 5 - Jun 9
 Instructor: Cris Coffing 1:15PM-2:00PM
 Location: Si View Center 6 Classes R \$78 | NR \$93.60
 10 Classes R \$130 | NR \$156

HIP HOP

Join us for a high-energy Adult Hip Hop Dance Class designed for all levels. Whether you're brand new to hip hop or looking to sharpen your skills, this class focuses on building strong foundations while having fun and moving with confidence. This 1-hour class includes a dynamic warm-up and stretch, a focused block for building technique and fundamentals, and learning fun, high-energy hip hop choreography that brings everything together with music and style. What to Expect: A supportive, judgment-free environment where adults can learn, sweat, and enjoy dancing. Wear comfortable clothes and clean sneakers. No prior dance experience required, just come ready to move and have fun! No classes are scheduled for 5/8, 6/19 or 7/3. Drop in option: Hip Hop classes accept daily drop-ins, if the course has not sold out. Cost for single class visit is \$12 R | \$14.40 NR



34837 May Session Age: 18+
 Min: 3 Max: 24 F May 01-29
 Instructor: Elisa Matthews 6:00PM-7:00PM
 Location: Si View Center R: \$40 | NR: \$48

34838 June Session Age: 18+
 Min: 3 Max: 24 F Jun 05-26
 Instructor: Elisa Matthews 6:00PM-7:00PM
 Location: Si View Center R: \$30 | NR: \$36

34839 July Session Age: 18+
 Min: 3 Max: 24 F Jul 10-31
 Instructor: Elisa Matthews 6:00PM-7:00PM
 Location: Si View Center R: \$40 | NR: \$48

ZUMBA

Come join our Adult Zumba classes that are designed to bring people together to have a fun work-out that feels like line-dancing! Zumba dances will be a combination of rhythmic dance and movement that target muscle building and cardio, all of which are at each individual's level and pace. We will engage in warmups and warm downs with touches on stretching techniques. Each class will be filled with exciting, electric, dancing fun that will leave you feeling accomplished and connected! Drop in option: Zumba classes accept daily drop-ins, if the course has not sold out. Cost for single class visit is \$12 R | \$14.40 NR

34713 May Session Age: 18+
 Min: 4 Max: 24 T May 05-26
 Instructor: Elisa Matthews 6:30PM-7:30PM
 Location: Si View Center R: \$40 | NR: \$48

34714 June Session Age: 18+
 Min: 4 Max: 24 T Jun 02-30
 Instructor: Elisa Matthews 6:30PM-7:30PM
 Location: Si View Center R: \$50 | NR: \$60

34715 July Session Age: 18+
 Min: 4 Max: 24 T Jul 07-28
 Instructor: Elisa Matthews 6:30PM-7:30PM
 Location: Si View Center R: \$40 | NR: \$48



BEGINNING/INTERMEDIATE BALLET

Ballet is for everyone! Explore the art and grace of ballet in this class for beginning or intermediate students. Develop an understanding of terminology, alignment, balance, and artistry through barre, center and traveling exercises. A fun and non-competitive way to immerse yourself in the beauty of dance. Wear comfortable clothes and ballet slippers or socks. Valid class pass required. Class passes are interchangeable for Tap and Ballet.

Ballet Age: Adult
 Min: 4 Max: 10 T May 5 - Jun 9
 Instructor: Cris Coffing 12:00PM-1:00PM
 Location: Si View Center 6 Classes R \$78 | NR \$93.60
 10 Classes R \$130 | NR \$156



BOLLYWOOD FITNESS

Bolly Dance House presents a Bolly fitness program which is infused with higher and lower intensity dance sequences to the hottest Bollywood music from all around the world. This Bolly fitness program will work on cardiovascular endurance, toning muscles, flexibility and uplifting your mood. Come join us for a fun-filled, high energetic 1-hour Bolly fitness session! Drop in option: Bollywood Fitness classes accept daily drop-ins, if the course has not sold out. Cost for single class visit is \$13 R | \$15.60 NR.

34811 May Age: 18+
 Min: 3 Max: 24 TH May 07-28
 Instructor: Kshitija Kotkar 7:00PM-8:00PM
 Location: Si View Center R: \$43 | NR: \$52

34812 June Age: 18+
 Min: 3 Max: 24 TH Jun 04-25
 Instructor: Kshitija Kotkar 7:00PM-8:00PM
 Location: Si View Center R: \$43 | NR: \$52

34813 July Age: 18+
 Min: 3 Max: 24 TH Jul 09-30
 Instructor: Kshitija Kotkar 7:00PM-8:00PM
 Location: Si View Center R: \$43 | NR: \$52

34814 August Age: 18+
 Min: 3 Max: 24 TH Aug 06-27
 Instructor: Kshitija Kotkar 7:00PM-8:00PM
 Location: Si View Center R: \$43 | NR: \$52