

# Washington Grown Fruits, Legume and Herbs Seasonality Chart



categories	produce	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
Vitamin A	Apricots													
	Cantaloupe													
	Nectarines													
	Peaches, yellow													
	Plums, purple													
Vitamin C	Blackberries													
	Blueberries													
	Cantaloupe													
	Honeydew melon													
	Raspberries													
	Strawberries													
Other	Apples													
	Asian pears													
	Cherries, Bings													
	Cherries, Rainiers													
	Currants													
	Grapes													
	Pears													
	Pluots													
	Quince													
	Watermelons													
Frozen berries														
		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
Legume	Black beans, dry													
	Cranberry beans, dry													
	Garbanzo/Chickpea, dry													
	Great Northern beans, dry													
	Kidney beans, dry													
	Lentils, dry													
	Navy beans, dry													
	Pink beans, dry													
	Pinto beans, dry													
Herbs	Basil													
	Chives													
	Cilantro/Coriander													
	Dill													
	Fennel													
	Lavender													
	Garlic													
	Mint													
	Oregano													
	Parsley													
	Rosemary													
	Sage													

\* Peak harvest season for this product. However, this product is stored and available in other seasons from local sources.

Sources include: Washington State Department of Agriculture (WSDA); Washington Agricultural Commodity Commissions; WSDA From the Heart of Washington, Puget Sound Fresh, WSDA Farm-to-School survey responses; Full Circle Farm; Tonnemaker Family Orchard

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