

Si View Metro Parks

Programs • Facilities • Parks • Events Winter 2024



www.siviewpark.org / 425-831-1900



SCHOLARSHIPS

For Learn to Swim Programs

Everyone should have the opportunity to learn to swim!

Financial assistance is available for Si View learn to swim programs. This program is funded through generous donations and grants. Application form is available online at www.siviewpark.org or from our administration office.

Application must be submitted two weeks prior to aquatic program registration opening dates. Specific conditions apply. Applications can't be processed on day of registration.



APPLY TODAY!



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VALLEY CENTER STAGE - WINTER SHOWS

Dec 1st - 17th

It's a Wonderful Life

A Live Radio Play

Adapted by Joe Landry

Directed by Ed Benson and Melissa Carter

It's a Wonderful Life: A Live Radio Play Full Length version is presented by special arrangement with Broadway Licensing, LLC, servicing the Dramatists Play Service collection. (www.dramatists.com)

valleycenterstage.org

Valley Center Stage production of

Shakespeare is Love.

THE PLAY

February 16th - March 3rd

Based on the screenplay by Marc Norman and Tom Stoppard

Adapted for the stage by Lee Hall

Music by Paddy Cunneen

Directed by Brenden & Wynne Elwood

valleycenterstage.org

radio license from: LLC, North Bend, WA 98045

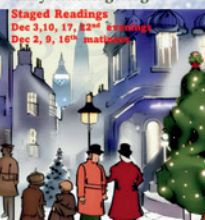
2 FULL STAGE PRODUCTIONS & 3 STAGED READINGS

A Christmas Carol

by Charles Dickens

directed by John Gornales

VCS valleycenterstage.org



DARBY O'GILL AND THE GOOD PEOPLE

by Herminie Templeton Kavanagh

Staged Reading

Sgt. March 16th



VALLEYCENTERSTAGE.ORG

Located at 1060 Stilson Ave SE, North Bend WA 98045 (at the Sallal Grange)



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Cover Photo:

Build Work Photography, LLC

Photos Welcome!

Do you have a favorite photo from a District program or a local park? We welcome submittals from our community for consideration in future publications. For more information, email mrdudd@siviewpark.org.

Photo Policy

The Si View Metropolitan Park District reserves the right to photograph or videotape participants in Park District programs, facilities or parks for the District's promotional materials.

Brochure Changes/Errors Disclaimer

Due to the large amount of information available in the Si View Metro Parks program guide, errors and changes before and after publication may occur. We apologize for any errors in this brochure and will attempt to advise you of any changes as quickly as possible. Thank you for your patience and understanding when these situations arise. Please visit our website www.siviewpark.org for program updates.



Welcome to Si View Metro Parks

About Us

Si View Metro Parks strives to enhance the quality of life for residents in Snoqualmie Valley through recreation programs and parks. With an extensive array of activities and seasonal community events, the District connects with residents of all ages and abilities. Our main campus is located at Si View Park, in the heart of North Bend. With grand views of Mount Si, a historic Community Center, indoor pool, multiuse sports fields, picnic shelter and playgrounds, it is the only such regional recreational facility serving as the social, cultural and educational hub in the community. Through partnerships and cooperative arrangements, Si View Metro Parks actively manages, operates and schedules nearly 900 acres of parkland in the upper Snoqualmie Valley. In all, this system of parks, programs and trails supports a range of active and passive recreation experiences.

Si View Park Commission

A five-member Board of Commissioners govern the Si View Metropolitan Park District serving as the legislative body responsible for adopting the District budget and developing goals, policies and regulations which guide the District's future. Current commissioners are Catherine Fredenburg, Mark Joselyn, Susan Kelly, Katie Klahn, and Bud Raisio.

Board Meetings

The Park Commission holds regular meetings on the first and third Wednesday of each month at 5:00PM unless otherwise posted. Meetings are hosted in a hybrid format using Microsoft Teams platform. If you have suggestions or would like to observe how the Park District operates, we encourage your attendance. Meetings are held at the Si View Park North Annex, 219 E Park Street in North Bend. To join the meeting remotely, please email info@siviewpark.org 24-hours prior to meeting start time for a link. Board agendas and meeting minutes are posted on our website.

Thank You Commissioner Fredenburg!

It is bittersweet that we bid farewell to excellent MPD park commissioner Catherine Fredenburg. We appreciate her commitment and service to our community and wish her well. Catherine's vision and selfless desire to better the quality of lives for all Valley residents by reducing barriers to participation through diverse programming is admirable. Her background in education and active participation and support of youth and family recreation programs has kept Catherine well informed and abreast of the needs of many Snoqualmie Valley families. Always prepared and informed, ready to ask tough questions, Catherine's professionalism has made park district discussions and decisions productive and robust. Thank you, Catherine, for helping us improve the quality of life for the many residents of our growing Valley.

Dear Si View Community,

Parks and recreation services are essential to thriving communities. As your local parks and recreation agency, we are committed to enhancing the quality of life for residents, supporting the health of families and youth, and contributing to the economic and environmental health of our Snoqualmie Valley community.

With the winter season around the corner, we encourage you to explore our recreation activities. Whether a one-time workshop, swim lessons or an ongoing skill building class, our programs build community, get you connected with neighbors and develop new friendships.

We take great pride in our programs and strive to provide a variety of experiences for all ages and interests. In 2021, with input from the community and stakeholders we developed a Recreation Program Plan to define strategies, services, and direction for public recreation programming to meet the needs of the growing community and advance the district's mission. We are continuing to bring these new programs on line and you'll see them in the guide.

Our current and previous workplan priorities have followed the direction from our 2017 comprehensive plan, and include improving local trail connectivity, strategic acquisition of green spaces for parks, and planning for a future aquatics center. In 2024 the District will be updating the comprehensive plan. This will be a publicly driven process. It is important that our plans are born from multiple forms of public input so that we strategically and appropriately allocate the District's resources in a way that complements our residents quality of life. As our community grows and changes it is even more important to make sure our goals align with those we are serving.

Si View Metro Parks has been, and will continue to be, an endeavor guided by community input. We value your trust and will continually strive to earn it by acting in ways that are fiscally responsible and sustainable. Thank you for your foresight and for supporting your Park District.

Sincerely,

Travis Stombaugh,
Executive Director

General Information

Registration Information

Key Dates

Winter program registration for most land-based activities opens **Friday December 8th**. Registration for aquatics opens **Friday December 15th**. Early registration is recommended as many popular programs fill quickly.

Payments

Pre-registration is required for all District programs that are not considered a drop-in activity. Unless otherwise noted, full payment is due at the time of registration, or when checking in for a drop-in activity. Payment plans for programs and activities can be provided upon request. All major credit cards are accepted. Make checks payable to Si View MPD. Si View Gift Cards are accepted online or in person.

Resident and Non-resident Fees

Si View Metro Parks welcomes all Snoqualmie Valley area residents to participate in offered programs. Residents living within the boundaries of the Park District directly support the operations of District programs and services through property taxes. The tiered resident/non-resident fee structure provides equitable contribution towards District operations by all patrons. Fees listed as **R** apply to those who reside within the boundaries of the Park District. Rates listed as **NR** apply to anyone residing outside Park District boundaries. District boundary map is available on the Registration section of our website.

Priority Registration

Si View aquatic programs allow priority registration to District residents during three annual open enrollment periods before registration opens to the public. The Si View Swim Lesson program priority enrollment sessions allow advance registration to families currently enrolled in those programs before registration opens to the public. Si View school year care program allows priority registration for currently enrolled families before registration opens to the public.

Deposits

Specific programs such as full day Si View summer camps and the Si View Before & After School Care program allow the payment of a deposit at the time of registration in lieu of full season payment to hold a space for the duration of the season. Deposits are non-transferable and non-refundable unless the program is cancelled due to low enrollment.

Withdrawals/Transfers

Withdrawals requested 5 or more business days prior to the first class are subject to a \$10 administrative fee. Withdrawals requested less than 5 business days prior to the first class receive a 50% refund. No refunds are issued after the first day of class. Transfers must be requested at least 5 days before the first day of class and will be granted on a space available basis. Full refunds are issued for classes cancelled due to low enrollment. If a program is cancelled mid-session, a prorated refund will be issued.

Waiting Lists

When a student is interested in registering for a class that has been filled, they can be placed on a waiting list. This does not guarantee a spot for the student, but individuals will be contacted if a spot becomes available.

Scholarships

Everyone should have the opportunity to enjoy a recreational experience, even if money is a concern. Scholarships are available for youth and people with disabilities. Please be prepared to provide proof of residency in Snoqualmie Valley School District and income verification. Scholarship discounts are based on District resident prices. Contact us for more information and an application form. The forms are also available on our website.

Contact Us

Mailing Address:

PO Box 346
North Bend, WA 98045

Physical Address:

400 SE Orchard Drive
North Bend, WA 98045

Phone: 425-831-1900

Email: info@siviewpark.org

Web: www.siviewpark.org

Office Hours:

9:00AM-5:00PM, Mon-Fri

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How to Register

Online

24/7 with any major credit card or Si View gift card at www.siviewpark.org

Phone

Monday-Friday 9:00AM-5:00PM with any major credit card or Si View Gift Card at 425-831-1900

Walk In

In-person service is available in our administrative office Monday-Friday 9:00AM-5:00PM. The office is located at 400 SE Orchard Drive in North Bend.

Si View Gift Cards

Give the gift of recreation! Purchase one online or from our office, for any amount \$20 or more. Gift cards can be redeemed for all our programs but are not redeemable for cash.



Staff

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Laurel Anderson, Recreation Specialist
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Park and Facility Rentals

Visit the Rentals section of www.siviewpark.org for reservation details and rates.

Picnic Shelter Rentals

Looking for the perfect outdoor gathering spot? Reserve one of the picnic areas at Si View, Torguson or Tollgate Farm Park! Shelters at Si View and Torguson are covered, so you can host events rain or shine. Enjoy exclusive park space next to our playground areas and field spaces. We now offer hourly rates!

Si View Community Center

400 SE Orchard Drive, North Bend



Book your private event at our centrally located activity hub! Whether you are planning an event or a business meeting our welcoming lobby, ample onsite parking, wi-fi access, AV equipment, tables/chairs, catering kitchen, and convenient location make Si View an ideal venue for your next event.

- Gymnasium capacity 250
- Classrooms capacity 29-49
- Full center capacity 375

Si View Park

400 SE Orchard Drive, North Bend



Are you looking to host an outdoor gathering or a sporting event? Si View Park has it all. The covered picnic shelter, and sport fields are available to reserve for your next party, practice, or game. The park also has nearby restrooms, an outdoor basketball/pickleball court and onsite parking.

Si View Pool

400 SE Orchard Drive, North Bend



Have a splashing good time with your friends at the Si View Pool. The pool is available to reserve on Saturday and Sunday afternoons, and we provide toys, life jackets and supervision. Looking to host a party? We offer the pool party package that includes an hour in the community center after swimming.

- Pool capacity 60 swimmers

Torguson Park

750 E North Bend Way, North Bend



Torguson Park offers many onsite resources including ball fields, a soccer field, a skate park, pump track, climbing wall and picnic shelter. Whether it's a birthday party or sporting event, Torguson is your venue. Onsite parking for 190 vehicles.

Tollgate Park

1300 W North Bend Way, North Bend



Enjoy the natural grass fields and picnic area at Tollgate Farm Park. With fantastic views of Mount Si, playground and gravel trails connecting visitors to the farmstead area, this park offers a great setting for birthday parties and other celebrations. The natural grass fields can accommodate youth and adult cricket, or two full size soccer fields.

Meadowbrook Farm

1711 Boalch Avenue, North Bend



The Interpretive Center and adjacent field spaces at Meadowbrook Farm provide the perfect venue for weddings, retreats, banquets, and other gatherings. Take advantage of the spectacular views of Mount Si and the serenity of Snoqualmie Valley. Call us for a personal tour!

- Center capacity 125

North Bend Train Depot

205 McClellan Street, North Bend



The Train Depot is the ideal place for your next meeting or workshop. Centrally located in the heart of North Bend, the depot offers a meeting space, restrooms, and outside picnic area. Inquire about our nonprofit rates.

- Depot capacity 55

South Fork Landing

14303 436th Ave SE, North Bend



South Fork Landing boasts large open spaces great for an outdoor retreat, family reunion or corporate party. The park's unique feature is the 18-hole disc golf course, reservable for tournaments or private use. Plan your next visit soon!

Si View Pool News

Proposition 1 Update

As this guide goes to press Proposition 1, the bond measure to fund a new pool at Si View Park in North Bend, while again receiving a majority of 'yes' votes, is not getting a high enough percentage (60%) to pass. **The Board of Commissioners** wants to sincerely thank everyone who voted, who came out in support, and worked so hard to pass along a legacy of public access to aquatics for all ages and abilities. Hopefully at a future point in time enough folks will share the sense of community and public benefit necessary to achieve a 60% super majority, and the uncertainty so many face will dissipate a bit.

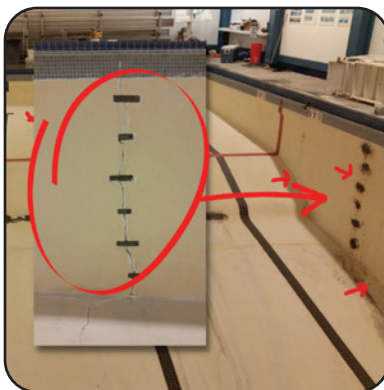
The Park District will not build facilities that do not serve all folks who seek access to the programming and services the Park District provides. And so, it may come to pass that the Park District will no longer be able to provide aquatics access



and swim lesson to its constituents. As always, we continue working to serve you all and provide the highest quality experience and benefit that we can with well-maintained facilities and exceptional programming. Our beloved pool will continue operating, on borrowed time.



Pictured: Si View Parks Commissioners Mark Joselyn, Susan Kelly, Catherine Fredenburg, Katie Klahn, and Bud Raisio.



Update to Aquatics Registration Policy

Due to the high demand for swim lessons at Si View Pool, the District's registration policy has been updated to include District resident priority registration period for open enrollment sessions. This update was adopted by the Si View Parks Commission in October 2023 and will go in effect with the first open enrollment session for 2024 aquatic programs.

This policy update applies to all registration-based aquatics programs including group and private swim lessons, swim team and water safety courses. Drop-in activities are not affected.



Registration for session A opens on Fri December 15, 2023. Priority registration for residents will begin at 7:00AM and open enrollment begins at 12:00PM.

During aquatic program open enrollment sessions, Si View District residents will have a priority registration period before registration opens to the public. Open enrollment sessions are an excellent time for new students to join aquatic programs. Dates and times for registration periods are announced on our website. Si View Pool has three open enrollment sessions each year.

Si View Pool will continue the current practice of offering priority registration sessions for currently enrolled students to ensure participants have an opportunity to complete a learning level, regardless of residency status. New students may also join these sessions if space is available. See page 24 for more information about priority sessions.

To determine whether a residence is within the Park District, the boundary map can be viewed on our website. Si View registration system assigns residency status based on the physical address associated with the customer account. District residents must have a physical address on file to access priority registration. If a PO Box was previously provided, physical address must be added to access resident priority registration. Updating address information is the customer's responsibility. Please contact Si View team at (425) 831-1900 or email info@siviewpark.org to update your address information on file. Proof of residency such as a driver's license or utility bill, may be required. Account holders may also update their address online by logging in to the Si View registration platform.

Address updates must be completed by December 14th to access priority registration for session A on December 15th.

Let's Connect

Get the latest news and updates delivered to your inbox by subscribing to Si View E-News. Sign up form is available on our website. And if you use social media, please follow us on Facebook and Instagram.

We love to hear from you, whether it's a new program idea or a need in our park system, please reach out. Give us a call at (425) 831-1900 or email info@siviewpark.org.

Si View Park News

Grant Awards Support Future Park Improvements

Si View Metro Parks has been awarded grant funding from the King County Parks Levy grant program. The Parks Capital and Open Space grants are funded by the voter-approved 2020-2025 Parks, Recreation, Trails and Open Space Levy, and support a range of projects that expand and improve recreation opportunities for the region's growing population, including the development of active and passive recreation and trail facilities, and the acquisition of open space for future public parks. These grant awards are good examples of successful collaboration with partner agencies for enhancing local recreation amenities.

South Fork Landing Design and Development, \$500,000

Grant funding supports the implementation of the South Fork Landing master plan, including the design of proposed amenities and first phase of construction. Proposed future amenities include a large adventure playground, a compact gravel 4-mile trail system within the park, and a new entrance and parking area off 436th Avenue SE.

Tokol Creek Forest Acquisition and Recreation Plan, \$526,800

Grant funding supports a partnership effort with King County Parks to acquire open space, while evaluating feasibility and planning for compatible future recreation uses in an underserved area near Tokul Creek Forest along Snoqualmie Valley Trail.

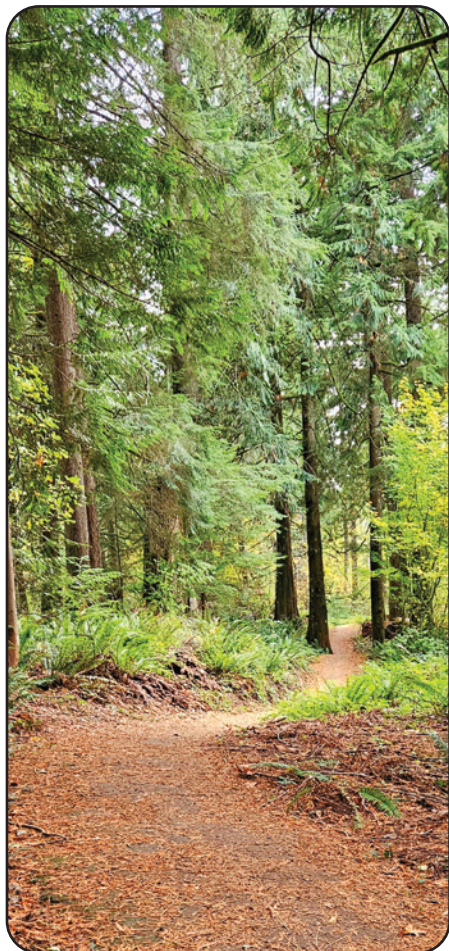


Photo credit: Built Work Photography, LLC

Current Project Updates

We have a number of active park improvement projects in various phases of design and development. As projects reach significant milestones, updates are posted on our website. When projects near completions, stay tuned for announcements on grand opening celebrations as appropriate.

Tennant Trailhead Park

Park entrance, parking area and trailhead facilities are under construction. Once completed, this park with trails for both hiking and biking will open! Park opening is estimated for Spring 2024, please check our website for updates. In partnership with DNR, we are working on the next phase of development, which will connect Tennant Trailhead Park to the Raging River trail system via a 5.5-mile connector trail. The construction of this segment is planned for 2024-2026. This connector trail is partially funded by 2021 King County Parks Levy Grant Program.

Edgewick Connector

Non-motorized community connector trail from the Edgewick neighborhood to the Snoqualmie Valley Trail near Rattlesnake Lake is awaiting permits. This project, funded in part by 2021 King County Parks Levy Grant Program, is on track for completion in 2024.

Si View Park North Entrance

We are working to improve connectivity, aesthetics and pedestrian safety between Si View Park and William Henry Taylor Park by realigning the North entrance area of Si View Park. Removing the old "King County shed" and constructing a new maintenance building on the opposite side of the entrance will provide much needed space for District equipment to maintain the growing parks inventory and enhance the overall visitor experience when entering the park. This project is funded through the 2018 Capital Bond and our Capital Projects Fund with construction scheduled in 2024. Temporary closures of the North entrance may be necessary during construction.

Si View Administration Building

Si View administration has outgrown the caretaker's cottage located at Si View Park. Moving administration to a property across the street, between Orchard Drive SE and Cedar Falls Way, will make way for expanded programming space adjacent to the community center. This project is now in design, with construction slated for 2024.

Tollgate Farmstead Project Recognized for Historic Preservation

Tollgate Farmstead Project has been selected to receive the 2023 King County Executive's John D. Spellman Award for Exemplary Achievement in Historic Preservation in the Restoration category for revitalizing the Tollgate Farm site for use by local agricultural producers and the community by restoring the historic house and rebuilding the barn. The John D. Spellman Awards recognize achievements in historic preservation. The awards are presented once a year by the King County Executive. Spellman was the first King County Executive and 18th governor of Washington. He established the County's Historic Preservation Program in 1980.

Tennant Trailhead Park Project Recognized for Collaboration

Each year, Mountains to Sound Greenway Trust recognizes and celebrates collaborative recreation projects around the region for land conservation, ecological restoration, and recreation. This year, the Tennant Trailhead Park project has been recognized in the Parade of Accomplishments as an example of successful multi-agency collaboration. The Tennant Trailhead Park project site on the flank of Rattlesnake Mountain was conserved with the help of Trust for Public Land. Working alongside the original stewards of the area, the Snoqualmie Tribe, the 32-acre site has been developed into a park with beginner friendly mountain biking and hiking trails by Si View Metro Parks, City of North Bend, King County Parks, and Evergreen Mountain Bike Alliance. Trail names in this park will be in Lushootseed language, and with artful displays and tips for respectful recreation practices. In the future, this park will link to the Raging River trail system. We look forward to celebrating the opening of Tennant Trailhead Park in Spring of 2024 with project partners and our community!

Torguson Skatepark Recognized for Design and Construction

Torguson Skatepark has been awarded as the 2023 First-Place winner in the Decorative category of the ACI Excellence in Concrete Construction Awards. The project designed and developed by Grindline, collaborated with the community to design the concrete skatepark outfitted with exciting elements for all skill levels, as well as a central gathering area. The park consists of a one-of-a-kind flow bowl, a pool style bowl, and a large street skate area to create three separate skating experiences. There is a progression of features throughout the park to easily provide users an ability to build their skills in an incremental fashion. Since the park's opening in 2021, it has been getting rave reviews as one of the best skateparks in Western Washington.

Special Events



Family Bingo Night!

Come join us for game night at Si View Community Center! Bring your family and friends and be ready for a night of classic Bingo! We will have prizes for winners and entertainment for all! Pre-registration required. Suggested Donation: \$10/family

Family Bingo Night!

Location: Si View Community Center
Free

Age: All
F Jan 26
6:30PM – 8:00PM

Daddy Daughter Dance

Calling all dads (and dads alike) and daughters! Enjoy a special night out at Si View's Daddy Daughter Dance. Additional family members are welcome to join the fun! Wear your best formal dress, suit or costume and enjoy an evening featuring a live DJ, photo booth, prize giveaways and snacks! Pre-registration is required for all family members planning to attend. Ages 3+ welcome with adult supervision.

Family Formal Dance

Location: Si View Community Center
R \$32.00 | NR \$38.50 per couple
R \$11.00 | NR \$13.50 addl. participant

Age: 3+
SA Mar 23
6:30PM – 8:30PM

Easter Egg Hunt at Si View Park

Sponsored by Moose Lodge

Easter Egg Hunt Children elementary school age and younger are welcome to participate in this popular egg hunt. The event starts at 9AM sharp with a pancake breakfast immediately following the Easter Egg Hunt at the Snoqualmie Valley Moose Lodge located at 108 Sydney Ave N. We will divide participants into five age groups to ensure lots of fun for everyone! Sponsored by the Snoqualmie Valley Moose Lodge.

Easter Egg Hunt

Location: Si View Park
Free

Age: Toddler to 5th Grade
SA Mar 30
9:00AM



Mom and Son Date Night

Calling all moms and sons for an evening of Supermom and Super kiddo fun. Events include Superhero themed games, crafts, temporary tattoos, balloon art, photo station, and refreshments. Don your cape and superhero wear (optional) and fly on over to Si View Community Center for a super time! Additional family members welcome.

Superhero Date Night

Location: Si View Community Center
R \$32.00 | NR \$38.50 per couple
R \$11.00 | NR \$13.50 addl. participant

Age: 3+
SA Apr 20
6:30PM – 8:30PM



Chalk Walk at Si View Park

We are celebrating Earth Day with a Chalk Walk. Pre-register and come to the park to create Earth Day art with the paved trail as your canvas, take a photo of your creation and enter it into a drawing for prizes. Pre-registration (one per family) is required. Suggested Donation \$10/ family

Chalk Walk

Location: Si View Park Concession Stand
Free

Age: All
F Apr 26
1:00PM-5:00PM

Food Trucks at the Park

As spring and summer are approaching, food trucks are back! Pair your park visit or evening walk with a dinner stop at the food truck. Get your meal to go or enjoy it at the picnic tables at Si View Park. Our rotating truck schedule is available at www.siviewpark.org.

Food Trucks at the Park
Location: Si View Park
Cost varies by truck

Age: All
May 02-30
5:00PM-7:30PM



Farmers Market at Si View Park

Calling all vendors, sponsors, and volunteers

Our 2024 season will be here before you know it! Scheduled for summer Thursdays June 6 to September 12 (no market on July 4) the Farmers Market is a community favorite not to be missed. If you are interested in learning how to become a market vendor, or support our efforts through sponsorship or volunteering, please contact our farmers market coordinator, Jill at jrittenhouse@siviewpark.org.

Thank you,
volunteers!

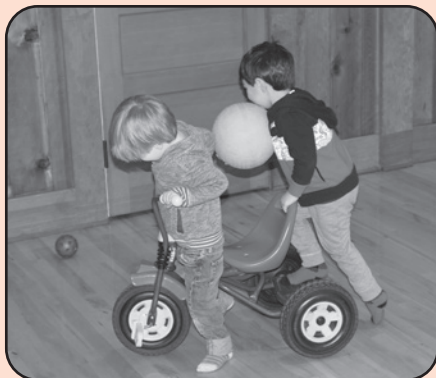
Together we can do more.

Our community efforts would not be possible without the support of volunteers. Our Fall Harvest Festival is a great example of local youth giving back to the community. Event volunteers kept young participants busy playing a variety of carnival games, handing out prizes and ensuring everyone had a spooktacular time. We appreciate every volunteer and applaud the enthusiasm and commitment you bring to our local community. Thank you! If you would like to get involved and volunteer for future events, please contact Jill at jrittenhouse@siviewpark.org.



Preschool Programs

Parent and Child Classes



Si View Indoor Playground

Ready. Set. Play! Si View Indoor Playground is a great opportunity for young kids ages 0-5 to practice social skills while their grownups make connections with local families during the school year. The spacious indoor setting offers lots of room to run and jump, opportunities for imaginative play, and best of all, new friendships. **IPG operates on Mondays and Wednesdays 9:30AM-11:00AM at the Si View gym.** Note that IPG does not operate during school breaks. You can register in two ways:

- Pre-register for a full calendar month that includes all available dates, this gives you a carefree option to come any day or all days that work for your family schedule. Monthly cost varies based on number of available play dates. (base daily rate is R: \$2.00 | NR: \$2.40)
 - Jan 3-31 (no 1/15, 1/22)
 - Feb 5-28 (no 2/19, 2/21)
 - Mar 4-27
 - Apr 1-29 (no 4/8, 4/10)
- Drop-in for a single day visit to fit your family schedule. Daily visit cost is R \$2.50 | NR \$3.00.



Stroller Striders

Calling all new parents! It is time to get outside and get moving! Time to lace up your walking shoes and get striding with your little ones. This new walking group aims to bring together parents to socialize, encourage new friendships, and be active with their stroller bound children. Join Si View on these Stroller friendly walks as we explore the beautiful parks and trail system right here in North Bend. Walks will happen every other Wednesday. Register for email updates on routes and meeting locations.

28256 Stroller Striders
Min: 2 Max: 45
Instructor: NA
Location: Varies

Age: Adults
W Feb 14-Apr 24
11:30AM-12:30PM
Free

Sensory Play

Join us for a preschool experience that includes, group time, sensory play, STEM toys, group art projects, individual art projects, social skills practice and the chance to meet and connect with other parents. This session will center around the wonderful world of Eric Carle. Parent must stay. No class 1/15, 2/19.

Sensory Play #1
Min: 4 Max: 12
Instructor: Erin Perea
Location: Si View Community Center
Age: 9-24 months
M Jan 08-29
9:30AM-10:30AM
R: \$60.00 | NR: \$72.00

28237 Sensory Play #2
Min: 4 Max: 12
Instructor: Erin Perea
Location: Si View Community Center
Age: 2-3
M Jan 08-29
10:45AM-11:45AM
R: \$60.00 | NR: \$72.00

Sensory Play #3
Min: 4 Max: 12
Instructor: Erin Perea
Location: Si View Community Center
Age: 9-24 months
M Feb 05-26
9:30AM-10:30AM
R: \$60.00 | NR: \$72.00

Sensory Play #4
Min: 4 Max: 12
Instructor: Erin Perea
Location: Si View Community Center
Age: 2-3
M Feb 05-26
10:45AM-11:45AM
R: \$60.00 | NR: \$72.00

Sensory Play #5
Min: 4 Max: 12
Instructor: Erin Perea
Location: Si View Community Center
Age: 9-24 months
M Mar 04-24
9:30AM-10:30AM
R: \$80.00 | NR: \$96.00

Sensory Play #6
Min: 4 Max: 12
Instructor: Erin Perea
Location: Si View Community Center
Age: 2-3
M Mar 04-24
10:45AM-11:45AM
R: \$80.00 | NR: \$96.00





Preschool Programs

Child-Only Classes

Our child-only preschool programs provide opportunities for meeting and making new friends and building new skills! For these child only classes we ask that caregiver/parent not remain in the classroom unless it is otherwise stated in the class description. Experience has shown that preschoolers are easily distracted due to their short attention spans.



Little Flips Gymnastics

Our preschool classes will help young children learn the basic skills of gymnastics in a fun and playful environment while improving their motor skills. We encourage them to try new things and build on skills they have already learned. Preschool classes are designed to provide young boys and girls with the opportunity to develop basic gymnastic and tumbling ability through exercises focusing on coordination, balance, strength, and fun! Classes get the children running, tumbling, jumping and more!

28032 Little Flips Gymnastics Age: 3-5
Min: 6 Max: 12 SA Jan 13-Mar 16
Instructor: Jet's Gymnastics Express 10:30AM-11:15AM
Location: Si View Community Center R: \$280.00 | NR: \$336.00

28033 Little Flips Gymnastics Age: 3-5
Min: 6 Max: 12 SA Mar 23-Jun 15
Instructor: Jet's Gymnastics Express 10:30AM-11:15AM
Location: Si View Community Center R: \$280.00 | NR: \$336.00

Cascade FC Futures

Cascade FC Futures Program offers young children the perfect introduction to the world's most popular sport! Our unique games-based approach to teaching soccer provides every child the opportunity to develop motor skills, social skills, coordination and general athletic ability in a fun, motivating, educational environment. Shin guards recommended for ages 3-4, required for ages 5 and older. Cascade FC is the premier youth soccer club for the Snoqualmie Valley Youth Soccer Association. Come play with us!

27939 Cascade FC Futures Tuesdays Age: 3-5
Min: 6 Max: 12 T Jan 23-Mar 19
Instructor: Cascade FC 10:50AM-11:50AM
Location: Si View Community Center R: \$220.00 | NR: \$264.00

27938 Cascade FC Futures Tuesdays Age: 3-5
Min: 6 Max: 16 T Apr 16-Jun 04
Instructor: Cascade FC 10:50AM-11:50AM
Location: Si View Park R: \$220.00 | NR: \$264.00

27937 Cascade FC Futures Fridays Age: 3-5
Min: 6 Max: 12 F Jan 26-Mar 22
Instructor: Cascade FC 11:45AM-12:45PM
Location: Si View Community Center R: \$220.00 | NR: \$264.00

27936 Cascade FC Futures Fridays Age: 3-5
Min: 6 Max: 16 F Apr 19-Jun 07
Instructor: Cascade FC 11:45AM-12:45PM
Location: Si View Park R: \$220.00 | NR: \$264.00



Creative Dance

This child-only class will give dancers, boys and girls, creative opportunities to enhance coordination and balance, learn dance movement and technique and explore their independence. Dancers have the option to perform in our end of season showcase, sharing all that has been learned with family and friends is a great confidence builder and tons of creative fun! Classes are scheduled for short 3 or 4 sessions for flexibility.

28260 Creative Dance Session I Age: 2 1/2-4
Min: 4 Max: 10 F Feb 02-Mar 01 (no 2/23)
Instructor: Emmy Fansler 9:30AM-10:15AM
Location: Si View Community Center R: \$47.00 | NR: \$56.00

28261 Creative Dance Session II Age: 2 1/2-4
Min: 4 Max: 10 F Mar 08-29
Instructor: Emmy Fansler 9:30AM-10:15AM
Location: Si View Community Center R: \$47.00 | NR: \$56.00

28262 Creative Dance Session III Age: 2 1/2-4
Min: 4 Max: 10 F Apr 05-26 (no 4/12)
Instructor: Emmy Fansler 9:30AM-10:15AM
Location: Si View Community Center R: \$35.25 | NR: \$42.00



Adverse Weather Facility Closures

In the event of weather related closures, our website is the central location for communicating with the public. Please refer to www.siviewpark.org for the latest facility closure/program cancellation information. On scheduled school days, all Si View Metro Parks programs will follow the Snoqualmie Valley School District's Weather Advisory.

If schools are open, but running late, the Si View Administrative Office, Community Center and Pool will open at 11:00 am. The Si View Before School Care Program will be open at 8:00 am until school starts. All other programs and activities scheduled to begin before 11:00 am will be cancelled, including off-site programs. Programs and activities scheduled to begin at 11:00 am or later will start at their normal program time. When school buses are operating on limited transportation routes due to inclement weather, Si View Metro Parks van transportation may be limited or cancelled.

If schools are closed, the Before School Care Program and all programs scheduled to begin before Noon will be cancelled. A decision on the status of all late-afternoon and evening programs will be made by Noon, including off-site programs.

If schools close early, all Si View Metro Parks evening programs and activities will be cancelled, including off-site programs.

If schools cancel after school activities, all Si View Metro Parks programs at school sites will be cancelled.

Non-School Day Facility Closures: The District Director or his/her designee will assess the weather conditions and make a decision on a delayed opening or full facility closure at least two hours prior to the start of a scheduled program, activity or facility rental.

Please visit www.siviewpark.org for facility closure updates. Facility closure and program cancellation information is posted on the top of the homepage.

Thank you!

Youth Dance

The Dance Program at Si View offers professional instruction with a strong emphasis on technique, fitness and fun. Each student receives individual attention, initiating the joy and appreciation of dance and music. We allow each student the freedom of creative expression in a nurturing and motivating environment designed to enhance self-esteem. Dance classes are taught by experienced instructors: Emmy Fansler, Tempest Chase, Emelia Ricchio, and Phoebe Raferty.

Check out our dance page at www.siviewpark.org/dance.phtml for winter dance season details, including registration, schedules, instructor bios and more.



- The 12-week session begins the week of Jan 29 and will end on Thursday May 9.
- Dancers enrolled in a 12-week dance class will have an opportunity to share progress with parents during watch week, March 20-24 during the regularly scheduled class time. If you have a special guest in town or want to check in on the class, please talk with the instructor, and they will do their best to accommodate you.
- A Spring recital in early May is in the planning stages and will be an option for Winter dance class registrants. Recital information and fees will be published in February 2024.
- No classes are currently scheduled on 2/16, 2/20, 2/22, 2/23 during mid-winter break, and 4/5, 4/9, 4/11, 4/12 during spring break.
- If any classes are cancelled due to weather/instructor illness, we work to best reschedule classes.



Youth

Winter Season Introductory Classes (Ages 4-6)

Beginner Jazz (4-6yrs)

Learn jazz steps and across the floor movements while developing a personal sense of artistic expression. For the more advanced students they will contribute to choreography and advance their performance skills.

Dance Combo I: Ballet, Tap, & Jazz (4-6yrs)

This combo class for ages 4-6 provides a wonderful opportunity to explore a diversity of dance styles. Come have fun experiencing the multiple disciplines of Ballet & Jazz. Great for beginning dancers

Dance Combo II: Ballet, Tap, & Jazz (4-6yrs)

This class is for students ages 4-6 who have already taken Dance Combo I, or if you are age 6 and a first time dancer. In this class students explore a diversity of Ballet, Tap and Jazz.

Winter Season Introductory Classes (Ages 7-10)

Beginner/Intermediate Ballet (7-10yrs)

Our ballet classes focus on the basic ballet vocabulary, emphasizing correct alignment. Barre-work, adagio and petite and grand allegro build strength, and grace in a non-competitive encouraging environment. Grace, style, and ballet discipline will continue to be mastered.

Beginner/Intermediate Hip Hop (7-10yrs)

Hip Hop is a fun, current style of dance for boys and girls. In this class, we will focus on establishing a good body rhythm and learning basic to intermediate pop choreography. Students will start learning how to control spins, perform leaps and learn choreography to top 40 pop singles.

Dance Combo II: Ballet & Jazz (7-10yrs)

This combo class for ages 7-9 provides a fantastic opportunity to explore a diversity of dance styles. Great for beginning dancers and/or continuing dancers.

Winter Season Intermediate Classes (Ages 7-10)

Intermediate Combo (7-10yrs)

Intermediate Combo for 7-10 yrs. provides dancers with an elevated level of technical, rhythmic, spatial and strength challenges. We will focus on some choreography and expression, all the while keeping an emphasis on the joy of dance. Dance styles include Contemporary, Ballet and Combo classes.

INTRODUCTORY DANCE (Ages 4-6)			
Course	Day	Times	Cost R NR
Beginner Jazz	T	4:15PM-5:00PM	R \$141 NR \$168
Dance Combo I, Ballet, Tap, Jazz	F	10:30AM-11:15AM	R \$141 NR \$168
Dance Combo II, Ballet, Tap, Jazz	F	11:30AM-12:15PM	R \$141 NR \$168
INTRODUCTORY DANCE (Ages 7-10)			
Course	Day	Times	Cost R NR
Beg / Int Hip Hop	T	6:00PM-6:45PM	R \$141 NR \$168
Dance Combo II, Ballet, Jazz	TH	4:30PM-5:15PM	R \$141 NR \$168
Beg / Int Ballet	TH	5:15PM-6:00PM	R \$141 NR \$168
INTERMEDIATE DANCE (Ages 7-10)			
Int Combo	T	5:00PM-6:00PM	R \$189 NR \$228
TEEN DANCE (Ages 11+)			
Teen Combo	F	1:00PM-2:30PM	R \$276 NR \$330
ADVANCED DANCE (11+ w / Instructor Permission)			
Dance Production	TH	6:00PM-7:30PM	R \$276 NR \$330

Winter Season Teen Dance (Ages 11+)

Teen Combo

Contemporary dance fuses the strength and technique of ballet with elements of modern dance. Movement emphasizes the use of gravity, momentum, moving on and off balance, and suspension to express with the whole body. This teen class provides the more mature dancer with a higher level of technical, rhythmic, spatial and strength challenges. We will focus on choreography and expression, all the while keeping an emphasis on the joy of dance.

Dance Production

Dance Production introduces students to the elements of choreography and the creative processes of composing dances. Dancers combine movement, voice, and poetry to create a story as original as the dancers are.



After School Programs

School Year Care

Si View Before & After School Program offers a safe and enriching place for K-5 students attending NBE and OES. Our school care program is a great option for kids who want to be active and academically successful. Through enrichment activities and homework time, students gain new skills, create lasting friendships, and develop healthy habits.

We offer morning care and transportation to NBE/ OES, and after care including early release days. Additional programs are available for no school days and school breaks (not included in school care fee). Registration options include monthly rates and single day sign-ups with a two days per week minimum. Financial need-based scholarships are available. Our current school care sites include:

- Si View: Before and after care (NBE, OES students)
- NBE: After care (NBE students) – before care with transportation available from Si View

Limited openings are available for current school year, please contact Josh Conlee jconlee@siviewpark.org to inquire.

No School Day Camps

School is out for the day, come to Si View and play! Our no school day camps are open to all K-5th grade students and include a full day of activities. Structure camp activities run 9AM to 4PM, extended care from 6:30AM to 6:30PM included. Be sure to pack a lunch and snacks for a busy day of playing!

27353 MLK Day Camp - 1/15 Grade: K-5
Min: 10 Max: 30 M Jan 15
Instructor: Si View Youth Staff 6:30AM-6:30PM
Location: Si View Community Center R: \$87.00 | NR: \$104.40

27354 No School Day - 1/22 Grade: K-5
Min: 10 Max: 30 M Jan 22
Instructor: Si View Youth Staff 6:30AM-6:30PM
Location: Si View Community Center R: \$87.00 | NR: \$104.40

School Break Camps

Si View Break camps offer a full week of fun for K-5th graders. Campers will explore the best activities from our summer collection. Structured camp activities run from 9AM to 4PM, extended care hours from 6:30AM to 6:30PM are included. Be sure to pack a lunch, labeled reusable water bottle and snacks for a busy day of playing!

27357 Mid Winter Break Camp Grade: K-5
Min: 10 Max: 30 M,T,W,Th,F Feb 19-23
Instructor: Si View Youth Staff 6:30AM-6:30PM
Location: Si View Community Center R: \$294.00 | NR: \$352.80

27358 Spring Break Camp Grade: K-5
Min: 10 Max: 30 M,T,W,Th,F Apr 08-11
Instructor: Si View Youth Staff 6:30AM-6:30PM
Location: Si View Community Center R: \$294.00 | NR: \$352.80

Little Coders at FCE

Begin your coding journey by creating your own games! This course lays down the foundations for future coding success. Students learn basic coding concepts, such as Variables, Loops, and Conditionals and apply these concepts to create interest-based games, mazes, and animated stories. Projects and activities are all designed to allow students to use their creativity while learning coding. No class 2/21.

Little Coders: Intro to Coding Grade: K-2
Min: 6 Max: 8 W Jan 17-Mar 13
Instructor: Coding with Kids 3:45PM-4:45PM
Location: Fall City Elementary NR: \$240.00

Chess at FCE

All About Chess classes are tailored to the ability of the students, all skill levels are welcome. A typical class begins with a relaxed practice game to warm up. We then go on to a focused lesson. This can include basic opening strategies, tactics, and many of the major checkmate patterns. Then, students practice what they have been learning with games against their peers, play fun variant chess games, solve puzzles, or practice their checkmate patterns. Sportsmanship is stressed throughout.

Chess Grade: K-5
Min: 8 Max: 30 F Jan 19-Mar 19
Instructor: All About Chess 1:45PM-2:45PM
Location: Fall City Elementary NR: \$160.00

Yoga/Mindfulness at FCE

In this yoga/mindfulness class, children will learn valuable tools to self-regulate, calm anxiety, improve coordination & balance, and develop strength & flexibility. Each class will consist of a different theme or adventure to keep kids engaged. Growth mindset coaching will be incorporated into the class through the use of storytelling and meditation. Yoga also brings children a sense of peace and empowerment to manage their bodies and emotions in fun and creative ways!

Yoga/Mindfulness Grade: K-5
Min: 5 Max: 20 T Jan 18-Feb 22
Instructor: Karen Kane 3:45PM-4:45PM
Location: Fall City Elementary NR: \$158.40

Drama Club at FCE

An introductory storybook theater drama class, working together to put on a play adapted from your favorite fairy tales. Performance for family and friends during the final class. No class 2/20.

Drama Club at FCE Grade: K-5
Min: 3 Max: 30 Jan 16-Mar 12
Instructor: Idlewild Theatre Arts T 3:45PM-5:15PM
Location: Fall City Elementary School NR: \$300.00

Awesome Art at NBE

In this 6-week creative arts class, students will have the opportunity to learn about art concepts and terminology and apply the elements and principles of art while exploring a variety of art media – including acrylic and watercolor paints, oil and chalk pastels, clay, and textiles. Designed for students of different ages and abilities, young artists will learn techniques and gain new skills to create unique and expressive works of art each day. There might even be some fun homework! No previous experience necessary. Class fee includes all child-friendly materials. Creating art can be messy – please have your artist dress appropriately!

Awesome Art Grade: K-5
Min: 6 Max: 12 T Jan 09-Feb 13
Instructor: Sam Sinanan 3:45PM-4:45PM
Location: North Bend Elementary R: \$180.00 | NR: \$216.00



Junior Robotics at NBE

Students will use LEGO Education's WeDo robotics system for budding engineers to explore the different aspects of robotics and programming through several fun and easy builds. Spinning tops, drumming monkeys, and snapping crocodiles are just a few of our fun builds.

Junior Robotics Grade: K-5
Min: 8 Max: 16 TH Jan 25-Feb 29
Instructor: Robot U 3:45PM-4:45PM
Location: North Bend Elementary R: \$156.00 | NR: \$187.20

Nintendo Labo Club at NBE

Students will have an awesome time using Nintendo Labo kits and then controlling them using a Nintendo Switch. Nintendo Labo kits combine physical and digital play patterns that support the development of 21st century skills such as creativity, collaboration, critical thinking and problem-solving. The kits provide a fun way for kids to explore basic STEM topics together and be entertained while building a fundamental understanding of the technology behind them. Nintendo switch and LABO kits will be provided.

Nintendo Labo Club Grade: 2-5
Min: 6 Max: 12 TH Jan 25-Feb 29
Instructor: Tom Fladland 3:45PM-4:45PM
Location: North Bend Elementary R: \$120.00 | NR: \$144.00



Youth and Teen Classes

Homeschool Drama: Acting Fundamentals

An introductory drama course for homeschool students. Rotating topics to provide a foundational knowledge of acting techniques and theatrical production. Great for all levels! Small showcase for family and friends during the final class.

Acting Fundamentals Grade: K-3, 4-8
Min: 3 Max: 35 M Feb 12-Apr 01
Instructor: Idlewild Theatre Arts 10:00AM-11:30AM
Location: Si View Community Center R: \$240.00 | NR: \$288.00

Homeschool Drama: Performance

Alice in Wonderland: Fall down the rabbit hole along with Alice and join her on a journey through the curious world called Wonderland. Filled with familiar characters, everyone has the chance to shine in this adaptation of the book by Lewis Carroll. \$50 materials fee. Includes a show T-shirt and two tickets for the performance of your choice. Performances with tickets open to the public: Apr 6 2PM & 7PM, and Apr 7 2PM.

Performance Program Grade: K-12
Min: 7 Max: 40 M/W Feb 12-Apr 07
Instructor: Idlewild Theatre Arts 12:00PM-2:00PM
Location: Si View Community Center R: \$480.00 | NR: \$576.00

Youth Drama: Performance

Peter Pan: Think happy thoughts and fly to the second star to the right and straight on till morning with the Darling siblings as they go on an adventure to Neverland with Peter Pan and Tinkerbell. There are lots of fun roles for everyone in this adaptation of the 1904 play by Peter Pan author J. M. Barrie. Performances, with tickets available to the public: Apr 12 7PM, and Apr 13 2PM and 7PM.

Performance Program Grade: K-12
Min: 7 Max: 40 W/F Feb 16-Apr 13
Instructor: Idlewild Theatre Arts 5:30PM-7:30PM
Location: Si View Community Center R: \$480.00 | NR: \$576.00

Artworks

Students will have the opportunity to learn about art concepts and terminology and apply the elements and principles of art while exploring a variety of art media including acrylic and watercolor paints, oil and chalk pastels, regular colored and watercolor pencils, clay, and textiles. No previous experience necessary. Class fee includes all child-friendly materials, and your child will receive an art kit to keep. Creating art can be messy please have your artist dress appropriately!

28020 Artworks Age: 6-12
Min: 6 Max: 12 F Jan 12-Feb 16
Instructor: Sam Sinanan 4:00PM-5:30PM
Location: Si View Community Center R: \$225.00 | NR: \$270.00

Create with Clay

Students will experience kiln-fire and air-dry clays, learning about and applying the various hand building techniques resulting in unique works of ceramic art. Artists will also learn about the science of glazing and firing clay. Projects will be kiln-fired and ready for pick up 3-4 weeks after the session ends. Fee includes firing and all child-friendly materials. Working with clay can be messy, so have your artist dress appropriately!

28021 Create with Clay (1) Age: 6-12
Min: 6 Max: 12 F Mar 22-29
Instructor: Sam Sinanan 4:00PM-5:30PM
Location: Si View Community Center R: \$95.00 | NR: \$114.00

28365 Create With Clay (2) Age: 6-12
Min: 6 Max: 12 F Apr 19-26
Instructor: Sam Sinanan 4:00PM-5:30PM
Location: Si View Community Center R: \$95.00 | NR: \$114.00

Polite Kids 101

Would a manners class help your child stay on track with kind and respectful living? Look no further! This class includes how to introduce yourself and others, interrupting politely, how to set a basic table setting, table manners, being a guest in someone's home, and birthday party manners. All participants will receive a Polite Kids 101 handbook. A light snack of crackers and cheese, apple slices and carrot sticks will be served, so please let us know of any food allergies. Bring a healthy beverage and additional nut-free snack.

28017 Polite Kids 101 Age: 6-10
Min: 6 Max: 18 SA Apr 27
Instructor: Sam Sinanan 9:00AM-11:30AM
Location: Si View Community Center R: \$48.00 | NR: \$57.60

Safe Kids 101 Home Alone

How do parents know when their child is ready to stay home alone? What should your child know about first aid, choking, fire prevention or aggressive dogs? Don't know how to initiate the discussion on stranger danger, abduction, abuse or digital safety, like cyberbullying or sexting? This class has you covered, teaching your child how to be safer at home and in the community! All participants will receive the Safe Kids 101 book. Bring a water bottle and a snack

28018 Safe Kids 101 Age: 8-12
Min: 6 Max: 18 SA Mar 30
Instructor: Sam Sinanan 9:00AM-12:00PM
Location: Si View Community Center R: \$58.00 | NR: \$69.60

Robot U

Build from plans or design your own. Classes focus on building or creating incredible working, sensing, moving ROBOTS! All elementary ages welcome. They will have their choice of sets to work with, from simple to complex, LEGO WeDO for the young ones and MINDSTORMS for the ones that need maximum capabilities. Build from over 100 plans or create your own. We have instructors to help. For No School Day programs, choose a morning, afternoon or a full day program.

Robot U - No School Day - Half Day Age: 5-12
Min: 4 Max: 16 M Jan 22
Instructor: Robot U 9AM-12PM or 12PM-3PM
Location: Si View Community Center R: \$70.00 | NR: \$84.00
Full Day Option Available R: 140.00 | NR: \$168.00

28316 Robot U - Robotics Class Age: 5-12
Min: 4 Max: 16 T Jan 23-Apr 02
Instructor: Robot U 6:30PM-8:00PM
Location: Si View Community Center R: \$280.00 | NR: \$336.00

28319 Robot U - Spring Break Camp Age: 5-12
Min: 4 Max: 16 M,T,W,TH,F Apr 08-12
Instructor: Robot U 9:00AM-12:00PM
Location: Si View Community Center R: \$240.00 | NR: \$288.00

Teen Nights

Join us at Si View for an awesome night of games such as dodgeball, basketball, minute to win it style challenges, trivia, socializing and more! Snacks are available for purchase. Pre-registration is required. Limited space for walk-ins. Activities will vary month to month.

Beach Party! Grade: 6-8
Min: 10 Max: 45 F Jan 19
Instructor: Si View Youth Staff 7:00PM-9:30PM
Location: Si View Community Center R: \$10.00 | NR: \$12.00

Minute to Win It! Grade: 6-8
Min: 10 Max: 45 F Feb 09
Instructor: Si View Youth Staff 7:00PM-9:30PM
Location: Si View Community Center R: \$10.00 | NR: \$12.00

Swimming!

Min: 10 Max: 45 Grade: 6-8
Instructor: Si View Youth Staff F Mar 08
Location: Si View Community Center 7:00PM-9:30PM
R: \$10.00 | NR: \$12.00

Video Games

Min: 10 Max: 45 Grade: 6-8
Instructor: Si View Youth Staff F Apr 19
Location: Si View Community Center 7:00PM-9:30PM
R: \$10.00 | NR: \$12.00

Sno-Valley Youth Council

Sno-Valley Youth Council is a group of local middle and high school students that plan and participate in community events and service projects. Come meet new friends, have your voice heard, and help make a difference! Youth Council meets the second and fourth Tuesday during school year. Schedule is subject to change due to school calendar and program events.

27366 Sno-Valley Youth Council Age: 11-18
Min: 5 Max: 25 T Through Jun 11
Instructor: Zach Todd 5:00PM-6:00PM
Location: North Bend Library Free

Counselor in Training

Our Counselor in Training program is designed to set your child up for success. At CIT we train youth to be strong leaders by teaching them a variety of techniques and skills using a hands-on approach. Participants who have successfully completed our CIT program will have the opportunity to apply for a CIT position with our summer camps for the remainder of the summer.

28041 Counselor in Training Spring Class Age: 13-16
Min: 4 Max: 8 T,W,TH Apr 09-11
Instructor: Zach Todd 9:00AM-3:00PM
Location: Si View Community Center R: \$231.00 | NR: \$277.20

Super Sitters

Students completing the class will be better prepared to provide a safer and more positive childcare experience for themselves and the young children they care for. Course topics include the business of babysitting, parent expectations, basic first aid, home and fire safety, Heimlich maneuver, telephone tips, toys and activities and infant care. Participants receive a Babysitting 101 handbook and a course completion certificate. Bring a drink, a healthy nut-free snack and sack lunch.

28019 Super Sitters Age: 11-15
Min: 6 Max: 18 SA Apr 20
Instructor: Sam Sinanan 9:30AM-2:00PM
Location: Si View Community Center R: \$68.00 | NR: \$81.60

Teen Trips

No school, no problem! Join Si View and other middle school students as we go out for a field trip day! No need to sit at home on a screen all day. We will meet at the Si View Community Center before heading out on our trip. Be sure to bring lunch and a water bottle!

Ice Skating Grade: 6-8
Min: 5 Max: 10 M Jan 22
Instructor: Si View Staff 10:00AM-4:00PM
Location: Si View Community Center R: \$65.00 | NR: \$78.00

Museum of Flight Grade: 6-8
Min: 5 Max: 10 F Feb 23
Instructor: Si View Staff 10:00AM-4:00PM
Location: Si View Community Center R: \$65.00 | NR: \$78.00

See
Teen Outdoor Programs
on page 17.

Youth Sports

Big Flips Gymnastics

This class will provide instruction for girls and boys who would like to learn beginning-intermediate skills. The teachers will teach to each individual child's particular skill level. Skills will be taught on Bars, Beam, Vaulting, and Tumbling. The great benefits of gymnastics are the increased flexibility, strength, balance, coordination, discipline and power through their training. Gymnastics is great preparation for all other sports!

28030 Big Flips Gymnastics Age: 6-12
Min: 6 Max: 16 SA Jan 13-Mar 16
Instructor: Jet's Gymnastics Express 11:30AM-12:30PM
Location: Si View Community Center R: \$280.00 | NR: \$336.00

28031 Big Flips Gymnastics Age: 6-12
Min: 6 Max: 16 SA Mar 23-Jun 15
Instructor: Jet's Gymnastics Express 11:30AM-12:30PM
Location: Si View Community Center R: \$280.00 | NR: \$336.00



Volleyball

The Volleyball program is coached by Cristin Stahlberg. A former Tumwater HS and collegiate player at Seattle University. In her 8th year running youth volleyball programs, Coach Stahlberg introduces the sport to kids prior to their middle school years and those kids involved with clubs or school teams. The sessions conclude with a mini-tournament on the final day. Come join the fun!

27940 January Volleyball Grade: 2-5
Min: 8 Max: 14 W Jan 10-31
Instructor: Cristin Stahlberg 6:00PM-7:00PM
Location: Si View Community Center R: \$110.00 | NR: \$132.00

27941 January Volleyball Grade: 6-8
Min: 6 Max: 14 W Jan 10-31
Instructor: Cristin Stahlberg 7:00PM-8:00PM
Location: Si View Community Center R: \$110.00 | NR: \$132.00

27942 February Volleyball Grade: 2-5
Min: 6 Max: 14 W Feb 07-28
Instructor: Cristin Stahlberg 6:00PM-7:00PM
Location: Si View Community Center R: \$82.50 | NR: \$99.00

27943 February Volleyball Grade: 6-8
Min: 6 Max: 14 W Feb 07-28
Instructor: Cristin Stahlberg 7:00PM-8:00PM
Location: Si View Community Center R: \$82.50 | NR: \$99.00

27944 March Volleyball Grade: 2-5
Min: 6 Max: 14 W Mar 06-27
Instructor: Cristin Stahlberg 6:00PM-7:00PM
Location: Si View Community Center R: \$110.00 | NR: \$132.00

27945 March Volleyball Grade: 6-8
Min: 6 Max: 14 W Mar 06-27
Instructor: Cristin Stahlberg 7:00PM-8:00PM
Location: Si View Community Center R: \$110.00 | NR: \$132.00

27946 April Volleyball Grade: 2-5
Min: 6 Max: 14 W Apr 03-24
Instructor: Cristin Stahlberg 6:00PM-7:00PM
Location: Si View Community Center R: \$82.50 | NR: \$99.00

27947 April Volleyball Grade: 6-8
Min: 4 Max: 14 W Apr 03-24
Instructor: Cristin Stahlberg 7:00PM-8:00PM
Location: Si View Community Center R: \$82.50 | NR: \$99.00

28324 Winter Volleyball (1) Grade: 2-5
Min: 4 Max: 14 S Jan 21-Feb 11
Instructor: Cristin Stahlberg 11:30AM-1:00PM
Location: Si View Community Center R: \$110.00 | NR: \$132.00

28325 Winter Volleyball (1) Grade: 6-8
Min: 4 Max: 14 S Jan 21-Feb 11
Instructor: Cristin Stahlberg 1:15PM-2:45PM
Location: Si View Community Center R: \$110.00 | NR: \$132.00

28326 Winter Volleyball (2) Grade: 2-5
Min: 4 Max: 14 S Mar 03-31
Instructor: Cristin Stahlberg 11:30AM-1:00PM
Location: Si View Community Center R: \$110.00 | NR: \$132.00

28327 Winter Volleyball (2) Grade: 6-8
Min: 4 Max: 14 S Mar 03-31
Instructor: Cristin Stahlberg 1:15PM-2:45PM
Location: Si View Community Center R: \$110.00 | NR: \$132.00

28328 Spring Volleyball Grade: 2-5
Min: 4 Max: 14 S Apr 14-May 19
Instructor: Cristin Stahlberg 11:30AM-1:00PM
Location: Si View Community Center R: \$165.00 | NR: \$198.00

28329 Spring Volleyball Grade: 6-8
Min: 4 Max: 14 S Apr 14-May 19
Instructor: Cristin Stahlberg 1:15PM-2:45PM
Location: Si View Community Center R: \$165.00 | NR: \$198.00

Basketball Classes

Train with Kelsey Taylor, one of our most experienced basketball coaches in the Valley. These sessions will focus on basketball fundamentals such as shooting with proper form, dribbling, footwork, passing, and defense. Whether you are a beginner or an experienced player, Coach Taylor will help your youngster hone their skills and improve their technique.

27957 Spring Basketball Clinic Grade: 3-6
Min: 5 Max: 15 T Mar 19-Apr 02
Instructor: Kelsey Taylor 6:30PM-7:30PM
Location: North Bend Elementary R: \$90.00 | NR: \$108.00

27956 Spring Basketball Clinic Grade: K-2
Min: 5 Max: 15 T Mar 19-Apr 02
Instructor: Kelsey Taylor 5:30PM-6:30PM
Location: North Bend Elementary R: \$90.00 | NR: \$108.00

27955 Spring Break Basketball Camp Grade: 3-6
Min: 5 Max: 15 M,T,W,TH Apr 08-11
Instructor: Kelsey Taylor 3:30PM-6:00PM
Location: North Bend Elementary R: \$200.00 | NR: \$240.00

28332 Middle School Basketball Clinic Grade: 7-9
Min: 4 Max: 15 W Apr 24-May 29
Instructor: Kelsey Taylor 6:00PM-7:00PM
Location: North Bend Elementary R: \$135.00 | NR: \$162.00



Spring Recreational Basketball

Si View Youth Sports spring basketball league caters to every level of play for both boys and girls. Games will be on Saturdays and practices will take place on weeknights. Game and practice schedules are determined after teams are built. Teams will consist of 7-10 players. Teams could be co-ed depending on numbers of registrations. For co-ed play we work to create teams with even amount of boys and girls throughout the teams in each division. Volunteer coaches are always needed!

28343 Spring Recreational Basketball Grade: K
Min: 25 Max: 60 Apr 15-Jun 08
Instructor: Volunteer coaches Times vary
Location: Local schools R: \$100.00 | NR: \$120.00

28341 Spring Recreational Basketball Grade: 1-2
Min: 25 Max: 60 Apr 15-Jun 08
Instructor: Volunteer coaches Times vary
Location: Local schools R: \$100.00 | NR: \$120.00

28342 Spring Recreational Basketball Grade: 3-4
Min: 25 Max: 60 Apr 15-Jun 08
Instructor: Volunteer coaches Times vary
Location: Local schools R: \$100.00 | NR: \$120.00

28340 Spring Recreation Basketball Grade: 5-6
Min: 25 Max: 60 Apr 15-Jun 08
Instructor: Volunteer coaches Times vary
Location: Local schools R: \$100.00 | NR: \$120.00

Youth Sports



Cascade FC Clinic

This youth clinic is focused on instruction for player development and enjoyment of the game. The lessons help improve player's basic skills and execution as well as provide them with continued awareness of game strategies.

27953 Cascade FC Clinic Age: 5-7
Min: 6 Max: 15 M Apr 15-Jun 10
Instructor: Cascade FC 4:30PM-5:30PM
Location: Si View Park R: \$200.00 | NR: \$240.00

27954 Cascade FC Clinic Age: 8-12
Min: 6 Max: 15 M Apr 15-Jun 10
Instructor: Cascade FC 5:45PM-6:45PM
Location: Si View Park R: \$200.00 | NR: \$240.00

SVTC All Comers Track Meets

Kids, parents and family members are all invited to attend our All Comers track meets hosted by the Snoqualmie Valley Track Club. Participants may enter up to 5 events at each meet. Events include a variety of running distances and possible field events such as running long jump and turbo javelin. Please pre-register.



28334 All Comers Track Meet
Min: 8 Max: 40
Instructor: SVTC Coaches
Location: Twin Falls Middle School

Age: 3-14
SA Feb 24
11:00AM-12:30PM
R: \$12.00 | NR: \$14.40

28335 All Comers Track Meet
Min: 8 Max: 40
Instructor: SVTC Coaches
Location: Twin Falls Middle School

Age: 3-14
SA Mar 23
11:00AM-12:30PM
R: \$12.00 | NR: \$14.40

28333 All Comers Track Meet
Min: 8 Max: 40
Instructor: SVTC Coaches
Location: Twin Falls Middle School

Age: 3-14
SA Apr 13
11:00AM-12:30PM
R: \$12.00 | NR: \$14.40

28336 All Comers Track Meet
Min: 8 Max: 40
Instructor: SVTC Coaches
Location: Twin Falls Middle School

Age: 3-14
SA May 18
11:00AM-12:30PM
R: \$12.00 | NR: \$14.40



Pro Baseball

Under the direction of former professional baseball player and Atlanta Braves scout, Steve Goucher, these camps provide quality instruction in throwing, hitting, and fielding and will include game situations and scrimmaging. Camp is well suited for all players, from aspiring to elite. Sign up today!

27950 Pro Baseball No School Day Camp Age: 5-12
Min: 8 Max: 15 M Jan 22
Instructor: Steve Goucher 10:00AM-1:00PM
Location: Si View Park R: \$58.00 | NR: \$69.60

27948 Pro Baseball Mid-Winter Break Camp Age: 5-12
Min: 9 Max: 15 T,W,TH,F Feb 20-23
Instructor: Steve Goucher 10:00AM-1:00PM
Location: Si View Park R: \$188.00 | NR: \$225.60

27952 Pro Baseball Spring Break Camp Age: 5-12
Min: 9 Max: 15 M,T,W,TH Apr 08-11
Instructor: Steve Goucher 10:00AM-1:00PM
Location: Si View Park R: \$188.00 | NR: \$225.60





35323 SE Douglas ST, Snoqualmie, WA 98065

Registration: snokingicearenas.com

Email: office@snokingice.com

Phone: 425-821-7133

Sno-King Ice Arenas in Snoqualmie is proud to serve the Snoqualmie Valley community with a state of the art, NHL size twin sheet ice sports and recreation facility. We offer a variety of seasonal and year-round ice skating and hockey programs for all skills levels and ages. Start your skating journey with us today!



Tots 1

Ages 4-5. The Tots beginner ice skating class introduces basic moves to young children and is designed to keep little ones engaged and excited about skating! This class will develop preliminary coordination and strength to move around on the ice. Price \$39 per class. Skate rentals included. No classes are scheduled for 2/17, 2/19, 2/21, 2/22.

Day	Start Date	End Date	Time	Classes
Mon	January 8	March 25	5:45-6:20pm	11
Wed	January 3	March 27	5:45-6:20pm	12
Thu	January 4	March 28	5:45-6:20pm	12
Sat	January 6	March 30	10:30-11:05am	11
Sat	January 6	March 30	11:15-11:50am	11

Family Learn to Skate

Ages 3-5 and one parent/guardian. Learn together on the ice! This flexible and fun environment allows one guardian and one child to learn basic skills together through games and activities. This format is perfect for our youngest skaters who may not be ready for individual or group lessons. Pricing is \$58 per class for 2 skaters. Skates rentals are included. No class 2/17.

Day	Start Date	End Date	Time	Classes
Sat	January 6	March 30	12:00-12:35pm	11

Youth Basic 1

Ages 6-16. The Basic Skills curriculum is for skaters who are taking their first steps on the ice. Instructors use engaging activities to teach the FUNDamentals of ice skating. The six progressive levels introduce forward and backward skating, stops, edges, crossovers and turns with agility, balance, coordination and speed as main focuses. Price \$39 per class. Skate rentals included. No classes are scheduled for 2/17, 2/19, 2/21, 2/22.

Day	Start Date	End Date	Time	Classes
Mon	January 8	March 25	5:45-6:20pm	11
Mon	January 8	March 25	6:25-7:00pm	11
Wed	January 3	March 27	5:45-6:20pm	12
Wed	January 3	March 27	6:25-7:00pm	12
Thu	January 4	March 28	5:45-6:20pm	12
Thu	January 4	March 28	6:25-7:00pm	12
Sat	January 6	March 30	10:30-11:05am	11
Sat	January 6	March 30	11:15-11:50am	11
Sat	January 6	March 30	12:00-12:35pm	11

Adult Basics

Ages 17+. The adult basic skills curriculum is designed for beginner skaters who wish to learn to skate. Participation in the program will help promote physical fitness and improve balance and coordination while teaching proper skating techniques. Price \$39 per class. Skate rentals included. No classes are scheduled for 2/17, 2/19, 2/21, 2/22.

Day	Start Date	End Date	Time	Classes
Wed	January 3	March 27	5:45-6:20pm	12
Mon	January 8	March 25	6:25-7:00pm	11
Thu	January 4	March 28	6:25-7:00pm	12
Sat	January 6	March 30	10:30-11:05am	11

Public Skating

Sno-King Ice Arena offers year-round public skating sessions weekdays and weekends so grab your friends and family members and come in for some fun! All ages and skating levels, from beginner to advanced, are welcome. If you don't own a pair of skates, we offer skate rentals. *Times are subject to change. Advanced registration is highly recommended.

Days	Times	Cost
Monday to Thursday	12:45-2:15pm	\$6 Ages 5 & under includes skate rental
Fridays	1:00-3:00pm, 7:00-8:45pm	\$14 Ages 6 and up admission only
Saturdays	3:30-5:00pm, 5:15-6:30pm	\$5 Skate rental
Sundays	12:45-2:15pm, 2:30-3:45pm	*Prices apply only if pre-registered for session.

Parties & Group Events

Lace up your skates and let's celebrate! Whether you're planning a small birthday celebration with some close friends or a large party, we are happy to bring your special occasions to life with an ice skating party. Parties include 1 hour party room rental, public skate admission, skate rental. Party packages start at \$300.

Party Day	Party Scheduling Range	Party Package Options
Saturdays	2:15-7:30pm	Cascade, Olympic, Rainier
Sundays	11:30-4:45pm	Cascade, Olympic, Rainier



Try Hockey FREE

Ages 4-17. These events provide a free opportunity to experience playing hockey for the first time. Coaches will be on the ice to assist participants in learning the basics. Kids do not need any previous skating or hockey experience. Skate rentals are included. Helmets are required (e.g. bike, ski). Gloves are recommended. *Advanced registration is required.

Day	Date	Time	Cost
Sat	February 24	5:25-6:25pm	FREE

Learn to Hockey Skate

Ages 4-17. This class is a group skating curriculum designed to teach the basics of skating to prepare kids to transition into our Learn to Play program. Skaters progress at their own rate and advance to the next level after skill mastery is demonstrated. Weekly classes are a combination of skill acquisition and practice sessions. \$39 per class. Skate rentals included. No classes are scheduled for 12/24, 12/31, 1/14, 2/18, 2/19, 2/21.

Day	Start Date	End Date	Time	Classes
Sun	Dec 3	March 3	10:15-11:00am	10
Mon	January 8	March 25	10:30-11:00am	11
Mon	January 8	March 25	6:25-7:00pm	11
Wed	January 3	March 27	6:25-7:00pm	12

Adult Learn to Play 1

Ages 18+. This class is for adults who have never played hockey before or for those who have very little experience. Each week participants will progress on the basics of the forward and backward skating stride, stopping, puck control, passing and shooting. Prerequisites: No skating or hockey experience required. Skates and equipment are not included. \$35 per class. *March 3 class hours 6:30-7:30pm. No class 2/18.

Day	Start Date	End Date	Time	Classes
Sun	January 7	March 3	5:45-6:45pm*	8



Outdoor Recreation

Disc Golf at South Fork Landing

Our new community park, South Fork Landing in North Bend, has a public 18-hole disc golf course. It uses a variety of terrain around the pond and mature evergreen trees, making it a perfect outing for all ages and skill levels. If you are new to disc golf, give the game a try, it's easy to learn and a great lifetime fitness sport. The course at South Fork Landing is open year-round. Learn more about the game and upcoming classes on our website www.siviewpark.org/disc-golf.phtml.

Check our website for early Spring agricultural programs at Tollgate Farm!



Teen Hikes

Teen Outdoor Adventure Days are back! Join us on early release Fridays as we explore local trails in the surrounding area. **Transportation will be provided from Twin Falls Middle School.** We will hike easy to moderate trails while making new friends and building leadership and outdoor skills. Come learn trail etiquette, leave no trace principles, and basic safety skills for hiking and recreating outdoors. Schedule may change due to weather.

Bullitt Fireplace Trail Grade: 6-8
Min: 4 Max: 10 F Mar 29
Instructor: Zach Todd 1:00PM-6:30PM
Location: Si View Community Center R: \$55.00 | NR: \$66.00

Issaquah Swamp & Bus Trail Grade: 6-8
Min: 4 Max: 10 F Apr 5
Instructor: Zach Todd 1:00PM-6:30PM
Location: Si View Community Center R: \$55.00 | NR: \$66.00

Fun at the North Bend Pump Track

Calling all kiddos on balance bikes! Learn some tips and tricks to have more fun and more confidence at the pump track. Build foundational skills that will carry over to eventual progression on a pedal bike. Have fun with other kiddos in this 3-week class. Parents are required to attend with their child. Ages 2-5.

Fun at the North Bend Pump Track Age: 2-5
Min: 4 Max: 8 T April 02-16
Instructor: Evergreen MTB 3:30PM-4:30PM
Location: North Bend Pump Track R: \$120.00 | NE: \$144.00



Homeschool Day Hikes

Is your student looking to expand their knowledge and experience with the outdoors? Come join us as we explore local trails in the surrounding area. We will hike easy to moderate trails while making new friends and building leadership and outdoor skills. Come learn trail etiquette, leave no trace principles, and basic safety skills for hiking and recreating outdoors. Lead by Wilderness First Aid certified staff. Schedule may change due to weather.

28296 Tiger Mtn. NW Timber Trail Grade: 6-9
Min: 4 Max: 10 F Mar 22
Instructor: Zach Todd 2:00PM-6:30PM
Location: Si View Park R: \$45.00 | NR: \$54.00

28297 Denny Creek Grade: 6-9
Min: 4 Max: 10 F Apr 26
Instructor: Zach Todd 2:00PM-6:30PM
Location: Si View Park R: \$45.00 | NR: \$54.00

No School Day Hikes

No school, no problem! Join us on no-school days as we look to get outside and explore our extended backyard! We will hike easy to moderate trails while making new friends and building leadership and outdoor skills. Come learn trail etiquette, leave no trace principles, and basic safety skills for hiking and recreating outdoors. Schedule may change due to weather.

28311 Squak Mtn. South Access Grade: 6-9
Min: 4 Max: 10 F Apr 12
Instructor: Zach Todd 9:00AM-3:00PM
Location: Si View Park R: \$55.00 | NR: \$66.00

Si View Walking Club

Si View is excited to continue getting out and stepping with the Si View Walking Club! Walks will take place at various parks and trails throughout North Bend. Participants will have the opportunity to socialize while getting their steps in! Walks will be a blend of Si View staff lead and self lead. Register for email updates on routes and meeting locations.

28255 Si View Winter Walking Club Age: Adults
Min: 1 Max: 99 T Feb 13-Apr 30
Instructor: NA 11:30AM-12:30PM
Location: Varies Free



Stroller Striders

Calling all new parents! It is time to get outside and get moving! Time to lace up your walking shoes and get striding with your little ones. This new walking group aims to bring together parents to socialize, encourage new friendships, and be active with their stroller bound children. Join Si View on these Stroller friendly walks as we explore the beautiful parks and trail system right here in North Bend. Walks will happen every other Wednesday. Register for email updates on routes and meeting locations.

28256 Stroller Striders Age: Adults
Min: 2 Max: 45 W Feb 14-Apr 24
Instructor: NA 11:30AM-12:30PM
Location: Varies Free

Martial Arts



Mt Si School of Karate

Welcome to our martial arts training for youth and adults! We believe and teach the concept that our students need to be well-rounded, educated, competent individuals. We believe that encouragement works better than threats in motivating students to work harder and to push themselves through mental plateaus encountered in their training. We are systematic in acknowledging our students' achievements, whether in the martial arts or in their outside lives. Life skills are incorporated to our curriculum throughout the year, for application at home, in school, and in their martial arts training including:

All students will need a karate uniform. Uniforms can be purchased from the instructor; cost is \$40, payable to the instructor in cash or check. Students have opportunities for belt testing in the Fall and Spring. Tournaments are held several times a year, participation is optional.

Our classes are open to students ages 6 to adult, and all skill levels. This class structure allows families to train together, and a supportive setting where younger students gain knowledge from older, more experienced students. Group size is limited to 12 students per class.



Winter Class Schedule

Winter session runs from January 2 to April 30. Students can register for classes on a month-to-month basis or for a full 4-month semester. Month to month registration and payment is required by the first day of each new month to stay active in the program. 4-month enrollment registration and payment for the Winter session of January-April is due by January 16. The 4-month rate includes a 20% discount. No classes are scheduled for Jan 15, Feb 19.

Monthly Tuition

Due by 1st day of each month R \$132.00 | NR \$158.40

4-Month Enrollment

Due by January 16 R \$422.40 | NR \$506.88

Class Options

We offer several options to meet the needs of families. It is important that students attend the days and times that they are registered for. This Winter you can choose from several options:

Mon & Wed	4:30PM-5:30PM
Mon & Wed	5:45PM-6:45PM
Mon & Wed	7:00PM-8:00PM
Tue & Thu	4:30PM-5:30PM
Tue & Thu	5:45PM-6:45PM
Tue & Thu	7:00PM-8:00PM
Sat	9:00AM-11:00AM

Class Communications

Mt Si School of Karate shares information through Si View Metro Parks email system. Please make sure your email is set to accept messages from siviewpark.org and Dashplatform.com to ensure notices are not going to junk mail. We also ask that you check in with Si View staff when you arrive to class at the beginning of each month to confirm your registration status and communication preferences.



"Sensei Michael is amazing with the kids, he has the right mixture of kindness, understanding and discipline. He focuses on the kids as a whole and has a class instead of just on the moves - he really understands the individuals in the classes."

"I like the accessibility of the program. I like the flexibility of the people - in the class and at Si View. I like that it feels like family."

Adult Programs

Open Gym

Drop-in Activities

Please note open gym schedule is subject to change during league play and special events programming. Joining open-gym sessions is easy. You can either pay a single day drop-in rate at the time of check-in, or pre-purchase a 10-visit pass that is valid for all open gym sports at Si View Community Center. Passes are valid for one year from the date of purchase.

Pickleball Open Gym

Come have fun with friends and fellow community members playing pickleball. Open gym times allow attendees to freely play games and compete with others onsite. This is self-organized activity. 3 courts are available to maximize your opportunity to play each day.

Basketball Open Gym

Open gym basketball is a time for pick-up games with other community members on site. This is a self-organized activity where attendees coordinate games and include all attendees in rotations. Si View Gym can be set up for full court play or half court play.

Winter Open Gym Schedule

Winter 2024 Open Gym Schedule January 2-April 30

Monday.....Pickleball	12:00PM-3:00PM.....	3 courts
Monday.....Basketball	8:30PM-9:45PM.....	Full court
Tuesday.....Pickleball	12:30PM-3:00PM.....	3 courts
Wednesday..Pickleball	1:15PM-3:30PM.....	3 courts
Thursday.....Pickleball	8:15PM-9:45PM.....	3 courts
Friday.....Pickleball	9:00AM-11:30AM.....	3 courts
Saturday.....Basketball	9:00AM-10:00AM.....	Full court

Open Gym Rates

Drop-in, valid for pickleball or basketball

Adults	\$5
Youth/Senior	\$4

10-visit punch pass, valid for 12 months from date of purchase

Adults (18-54)	R: \$40.00 NR: \$48.00
Seniors (55+)	R: \$32.00 NR: \$38.40



The Basics of Consumer Insurance

This 4-part course provides the participant with a complete understanding of all personal insurance contracts, as well as an objective toolkit allowing informed shopping decision making. Will benefit anyone who desires a deeper understanding of a very broad topic matter. Topics covered include Home/Renters, Auto, Umbrella & Life. No Class 2/21.

The Basic of Consumer Insurance	Age: 16+
Min: 1 Max: 18	W Feb 07-Apr 03
Instructor: Brian Kearney	6:30PM-7:15PM
Location: Si View Community Center	R: \$45.00 NR: \$54.00

Ballet

Explore the art of Ballet in this class for new or beginning students! Develop an understanding of terminology, alignment, balance, and artistry through barre, center and traveling exercises. A fun and non-competitive way to immerse yourself in the beauty of dance. Wear comfortable clothes and ballet slippers or socks.

28028 Beginning Adult Ballet	Age: 16+
Min: 3 Max: 10	W Jan 10-31
Instructor: Cris Coffing	12:00PM-1:00PM
Location: Si View Community Center	R: \$56.00 NR: \$67.20

28029 Beginning Adult Ballet	Age: 16+
Min: 3 Max: 10	W Feb 07-28
Instructor: Cris Coffing	12:00PM-1:00PM
Location: Si View Community Center	R: \$56.00 NR: \$67.20

28279 Beginning Adult Ballet	Age: 16+
Min: 3 Max: 10	W Mar 06-27
Instructor: Cris Coffing	12:00PM-1:00PM
Location: Si View Community Center	R: \$56.00 NR: \$67.20

28280 Beginning Adult Ballet	Age: 16+
Min: 3 Max: 10	W Apr 03-24
Instructor: Cris Coffing	12:00PM-1:00PM
Location: Si View Community Center	R: \$56.00 NR: \$67.20

Intro/Beginner Tap

Come join the fun in adult tap and let yourself go in this beginning class welcome to all ages. Learn the basic steps and rhythm, travelling steps and shuffles. Wear comfortable clothing and bring your tap shoes.

28285 Intro/Beginner Adult Tap	Age: 16+
Min: 3 Max: 10	W Jan 10-31
Instructor: Cris Coffing	1:15PM-2:00PM
Location: Si View Community Center	R: \$48.00 NR: \$57.60

28286 Intro/Beginner Adult Tap	Age: 16+
Min: 3 Max: 10	W Feb 07-28
Instructor: Cris Coffing	1:15PM-2:00PM
Location: Si View Community Center	R: \$48.00 NR: \$57.60

28287 Intro/Beginner Adult Tap	Age: 16+
Min: 3 Max: 10	W Mar 06-27
Instructor: Cris Coffing	1:15PM-2:00PM
Location: Si View Community Center	R: \$48.00 NR: \$57.60

28288 Intro/Beginner Adult Tap	Age: 16+
Min: 3 Max: 10	W Apr 03-24
Instructor: Cris Coffing	1:15PM-2:00PM
Location: Si View Community Center	R: \$48.00 NR: \$57.60

Intermediate/Advance Tap

Come join the fun in adult tap and let yourself go in this intermediate class welcome to all ages. Learn the basic steps and rhythm, travelling steps and shuffles. Wear comfortable clothing and bring your tap shoes.

28024 Intermediate/Advance Adult Tap	Age: 16+
Min: 3 Max: 10	T Jan 09-30
Instructor: Cris Coffing	1:00PM-1:45PM
Location: Si View Community Center	R: \$48.00 NR: \$57.60

28025 Intermediate/Advance Adult Tap	Age: 16+
Min: 3 Max: 10	T Feb 06-27
Instructor: Cris Coffing	1:00PM-1:45PM
Location: Si View Community Center	R: \$48.00 NR: \$57.60

28026 Intermediate/Advance Adult Tap	Age: 16+
Min: 3 Max: 10	T Mar 05-26
Instructor: Cris Coffing	1:00PM-1:45PM
Location: Si View Community Center	R: \$48.00 NR: \$57.60

28027 Intermediate/Advance Adult Tap	Age: 16+
Min: 4 Max: 10	T Apr 02-30
Instructor: Cris Coffing	1:00PM-1:45PM
Location: Si View Community Center	R: \$60.00 NR: \$72.00



Line Dance

You don't need a partner or any previous experience to have a great time line dancing! Learn 1-2 new dances to current country and pop hits each week, with time for practice and review. Whether you want to wow people on the dance floor or are looking for a fun way to burn some calories, this class is for you! Cowboy/girl boots are encouraged, but any leather soled shoe will work! This class accepts daily sign ups, if the course has not sold out. Cost for single class visit is \$12 R | \$14.40 NR, payable at the time of check-in. No class Feb 14.

28281 Adult Line Dance	Age: 18+
Min: 6 Max: 24	W Jan 10-31
Instructor: Amanda Johnson	8:00PM-9:00PM
Location: Si View Community Center	R: \$40.00 NR: \$48.00

28282 Adult Line Dance	Age: 18+
Min: 6 Max: 24	W Feb 07-28
Instructor: Amanda Johnson	8:00PM-9:00PM
Location: Si View Community Center	R: \$30.00 NR: \$36.00

28283 Adult Line Dance	Age: 18+
Min: 6 Max: 24	W Mar 06-27
Instructor: Amanda Johnson	8:00PM-9:00PM
Location: Si View Community Center	R: \$40.00 NR: \$48.00

28284 Adult Line Dance	Age: 18+
Min: 6 Max: 24	W Apr 03-24
Instructor: Amanda Johnson	8:00PM-9:00PM
Location: Si View Community Center	R: \$40.00 NR: \$48.00

Ballroom Dance

Want to learn to dance? For weddings, cruises, taverns/clubs, or parties? Or, heard that learning to dance is good for your body, your brain, and your spirit? We have options! Learn slow partner dancing with Foxtrot and Waltz basics, where partners are recommended but not required. Join Line Dance (solo) to exercise to fun music while learning the dance steps and movement. Goals if each class is to have fun and learn basics in a safe not-critical environment. Each class is 45 minutes long. Non-sticky-soled shoes and casual dress recommended.

28023 Cha Cha	Age: 16+
Min: 6 Max: 20	TH Feb 01-22
Instructor: John Gibson	11:00AM-11:45AM
Location: Si View Community Center	R: \$48.00 NR: \$57.60

28022 Latin! Salsa	Age: 16+
Min: 6 Max: 20	TH Jan 04-25
Instructor: John Gibson	11:00AM-11:45AM
Location: Si View Community Center	R: \$48.00 NR: \$57.60

Adult Sports

Adult Cornhole League

Grab your friends, family, neighbors and join us at Si View Community Center for our 8-week long indoor Cornhole League. Only one person per team needs to sign up and pay the team fee. We will play games based on ACL rules and regulation, but most importantly have fun! For more questions please reach out to Tyler Burnett at tburnett@siviewpark.org.

28362 Adult Cornhole League Age: 18+
Min: 8 Max: 12 F Jan 26-Mar 29
Instructor: NA 6:30PM-8:00PM
Location: Si View Community Center R: \$50.00 | NR: \$60.00

Si View Pickleball League

Come join us for our indoor Winter Pickleball League! The season includes seven regular season games and a chance to make the playoffs. Our league is self-officiated with rules provided by Si View. Captains register their team, we do not register individual players. Single players may contact Tyler Burnett at tburnett@siviewpark.org about potential league placement. No guarantee placement for singles.

28015 Recreational Pickleball League Age: 18+
Min: 8 Max: 24 M Jan 08-Mar 04
Instructor: NA 5:00PM-8:00PM
Location: Si View Community Center R: \$100.00 | NR: \$120.00

28014 Competitive Pickleball League Age: 18+
Min: 8 Max: 24 M Mar 11-Apr 29
Instructor: NA 5:00PM-8:00PM
Location: Si View Community Center R: \$100.00 | NR: \$120.00

Round Robin Pickleball Tournament

New this Winter: Si View Round Robin Pickleball Tournament. A lot like the Festival at Mt. Si, join us for a day filled with fast-paced action and friendly competition. The Round Robin Tournament will feature a fun and engaging format that guarantees plenty of games and opportunities to showcase your talents. It is a doubles tournament. One registration per team. Sign up today!

28016 Round Robin Tournament Age: 18+
Min: 8 Max: 12 SA Mar 02
Instructor: NA 12:30PM-5:00PM
Location: Si View Community Center R: \$25.00 | NR: \$30.00

Intro to Pickleball - Beginners Class

Are you interested in learning to play pickleball? Have you played a few times but want to learn more? In this course you will learn the basic rules, terminology, primary skills, and basic strategy. The focus will be on doubles play. There will be a friendly round robin tournament on the last day of class. Paddles, balls, and nets will be provided.

28358 Intro to Pickleball - Beginners Class (1) Age: 16+
Min: 8 Max: 12 T Jan 09-Feb 16
Instructor: Arnie Liati 9:00AM-10:30AM
Location: Si View Community Center R: \$90.00 | NR: \$108.00

28359 Intro to Pickleball - Beginners Class (2) Age: 16+
Min: 8 Max: 12 T Feb 27-Apr 09
Instructor: Arnie Liati 9:00AM-10:30AM
Location: Si View Community Center R: \$90.00 | NR: \$108.00

Pickleball Skills and Drills - Intermediate

Do you enjoy pickleball but want to improve and be more competitive? This course will cover proper technique, skills, and strategy for doubles play. The focus will be on drills to improve technique and shot selection. This course is not for first time players. There will be a friendly round robin tournament on the last day of class. Paddles, balls, and nets will be provided.

28360 Pickleball Skills and Drills - Intermediate (1) Age: 16+
Min: 8 Max: 12 TH Jan 11-Feb 15
Instructor: Arnie Liati 9:00AM-10:30AM
Location: Si View Community Center R: \$90.00 | NR: \$108.00

28361 Pickleball Skills and Drills - Intermediate (2) Age: 16+
Min: 8 Max: 12 TH Feb 29-Apr 11
Instructor: Arnie Liati 9:00AM-10:30AM
Location: Si View Community Center R: \$90.00 | NR: \$108.00

Intro to Pickleball - 3 Hour Clinic

Interested in learning to play pickleball, the fastest growing sport in the country? Join this 3-hour clinic to learn all of the basics you'll need to play. We'll cover pickleball rules and court positioning, and practice basic paddle strokes (dink, volley, serve, return). You'll leave with confidence to start playing pickleball. This clinic is designed for brand new players. Taught by PPR certified pickleball coach Chris Fagan and her husband Marty Fagan. Learn more at chrisfagan.net/pickleball.

28344 Intro to Pickleball - 3 Hour Clinic (1) Age: 16+
Min: 4 Max: 12 SA Jan 13
Instructor: Chris Fagan 1:00PM-4:00PM
Location: Si View Community Center R: \$35.00 | NR: \$42.00

28346 Intro to Pickleball - 3 Hour Clinic (2) Age: 16+
Min: 4 Max: 12 SA Feb 10
Instructor: Chris Fagan 1:00PM-4:00PM
Location: Si View Community Center R: \$35.00 | NR: \$42.00

28348 Intro to Pickleball - 3 Hour Clinic (3) Age: 16+
Min: 4 Max: 12 SA Mar 23
Instructor: Chris Fagan 1:00PM-4:00PM
Location: Si View Community Center R: \$35.00 | NR: \$42.00

Intermediate Pickleball Strategies and Games

Join this 3-hour clinic to practice advanced skills to take your game to the next level. You'll spend 1.5 hours practicing shot selection, placement, positioning and game scenarios. During the last 1.5 hours, you'll play competitive games to implement what you learned. This clinic is designed for people who play at an intermediate level (3.0 - 3.49). Limited to 12 people with a low 6:1 student to coach ratio. Taught by PPR certified pickleball coaches Chris Fagan and her husband Marty Fagan. Learn more at chrisfagan.net/pickleball.

Intermediate Pickleball Strategies and Games (1) Age: 16+
Min: 4 Max: 12 SA Jan 27
Instructor: Chris Fagan 1:00PM-4:00PM
Location: Si View Community Center R: \$35.00 | NR: \$42.00

Intermediate Pickleball Strategies and Games (2) Age: 16+
Min: 4 Max: 12 SA Feb 24
Instructor: Chris Fagan 1:00PM-4:00PM
Location: Si View Community Center R: \$35.00 | NR: \$42.00

Intermediate Pickleball Strategies and Games (3) Age: 16+
Min: 4 Max: 12 SA March 30
Instructor: Chris Fagan 1:00PM-4:00PM
Location: Si View Community Center R: \$35.00 | NR: \$42.00

Pickleball Skills - Up Your Game!

Are you an advanced beginner to intermediate pickleball player who wants to improve your skills? Join this clinic to up your game. We use fun and effective drills, live ball scenarios, and mini-games to help each player improve. Taught by PPR certified pickleball coach Chris Fagan and her husband Marty Fagan. Learn more at chrisfagan.net/pickleball. Skills and drills include Dinking (form, strategy) and volleys (punch volley, block volley). Third shot drop, third shot drive, and approaching the kitchen. Serve and return technique and strategies. Lob and overhead technique and strategies. Advanced offensive and defensive play.

28350 Pickleball Skills - Up Your Game! (1) Age: 16-75
Min: 4 Max: 12 W Jan 03-31
Instructor: Chris Fagan 11:30AM-1:00PM
Location: Si View Community Center R: \$75.00 | NR: \$90.00

28351 Pickleball Skills - Up Your Game! (2) Age: 16-75
Min: 4 Max: 12 F Jan 05-Feb 09
Instructor: Chris Fagan 5:30PM-7:00PM
Location: Si View Community Center R: \$75.00 | NR: \$90.00

28352 Pickleball Skills - Up Your Game! (3) Age: 16-75
Min: 4 Max: 12 W Feb 07-Mar 06
Instructor: Chris Fagan 11:30AM-1:00PM
Location: Si View Community Center R: \$75.00 | NR: \$90.00

28353 Pickleball Skills - Up Your Game! (4) Age: 16-75
Min: 4 Max: 12 F Feb 16-Mar 15
Instructor: Chris Fagan 5:30PM-7:00PM
Location: Si View Community Center R: \$60.00 | NR: \$72.00

28354 Pickleball Skills - Up Your Game! (5) Age: 16-75
Min: 4 Max: 12 W Mar 13-Apr 10
Instructor: Chris Fagan 11:30AM-1:00PM
Location: Si View Community Center R: \$75.00 | NR: \$90.00

28355 Pickleball Skills - Up Your Game! (6) Age: 16-75
Min: 4 Max: 12 F Mar 29-Apr 26 No 4/12
Instructor: Chris Fagan 5:30PM-7:00PM
Location: Si View Community Center R: \$60.00 | NR: \$72.00



Adult Fitness



Paddleboard Yoga and Fitness

Come build your SUP foundation in a warm, calm, safe pool environment before it's time to go outside on the lake, river or ocean. We will cover entering an exiting the water safely fundamentals of fitness on a stand up Paddleboard. No SUP experience required. Dress for a HOT yoga class. Paddle Board equipment is provided by instructor.

28012 Paddleboard Yoga and Fitness Age: 18+
Min: 6 Max: 10 S Jan 14-28
Instructor: Lindsay Lambert 4:00PM-5:00PM
Location: Si View Pool R: \$90.00 | NR: \$108.00

28013 Paddleboard Yoga and Fitness Age: 18+
Min: 6 Max: 10 S Mar 03-17
Instructor: Lindsay Lambert 4:00PM-5:00PM
Location: Si View Pool R: \$90.00 | NR: \$108.00

28038 Paddleboard Yoga and Fitness Age: 18+
Min: 6 Max: 10 S Apr 14-28
Instructor: Lindsay Lambert 4:00PM-5:00PM
Location: Si View Pool R: \$90.00 | NR: \$108.00

Hips, Core, and Pelvic Floor

Are jumping jacks your arch nemesis after childbirth? Do you feel like you never really figured out how to use your core well after kids? Come to this course to learn how to optimize your pelvic health and re-learn how to use your core, all while getting a good workout! Each session will have an educational component directed at pelvic floor health (which includes core function!) as well as a workout focused on making gains in the hips, core, and pelvic floor. Exercises will draw from yoga, barre, and HIIT-type movements as well as gradually progressive impact. *This course is appropriate for 10 weeks to many years postpartum. Please bring your own yoga mat.

28290 Hips, Core, and Pelvic Floor (1) Age: 18-75
Min: 3 Max: 15 W Jan 10-Feb 14
Instructor: Linsey McLennan 4:30PM-5:30PM
Location: Meadowbrook Farm R: \$120.00 | NR: \$144.00

28291 Hips, Core, and Pelvic Floor (2) Age: 18-75
Min: 3 Max: 15 W Feb 28-Apr 03
Instructor: Linsey McLennan 4:30PM-5:30PM
Location: Meadowbrook Farm R: \$120.00 | NR: \$144.00

Yoga for Chronic Low Back Pain

This is a new 4-week series to introduce yoga for low back pain to those suffering from unspecific chronic back pain. If you have been to the doctor, tried PT, worked with pain medication, but still having a tough time getting a handle on your back pain, this is the series for you. This course is designed for individuals with or without experience practicing yoga. All levels and abilities are welcome. Options/modifications will be made available for everyone in the series.

28298 Yoga for Chronic Low Back Pain (1) Age: 18+
Min: 4 Max: 8 M Jan 22-Feb 12
Instructor: Danielle Sack 9:45AM-10:45AM
Location: Meadowbrook Farm R: \$145.00 | NR: \$174.00

28299 Yoga for Chronic Low Back Pain (2) Age: 18+
Min: 4 Max: 8 M Mar 04-Mar 25
Instructor: Danielle Sack 9:45AM-10:45AM
Location: Meadowbrook Farm R: \$145.00 | NR: \$174.00

Tai Qi and Qi Gong

Tai Qi and Qi Gong are mind-body forms of movement originally derived from Chinese Martial Arts and are related to the Meridians and points used in Chinese Medicine. They are practiced for flexibility, grounding, increased strength and balance, coordination, more mindful breathing, and enhanced energy flow. The Qi Gong includes many movements based on The Animals which are delightful as they train the body and imagination. All of the movements will be standing and can be modified according to the needs of each individual. These forms are famous for cultivating a fluidity of movement that grows out of increasing our core strength.

28363 Tai Qi and Qi Gong (1) Age: 18+
Min: 2 Max: 15 W Jan 03-31
Instructor: Bonnie Lawlor 10:00AM-11:00AM
Location: Si View Community Center R: \$45.00 | NR: \$54.00

28364 Tai Qi and Qi Gong (2) Age: 18+
Min: 2 Max: 15 W Mar 13-Apr 24
Instructor: Bonnie Lawlor 10:00AM-11:00AM
Location: Si View Community Center R: \$54.00 | NR: \$64.80

Gong Yoga Nidra

Yoga Nidra is the practice of Yogic Sleep, although participants are encouraged to remain awake and aware to receive the full benefits of the practice. Yoga Nidra participants are invited to immerse themselves into a deep state of relaxation and meditation while relaxing on their back on yoga mats. Participants can bring a water bottle with closed lid, blankets, yoga props and pillows to keep the body comfortably still. Gong Yoga Nidra can help assist with heightened awareness, relaxation, accelerating healing and therapeutic change within all levels of the physical body, energy body, emotional body, knowledge body and bliss body.

28309 Gong Yoga Nidra Age: 18+
Min: 4 Max: 10 T Jan 09-30
Instructor: Aimee Arendsee 2:00PM-3:00PM
Location: Meadowbrook Farm R: \$80.00 | NR: \$96.00

28310 Gong Yoga Nidra Age: 18+
Min: 4 Max: 10 T Feb 06-27
Instructor: Aimee Arendsee 2:00PM-3:00PM
Location: Meadowbrook Farm R: \$80.00 | NR: \$96.00

28312 Gong Yoga Nidra Age: 18+
Min: 4 Max: 10 T Mar 05-26
Instructor: Aimee Arendsee 2:00PM-3:00PM
Location: Meadowbrook Farm R: \$80.00 | NR: \$96.00

28313 Gong Yoga Nidra Age: 18+
Min: 4 Max: 10 T Apr 02-30
Instructor: Aimee Arendsee 2:00PM-3:00PM
Location: Meadowbrook Farm R: \$100.00 | NR: \$120.00

Fitmates

Are you game for a challenge? Come workout with the Fitmates group! We will be torching calories, toning muscles, and building endurance; all in an energetic setting with a challenge by choice approach. Fitmates will keep you motivated and coming back for more!

Fitmates Age: 18+
Min: 3 Max: 10 T/TH Jan 02-Apr 30
Instructor: Michael Gaudio 6:00PM-7:00PM
Location: Si View Community Center R: \$67.50 | NR: \$92.00
10 punch passes, valid for 6 months

Winter Sound Healing Sessions

Make way in your life for transformation through the healing power of sound while surrounded by the beautiful forests and meadows of Meadowbrook Farm Preserve. Relax into deep meditation through the sounds of crystal singing bowls, planetary tuned gongs, ocean drums, Koshi chimes and more. Please bring a water bottle, yoga mat/sleeping pad, blanket and pillow (if desired). Sound healing can aid in bringing your mind, body and spirit into vibrational energetic balance. It has been shown to reduce stress, anxiety, depression and blood pressure while creating a deeper state of relaxation and meditation. It cleanses and balances the chakras and promotes mental and emotional balance. Studies have shown sound healing also stimulates and balances the immune, glandular, and nervous systems.

28301 Winter Sound Healing Age: 18+
Min: 2 Max: 10 T Choose a session
Instructor: Aimee Arendsee 6:30PM-7:45PM
Location: Meadowbrook Farm R: \$30.00 | NR: \$36.00

Session (1) January 9
Session (2) January 30
Session (3) February 27
Session (4) March 12
Session (5) March 26
Session (6) April 9
Session (7) April 23

Ashtanga Yoga

Ashtanga Yoga, the "Eight Limbs of Yoga" is a slow flow, meditative physical practice (3rd limb) infused with breath work (4th limb), yoga philosophy (limbs 1 and 2) and the various levels of meditation (limbs 5-8).

Yoga is a way of life which complements your belief system whether you are atheist, agnostic, spiritual or religious. The goals of this practice are to feel more relaxed and centered, flexible and strong and better able to take on all that your life entails. Practicing yoga together builds a strong support system and sense of belonging. The class levels are adapted to suit your experience with yoga, general health and conditioning. The instructor is happy to assist you with deciding on the particular practice to join.

Yoga mat required; other props recommended but not necessary.

Instructor: Judy Baldwin Age: 18+
Location: Meadowbrook Farm Min: 4 Max: 15

Ashtanga Yoga Class Schedule

Class	Day	Dates	Time	Cost R/ NR
Gentle yoga	M	Jan 08-29	4:30PM-5:30PM	\$40/\$48
Gentle yoga	M	Feb 05-26	4:30PM-5:30PM	\$40/\$48
Gentle yoga	M	Mar 04-25	4:30PM-5:30PM	\$40/\$48
Gentle yoga	M	Apr 01-29	4:30PM-5:30PM	\$50/\$60
Beginner yoga	M	Jan 08-29	6:00PM-7:00PM	\$40/\$48
Beginner yoga	M	Feb 05-26	6:00PM-7:00PM	\$40/\$48
Beginner yoga	M	Mar 04-25	6:00PM-7:00PM	\$40/\$48
Beginner yoga	M	Apr 01-29	6:00PM-7:00PM	\$50/\$60
All level yoga	M	Jan 08-29	7:15PM-8:15PM	\$40/\$48
All level yoga	M	Feb 05-26	7:15PM-8:15PM	\$40/\$48
All level yoga	M	Mar 04-25	7:15PM-8:15PM	\$40/\$48
All level yoga	M	Apr 01-29	7:15PM-9:15PM	\$50/\$60
Mat/Chair yoga	TH	Jan 04-25	4:30PM-5:30PM	\$40/\$48
Mat/Chair yoga	TH	Feb 01-29	4:30PM-5:30PM	\$50/\$60
Mat/Chair yoga	TH	Mar 07-28	4:30PM-5:30PM	\$40/\$48
Mat/Chair yoga	TH	Apr 04-25	4:30PM-5:30PM	\$40/\$48
Intermediate	TH	Jan 04-25	6:00PM-7:00PM	\$40/\$48
Intermediate	TH	Feb 01-29	6:00PM-7:00PM	\$50/\$60
Intermediate	TH	Mar 07-28	6:00PM-7:00PM	\$40/\$48
Intermediate	TH	Apr 04-25	6:00PM-7:00PM	\$40/\$48

Specialized Recreation

We are pleased to offer Specialized Recreation programs for community members with disabilities. Our goal is to provide an inclusive environment for specialized programming, and we encourage participation from all. Parents & caregivers are welcome to join at no cost. For more information about our specialized recreation program, please contact Zach Todd at 425-831-1900.

Specialized Recreation Winter Series

Come join us for fun activities this winter. Each week includes a different activity. See schedule below.

Winter Series Age: 18+
Min: 4 Max: 10 M Jan 29 – March 25
Instructor: Si View Staff 5:00PM-7:00PM
Location: Si View Community Center R \$112.00 | NR \$134.40

Specialized Recreation Winter Schedule

***No program Feb 19 (mid-winter break)**

Date	Activity
January 29	Winter Crafts: Bracelet making
February 5	Games Night: Bingo & Board Games
February 12	Valentines' day celebration
February 26	Movie and treats day
March 4	Paint Night
March 11	Build your own Tacos!
March 18	St. Patrick's Day celebration
March 25	Egg coloring & Scavenger Hunt

Winter Crafts: Bracelet Making

Join us for a fun night of crafting at Si View Community Center! We will be making beaded bracelets that you can customize and fill with your favorite colors and letters! Everyone will be able to take home their masterpiece and wear it around. This night is sure to be full of great company, laughs, and fun!

Games Night

Calling all competitors! Come join us for a few rounds of Si View Bingo and then time to play your favorite boardgames from the past and present! You won't want to miss out on this fun! First Bingo game starts at 5:15pm.

Valentines' day celebration

It's time to celebrate! Join us for a Valentines celebration! We will make cards and have a great day celebrating our friends! This night is sure to bring smiles during the winter blues! All the laughs and fun will start at 5:00pm.



Movie & Treats

Join us for a movie and popcorn! Dress comfortably and bring some snacks to enjoy while we watch! Movie starts at 5pm. We will have some baked treats to enjoy.

Paint Party

Come join us for an evening of painting! Brushes, watercolors, or finger painting, it is time to show off your skills as an artist! We will provide snacks and art supplies; you bring the imagination!

Taco Dinner!

Join us for a delicious dinner of Tacos! We will have games and crafts available while things cook, then you get to dish up your perfect taco! Feel free to bring your favorite ingredients or toppings!


St. Patrick's Day Celebration

Remember to wear your green! It is time to celebrate St. Patrick's Day with a fun night of themed games and crafts! If you are lucky, you could find the Leprechauns gold coins! We will begin the fun at 5pm and finish by 7pm.

Egg Coloring

Join us for an evening of fun while we paint eggs. The fun does not stop there though! After we paint we will have a scavenger hunt around the community center! This night is sure to be full of fun for all!





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Aquatics

Welcome to Si View Pool

Si View Pool is located at the Si View Community Center, 400 SE Orchard Drive. The pool dimensions are 17 yards in length; 8 yards in width with 5 yards of 3 ½ feet depth, and 12 yards of varying depth 5 feet to 9 feet. We currently offer both group and private swim lessons for all ages, water safety courses, aquatic fitness programs, facility rentals and open drop-in activity times.

Winter Schedule

Pool Closures

January 1 New Years Day
January 15 Martin Luther King Jr Day
February 17-25 Annual maintenance closure
March 31 Easter

Modified Schedule

Dec 18-29 Holiday schedule, available on website
January 7 11:30AM opening due to staff training
April 6 11:30AM opening due to staff training

Lap swim

Lap swimming is a great way to workout at your own pace, towards your individual goals. Si View pool is 17 yards in length varying in depth from 3 ½ feet to 9 feet. Drop-in rates, punch passes, and one to six month passes available.

January 2 – May 31

M, W, F 5:45AM-7:30AM
T, Th 5:45AM-9:00AM
M-Th 11:45AM-12:45PM
M-Th 7:40PM-8:40PM
F 11:15AM-12:15PM
SA 7:00AM-8:00AM

*Check www.siviewpark.org/pool-schedule.phtml for schedule updates.

Water Aerobics

This class is a great cardiovascular workout for ages 12 and up. A no impact water exercise class, using buoyant and resistant equipment. The emphasis is on strength, range of motion and flexibility. It is a workout that can be adjusted to any participant level. Routines are diverse to hold participant interest. Drop-in rates or punch passes available.

January 2 – May 31

M, W, F, 7:35AM-8:35AM

Gentle Water Exercise

This class is geared for people with mobility and joint issues, but open to anyone interested in participating. The Gentle Water Exercise Program is designed to help ease the pain associated with joint and mobility issues through stretching, flexibility and warming movement while providing a fun and social opportunity. No swimming skills required. Drop-in rates.

January 2 – May 30

M, T, TH 10:30AM-11:30AM

Public Swim

Public swimming is a flexible time to come get in the water for exercise or play. Children under the age of 6 must have a parent in the water, within arm's reach, and little ones under the age of 3 and non-potty trained must wear a swim diaper. Drop-in rates, punch passes, and one to six month passes available.

F 5:15PM-6:30PM
SA 1:15PM-2:30PM

Private Pool Rentals

Si View Pool can be rented for private parties. Please visit www.siviewpark.org/si-view-pool-rental.phtml or contact us at info@siviewpark.org for information and to book your party.

Saturdays After 2:30PM
Sundays After 12:45PM

Shower Hours

Drop-in rates, punch passes, and one to six month passes available.

M-F 7:45AM-8:45AM
M-Th 12:00PM-12:30PM
M-Th 7:40PM-8:40PM
F 5:15PM-6:15PM
SA 7:00AM-8:00AM
SA 1:15PM-2:15PM

Pool Rules

- Shower required prior to entering pool
- Swim test for anyone wanting to go into the deep water required; swim width of pool on front with face in the water and swim width of the pool on back
- Under age of 6 must have a parent in water, within arm's reach
- Under age of 3 and non-potty trained must wear a swim diaper



Steps for Healthy Swimming

Protection Against Recreational Water Illnesses (RWIs). RWIs are illnesses caused by germs that can contaminate water in pools. Practice the following steps to protect yourself and others from getting sick. For additional information, please contact the pool staff.

- PLEASE don't swallow pool water. Blow bubbles instead.
- PLEASE wait at least 45 minutes after eating before entering the pool.
- PLEASE practice good hygiene. Shower with soap before swimming and wash your hands after using the toilet or changing diapers. Germs on your body end up in the water.
- PLEASE don't bring children to class if they have been vomiting in the last 24 hours.
- PLEASE take your kids on bathroom breaks or check diapers often. Waiting to hear "I have to go" may mean that it's too late.
- PLEASE change diapers in a bathroom or a diaper-changing area and not at poolside. Germs can spread in and around the pool.
- PLEASE wash your child thoroughly (especially the rear end) with soap and water before they go swimming. Invisible amounts of fecal matter can end up in the pool.
- PLEASE don't swim when you have diarrhea. You can spread germs in the water and make other people sick.

Program type	Adult (18-54)	Family	Youth (3-17), Senior (55+), Disability
Drop in Lap/Public/Family Swim	\$5.25	\$13.00	\$4.25
Shower	\$4.25		
Drop in Water Aerobics	\$7.00		\$6.00
10 Punch Water Aerobics*	R \$63.00		R \$54.00
1 month Water Aerobics	R \$70.00/NR \$84.00		R \$60.00/NR \$72.00
10 Punch Pass Lap Swim/Public Swim/Family Swim/Shower*	R \$47.25	R \$114.70	R \$38.00
1 Month Pass Lap Swim/Public Swim/Shower	R \$52.50/NR \$63.00		R \$42.50/NR \$51.00
3 Month Pass Lap Swim/Public Swim/Shower	R \$141.75/NR \$170.10		R \$114.75/NR \$137.70
6 Month Pass Lap Swim/Public Swim/Shower	R \$255.15/NR \$306.80		R \$206.55/NR \$247.86

*Punch passes are valid for 12-months from the date of purchase.



Aquatic Programs

Welcome to Si View Pool Learn to Swim Programs!

Open enrollment for Session A begins at 7:00AM* on Friday, December 15

For Sessions B, C & D, please see the priority registration information listed below.

***District residents have a priority registration period that opens at 7:00AM. Registration for out of district participants opens at 12:00PM.**

Learn more about the updated registration policy on page 25.

Si View Pool is an American Red Cross learn to swim facility. Our instructors are trained and certified to follow ARC learn to swim program course curriculum and criteria for each level. We encourage all new students to review skills covered at each level and the skills needed to pass a level prior to registering for a program. This information can be found online at www.siviewpark.org/aquatics.phtml. Our ability to make changes or transfer students when a session is in progress is very limited.

Registering for Swim Lessons

During open enrollment, lessons fill up quickly. We encourage you to register as soon as possible and use the waitlist option if a class has already filled. In the event of a cancellation, we will contact the waitlisted students.

Open enrollment sessions*:

- In December everyone can register for session A.
- In May everyone can register for sessions E, F, and the week-long summer lessons.
- In August everyone can register for session G.

*District residents have a priority registration period before open enrollment opens to participants from outside of the District.

Session	Priority	Open
A	Fri December 15, 7:00AM	Fri December 15, 12:00PM

Priority registration sessions:

- Session B: For students enrolled in session A
- Session C: For students enrolled in session B
- Session D: For students enrolled in session C
- Session H: For students enrolled in session G
- Session I: For students enrolled in session H

Priority registration is available a day prior to open enrollment. Opening dates are announced at the beginning of each session. New students can join if space is available. The purpose of the priority registration is to allow students to complete a swim level which typically takes 10 hours of instructional time per level. This applies to both group and private lessons. Please do not register for more than one day a week, as this limits opportunities for other students to enroll in lessons. If your child has taken time off from lessons, enroll them in a level where they will be comfortable and successful.



Lesson Options

Group lessons are available for ages 6 months to adults. The infant-toddler programs require parent participation in the water, but not for students in puddle jumpers II (although sometimes parent assistance is necessary at this age), pre-school and youth programs.

Adult lessons are offered for adults who already have comfort in the water. Three levels are available: beginner, intermediate and advanced. Adult lessons are offered when there is minimal programming scheduled at the pool.

Private lessons are an option. Sometimes group setting is not the best option for student success. We offer a limited number of private lessons throughout the year for students ages 3 and older. Please check the website for availability by session.

We also offer a **developmental swim team** that helps students get ready for USA Swimming Association teams. It is recommended that prior to joining the swim team, students have successfully completed Youth 5. All group and private lessons, and the swim team follow the same registration cycles and session dates.

Selecting a Course Level

After reviewing the skills covered for the course level, select a class on the conservative side of the student's skills. It is preferable that they succeed in the appropriate class rather than struggle in one that is difficult. Students will progress through levels at different speeds depending on age, physical coordination, practice outside of class, etc. In most cases, **completing a swim level takes 10 hours of lesson time**. For students enrolling for lessons for the first time, also check the minimum age requirements for the level. If you are unsure of where to start, we encourage you to schedule an assessment. Swim assessments are free and take about 10 minutes. E-mail Bridget Verhei, bverhei@siviewpark.org. Students enrolled in courses beyond their skill level may be withdrawn by staff.

How to Register

Swim lesson registration is available through our online portal. You can select the appropriate level to view all available courses. Visit www.siviewpark.org/aquatics.phtml to get started with registration. If you are new to Si View programs, you will need to create an online account prior to registration. You can also register by phone (425) 831-1900 or in-person at the pool or at our admin office. Be sure your account information is up to date and that you only have one account.

Missed Classes or Withdrawals

We do not offer make-up days for any class days that a student misses, but we do encourage attendance for the rest of the session. Sometimes we must cancel a class day due to inclement weather or contamination, in those cases we credit students for the cancelled class. If you need to withdraw from a course that is in progress, **please see our refund policy on page 4 for details**. We are not able to transfer students from one class to another mid-session due to the large number of students enrolled in our programs.

Scholarships

Learning to swim is a critical life skill. It is our goal that everyone in our community has an opportunity to learn to swim. Financial need-based scholarships are available year-round. Please contact us for information and application before registering for a class. Scholarship applications take a week for approval. Please apply early, scholarship applications are not processed on the opening day of registration.

How to Prepare for Lessons

For first time students, it is a good idea to visit the pool prior to session starting. The Public Swim times are perfect for familiarizing students with the facility, the locker rooms, and the pool deck. For your lessons, please arrive no more than 5 minutes prior to the start of lessons in your swimwear and bring a towel. If your child is not fully potty trained, please have them wear a swim diaper with snug fitting legs. It is best not to bring your child to a class with a full stomach, save snacks for the way home. Parents are welcome to stay on the bleachers during the lessons. It is helpful for parents to learn your child's instructor's name, and the swim class level (such as Pre 1 or Youth 1) prior to arrival. We have just a few minutes in between lessons for communication with parents, if you anticipate a longer conversation, please call 425-414-0765 or email bverhei@siviewpark.org to schedule a time to meet.

American Red Cross Programs

Lifeguard Training

The purpose of the American Red Cross Lifeguarding course is to provide entry level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and illnesses until emergency medical services personnel take over. Upon successful completion of the course participants will be certified in Lifeguarding, CPR for the Professional Rescuer, Automated External Defibrillator and First Aid. This is a blended learning course. Registered students will be e-mailed a link to do the book & video work at home as well as the CPR/AED multiple choice test. (approx. 9 hours). Blended learning work **MUST** be completed prior to start of class. Review course prerequisites on our website.

Lifeguard Training

Min: 3 Max: 9
Instructor: Grace Luccio
Location: Si View Pool

Age: 15+
M-Th Dec 18-21
1PM-7PM
R: \$52.50 | NR: \$72.00

Session	Priority	Open
B	Tue, February 13, 7:00AM	Wed, February 14, 7:00AM
C	Monday, April 9, 7:00AM	Tuesday, April 10, 7:00AM
D	Monday, May 20, 7:00AM	Tuesday, May 21 7:00AM

Now Hiring Lifeguards!

Si View Pool has immediate openings for qualified candidates for Lifeguard positions. Training is provided, see Lifeguard Training course for details. ARC certification fee is the responsibility of the applicant. Lifeguarding is an excellent opportunity to build leadership skills and gain experience working in a busy setting.

Aquatic Programs

Swim Lesson Schedules

Please note that we do not offer refunds, credits or make-up classes for missed days. See page 4 for our refund policy.



Once a week	Days	Dates (lessons)
Session A	M	Jan 8-Feb 5 (no lesson 1/15 & 1/22) (3)
Session A	T	Jan 9-Feb 6 (5)
Session A	W	Jan 10-Feb 7 (5)
Session A	Th	Jan 11-Feb 8 (5)
Session A	F	Jan 12-Feb 9 (5)
Session A	SA	Jan 13-Feb 10 (5)
Session B	M	Feb 26-April 1 (6)
Session B	T	Feb 27-April 2 (6)
Session B	W	Feb 28-April 3 (6)
Session B	Th	Feb 29-April 4 (6)
Session B	F	March 1-March 29 (5)
Session B	SA	March 2-March 30 (5)
Session C	M	April 15-May 13 (5)
Session C	T	April 16-May 14 (5)
Session C	W	April 17-May 15 (5)
Session C	Th	April 18-May 16 (5)
Session C	F	April 19-May 17 (5)
Session C	SA	April 20-May 18 (5)

Swim Lesson Fees

Parent-Tot	Session length	Resident	Non-resident
	4 lessons	\$44.00	\$52.80
	5 lessons	\$55.00	\$66.00
	6 lessons	\$66.00	\$79.20
Preschool, Youth, Adult	Session length	Resident	Non-resident
	4 lessons	\$48.40	\$58.00
	5 lessons	\$60.50	\$72.50
	6 lessons	\$72.60	\$87.00
Swim Team	Session length	Resident	Non-resident
	4 lessons	\$57.40	\$68.80
	5 lessons	\$71.75	\$86.00
	6 lessons	\$86.10	\$103.20
Private Lessons	Session length*	Resident	Non-resident
	Cost per lesson	\$55.00	\$66.00

Must register for the full length of the session

Update to Aquatics Registration Policy

Due to the high demand for swim lessons at Si View Pool, the District's registration policy has been updated to include District resident priority registration period for open enrollment sessions. This update was adopted by the Si View Parks Commission in October 2023 and will go in effect with first open enrollment session for 2024 aquatic programs.

Registration for session A opens on Fri December 15, 2023. Priority registration for residents will begin at 7:00AM and open enrollment begins at 12:00PM.

This policy update applies to all registration-based aquatic programs including group and private swim lessons, swim team and water safety courses. Drop-in activities are not affected.

How will the registration process change?

During aquatic program open enrollment sessions, Si View District residents will have a priority registration period before registration opens to the public. Open enrollment sessions are an excellent time for new students to join aquatic programs. Dates and times for registration periods are announced on our website. Si View Pool has three open enrollment sessions each year.

Si View Pool will continue the current practice of offering priority registration sessions for currently enrolled students to ensure participants have an opportunity to complete a learning level, regardless of residency status. New students may also join these sessions, if space is available. See page 24 for more information about priority sessions.

How can residency status be verified?

To determine whether a residence is within the Park District, the boundary map can be viewed on our website. Si View registration system assigns residency status based on the physical address associated with the customer account. District residents must have a physical address on file to access priority registration. If a PO Box was previously provided, physical address must be added to access resident priority registration. Updating address information is the customer's responsibility. Please contact Si View team at (425) 831-1900 or email info@siviewpark.org to update your address information on file. Proof of residency such as a driver's license or utility bill, may be required. Account holders may also update their address online by logging in to the Si View registration platform.

Address updates must be completed by December 14th to access priority registration for session A on December 15th.

Your parks are growing...and you will ❤️ the enhancements!

Coming Spring 2024: Tennant Trailhead Park, a forested, 32-acre trail system for all levels of mountain bikers and hikers, with future connections to Snoqualmie Point Park, Rattlesnake Ridge, Tiger Mountain, and beyond. This project is being developed by the Si View MPD in partnership with the City of North Bend and with additional funding by King County.

Coming Spring 2024: The new Dahlgren Family Park will include playground equipment, trails, a picnic shelter, a sand volleyball court, a restroom, and a future roadway connection into King County's existing adjacent Tanner Landing Park, where King County is planning river access improvements for whitewater users.

William H. Taylor Park: This fall, the City adopted a conceptual plan for Taylor Park to guide future capital improvements to the park, and associated improvements to McClellan Street and Ballarat Avenue in the vicinity of the park. This park, home to the North Bend Train Depot, is being planned to better connect with the downtown and to

serve as a future gathering place for community events. The conceptual plan includes a plaza, native plantings, a holiday tree, a splash pad or interactive fountain, and more.

Riverfront Park: A conceptual plan was also adopted this fall for Riverfront Park, a 4-acre, protected river riparian corridor on the South Fork Snoqualmie River adjacent to Bendigo Boulevard. The conceptual plan includes trails along the levy and through the natural forest area, the removal of invasive species and the replanting of native species, a pathway down to the river with river-view seating, and more.

Tollgate Farm Park: The historic 410-acre city property has undergone many improvements under the care of Si View Metro Parks, who operates the park under an interlocal agreement with the City. Enhancements include a new barn and a nearly complete farmhouse kitchen, a cricket pitch, and an athletic field area.

E.J. Roberts Park now has pickleball court striping added to the tennis courts, enabling both sports to utilize these court spaces.



Tennant Trailhead Park



Dahlgren Family Park



William H. Taylor Park



Riverfront Park



Tollgate Farm Park



E.J. Roberts Park

Want to help put some extra care into your favorite park?

The City has an Adopt-a-Park Program perfect for individuals or volunteers wishing to put a little extra ❤️ into our parks. Contact Mike McCarty: MMcCarty@northbendwa.gov, or call (425) 888-7649.

Meadowbrook Farm

Meadowbrook Farm is 460 acres of historic public open space on the Snoqualmie Valley floor, located within the cities of Snoqualmie and North Bend. The birthplace of the Snoqualmie tribe, this land was maintained for thousands of years by the Snoqualmies as a hunting and food-growing prairie. Early white settlers homesteaded the land for farms, and these were consolidated during the late 1800s to form the world's largest hop ranch. Subsequent farmers raised crops, dairy herds, green chop and hay.

The land was acquired as jointly owned public open space by the cities of Snoqualmie and North Bend in 1996 for wildlife habitat, historic and cultural interpretation, ongoing agriculture, and public recreation; today much of Meadowbrook Farm remains open field and wetland forest, as it has been for centuries. Come walk across the meadow and through the woods, come for a class or just admire the view of this beautiful place. Remember, Meadowbrook Farm area is ancestral land and sacred to the Snoqualmie People: please visit respectfully and care for the land, the wildlife and the native plants that live here.

**Meadowbrook Farm is located at
1711 Boalch Avenue in North Bend.**

- For additional information about classes, please contact Mary Norton by email maryjoe4813@gmail.com
- To learn more about the Meadowbrook Farm Preserve, please visit www.meadowbrookfarmpreserve.org or email info@meadowbrookfarmpreserve.org
- For facility rental information, please contact Si View Metro Parks, 425-831-1900.

Winter Birds of Meadowbrook

Saturday December 9, 9:00AM

Free

Meet at Meadowbrook Farm Interpretive Center

Join wildlife biologist and avid birder Harold Erland for a winter birdwatching walk to find out about the birds who have wintered at Meadowbrook. Who is a visitor, and who stays all year? Bring binoculars, and dress for the weather, including boots for wet areas. Plan for a level walk through possibly rough fields and woods, with stops to identify bird calls and view birds. Families welcome!



North Bend 101

Friday March 1, 7:00PM

Free

Meet at Meadowbrook Farm Interpretive Center

Join Cristy Lake of the Snoqualmie Valley Historical Museum to find out about the history of North Bend the town. Beginning with the last ice age, discover why this valley has been important to people for thousands of years. Special photos from the museum's collection will give vivid glimpses into North Bend's colorful past and personalities. Families welcome!

Hike the Prairie Loop Trail

Saturday March 9, 9:00AM

Free

Meet at Meadowbrook Farm Interpretive Center

Enjoy Meadowbrook's open meadows and forested areas on a guided, level 2.5 mile loop that includes hidden fields not visible from any road. If we go quietly, we may see wildlife! Our route will follow the future trail connections to Snoqualmie Middle School and Centennial Fields, and return via the paved trail along Park Street/Boalch Avenue Dress for the weather, including boots for wet areas. Families welcome; may be difficult for strollers. Heavy rain or high wind will cancel.

Hike to the Big Cedar Saturday

Saturday April 6, 9:00AM

Free

Meet at Meadowbrook Farm Interpretive Center

Walk through Meadowbrook's woods and across seasonal stream channels to see a tree that has been growing here since approximately 1523. See many northwest native plants, and learn how important cedar was for northwest tribes and pioneers. Dress for the weather, including boots for wet areas. Families welcome; hike is about 1.75 miles, and not suitable for strollers. Heavy rain or high wind will cancel.

Snoqualmie 101

Friday April 26 7:00PM

Free

Meet at Meadowbrook Farm Interpretive Center

Enjoy an evening with Snoqualmie Valley Historical Museum's Cristy Lake and find out about the history of the town of Snoqualmie. From its geologic origins, thousands of years of tribal life, and early pioneers, gain a new appreciation for our special home place. See rare photos from the museum's collection, and find out about the real people and their times in Snoqualmie. Families welcome!

Wildlife Watching Tips

- Always observe from a distance, preferably downwind.
- Use binoculars or spotting scopes.
- Talk and move quietly; minimize sharp sounds.
- Early morning and twilight are ideal times to see animals; also check nearby fields for herds.
- Do not disturb animals in mating season, particularly bull elk in the fall rutting season.
- Never come between a mother and her offspring.
- If an animal becomes nervous or moves away, you are too close.
- Pets should stay home.

Attractive event venue surrounded by natural beauty, just minutes from I-90 in North Bend

2025 bookings open in January 2024!

425-831-1900 | www.siviewpark.org



Cedar River Watershed Education Programs



**Seattle
Public
Utilities**

Locations

Rattlesnake Lake Recreation Area
Open Daylight Hours

Watershed Education Center
Thursdays and Fridays, 12-5pm
Saturdays, 10am-5pm

17905 Cedar Falls Rd SE
North Bend, WA 98045

From I-90 east, take exit 32. Go south
on Cedar Falls Road for about 3 miles.
Parking for Lake on right. Parking for
Center about 3/4 mile ahead on right.

*Connecting people to the source of Seattle's water supply.
It's closer than you think – come and see!*

Connect with Us: 206-733-9421

crwprograms@seattle.gov

Seattle.gov/utilities/crwec

Facebook: @CRWprograms



Cedar River Watershed Education Center

The Cedar River Watershed Education Center is a regional education facility created as a gathering place to connect people with the source of their water. Nestled above the shores of Rattlesnake Lake in the Cascade foothills, the Center is a gateway to the Cedar River Municipal Watershed, which provides drinking water for 70% of the 1.5 million people in the greater Seattle area.



Rattlesnake Lake Recreation Area

The Rattlesnake Lake Recreation Area is a day-use area located outside the hydrologic boundaries of the Cedar River Municipal Watershed. The recreation area includes the 111-acre lake, picnic areas, the Rattlesnake Ledge Trail, and parking access to miles of State Park and King County hiking, biking, and horse trails. The recreation area is owned and managed by Seattle Public Utilities.

Snoqualmie Valley Libraries

Come visit your King County Library System libraries and enjoy events and activities this winter. See our calendar at www.KCLS.org for more in-person and virtual events for children, teens and adults.

Visit KCLS library locations to browse for books, use computers and printers, and more. On our website, find resources to help with homework, songs and rhymes by children's librarians, and online tutors, in addition to books, movies and music online.



Fall City Library

33415 SE 42nd Place

Fall City

425-222-5951

North Bend Library

115 E 4th Street

North Bend

425-888-0554

Snoqualmie Library

7824 Center Blvd SE

Snoqualmie

425-888-1223

Story Times

Come for fun story times at the Fall City, North Bend and Snoqualmie Libraries! Enjoy stories, music, movement, and rhymes that develop your child's early literacy skills. All young children welcome with adult. Schedule at <https://1.kcls.org/StoryTimesFC-NB-SN>.

Study Zone

Tutors at Fall City on Tuesdays 4-6pm and North Bend on Thursdays 4-6. Volunteer tutors provide homework help in the library for grades K-12. <https://1.kcls.org/valleytutors>

Chess Club at the North Bend Library

Play chess and have fun on the second and fourth Saturday of the month from 1-3 pm. All levels are welcome, ages 6 and up. Register at <https://1.kcls.org/chessclub>.

Tales & Ales Book Group

Join us for a drink and a nice chat about books at different pubs around the area. Check out <https://1.kcls.org/talesandales> for booklists, locations, and more information. Ages 21 and up!

Family Game Nights at the North Bend Library

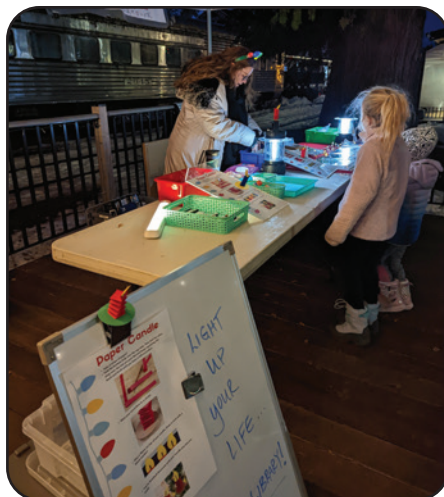
Come play plugged and unplugged games with the whole family! Check <https://1.kcls.org/gamenights> for dates and times!

Level Up Your Hangout at Fall City Library! Thursdays 3:30-5pm

Eat some snacks and hang out with friends! You can play games on Nintendo Switch, relax with board games and get creative with low stress art. <https://1.kcls.org/levelupfc>

Ultimate Hangout at the North Bend Library

Play games, video games, ping pong or trivia, make crafts, watch movies, build something with Legos, do homework, or just hang out. Snacks and drinks provided. <https://1.kcls.org/ultimatehangout>



Reading Buddies at the North Bend Library

Volunteers help students practice reading out loud with readers in grades K-8 and English language learners in grades K-12. <https://1.kcls.org/readingbuddies>

Book Groups

Open to new members -- new voices and perspectives are always welcome! <https://1.kcls.org/bookgroups> (Online groups at <https://1.kcls.org/FTBG>)

Aging Well Learning Community at the Library and Online

The Aging Well Learning Community is an open learning community dedicated to aging well with consciousness, courage, and contribution. For more information see <https://1.kcls.org/agingwell>.

Snoqualmie LGBTQ+ Youth Group at the North Bend Library

The Snoqualmie LGBTQ+ Youth Group is a free support group open to youth ages 22 and younger. Brought to you in partnership with Lambert House <https://www.lamberthouse.org/>. Before attending, please email kcgroups@lamberthouse.org to register.

Sno-Valley Youth Council

Get involved with Si View Metro Parks and the library to earn volunteer credit for co-creating events and projects that matter to you and your community! More information at <https://1.kcls.org/youthcouncil> and <https://1.kcls.org/snovalleyyouthcouncil>

Lego Block Parties

Build together at an unstructured, creative play open-house. Stay for the entire session or pop in for a few minutes. We supply the bricks and other construction toys, you supply the imagination! <https://1.kcls.org/LEGO-NB-SN-FC>



Connect with us via social media!



Facebook:

[/FallCityLibrary](#)
[/NorthBendKCLS](#)
[/SnoqualmieKCLS](#)



Instagram:

[@kclsfallcitylibrary](#)
[@kclsnorthbendlibrary](#)
[@kcls snoqualmielibrary](#)



Mt. Si Senior Center

Programs for adults 50 and older

411 Main Avenue S • North Bend WA 98045

www.mtsiseniorcenter.org • 425-888-3434

Senior Center Hours Monday—Friday 9AM—4PM

Lunch at Mt. Si Senior Center

Mon-Fri at noon

A delicious, nutritious meal served daily. Adults 50+ and their guests are welcome.

Ages	Fee
60 & older	Suggested donation of \$5
Under 60	\$8

Special Lunches

Birthdays 2nd Th each month

"Taste Of" Culinary Adventure 3rd Th each month

Celebration Lunches: Mardi Gras (Feb 13), Valentine's (Feb 14), St. Patrick's (Mar 15), Easter (Mar 29), Earth Day (Apr 22),



MSSC enhances the quality of life for adults age 50+ through its social, recreational, health & wellness, nutritional, information/referral, transportation, and housing programs.

Health, Wellness, Information & Assistance

Call 425-888-3434 to make an appointment for these programs.

Senior Advocacy / Information and Assistance: We can help with questions, resources, and paperwork to access financial assistance, food assistance, affordable senior housing, and other senior services.

Medicare Optimized: Been on Medicare for years, new to the program, working after 65, or have special needs? Know your rights and options.

Senior Mobile Medical Outreach: Free mobile health care for chronic conditions provided onsite. 1st & 3rd Mon each month 10am—2pm

Foot Care: by appointment call 425-888-3434

Special Programs

Programming in Spanish / Programación en español: We partner with SeaMar to provide Spanish language programming and services. Nos estamos asociando con SeaMar para brindar programación y servicios en español. **2nd Mon each month | 2do lunes de cada mes | Contacto: Clem-enciaRobayo@seamarchc.org 425-373-6587 o 206-764-4700**

Breakfast Bites: Enjoy a light breakfast and coffee/tea with friends.

Tu & F each week 9am - 11am. \$3 Suggested Donation

Tea @ Three: British High Tea with twist. **3rd Wed each month. \$3**

A Little Lunch Music: Lunch time musical performances.

Each month 1st Wed guitar, 2nd Th piano, & 4th Tu flute

Encompass Kinship Care Group: Weekly support group for grandpar-ents raising grand-kids. **Every Wed 1-2 pm via Zoom (with some in-person options) | Email: laura.lewis@encompassnw.org**

Chai & Chat: Join us at MSSC for Chai, socializing & friendship! Hosted by Indian American Community Services at MSSC. Every quarter.

Affordable Senior Housing

Mt. Si Senior Center owns two affordable senior apartment buildings for in-come eligible seniors. Contact the apartment manager directly for information.

Sno Ridge Apts: 425-888-2793 sno.ridge@ad-west.com

Cascade Park Apts: 425-888-0410 cascade.park@ad-west.com

Fitness Classes		Win prizes through our Shape-Up program!	
Class	Days	Times	Fee
Huff and Puff	M, W, F	9:00 AM	Donation
Cardio Dance / Fit	M-W-F	10:00 AM	\$5 per class
Chair Yoga	M, W, F	11:00AM	Donation
Tai Chi	T, Th	9:00 AM	\$5 per class
Strong at Any Age	T, Th	10:00 AM	\$5 per class
Line Dancing	T, Th	11:00AM	\$5 per class
Ask us about the Shape introductory price			

Tabletop Games		Afternoons 1:00PM - 4:00PM Come with friends or join others	
Activity	Games	Days	
Tiles	Rummykub, Mahjong, Dominoes	M	
Cards	Pinochle, Cribbage, Bridge	Tu	
Dice	Hand & Foot, BUNCO!	W, F	
Cards	Pinochle, Cribbage, Bridge, Dominoes	Th	
Strategy	Rummykub, Chess, Checkers, Chinese Go, Hand & Foot	F	

Social & Recreational Activities		Join us for fun all day long!	
Activity	Days	Times	Fee
Calling All Puzzlers	M, T, W, Th, F	All Day	Free
Crafter's Corner	M	12:30 PM to 4:00 PM	Free
Yarn Therapy	W	11:00 AM to 4:00 PM	Free
SnoValley Quilters	W	11:00 AM to 4:00 PM	Free
Adult Coloring Club	M, T, W, Th, F	1:00 PM	Free
Trivia Time	4th W ea month	1:30 PM—3:00 PM	Free
4th Fri Book Club	4th F ea month	9:15 AM	Free
Calling all Volunteers Small Project Day	4th Tu ea month	1:00 PM - 3:00 PM Anyone may join	Free

Mt. Si Senior Center Rentals

Contact programs@mtsiseniorcenter.org

Find out what's going on!

Pick up a newsletter, visit our website, or like Mt. Si Senior Center on Facebook

Snoqualmie Valley Transportation is your local bus company

We offer both fixed route and door-to-door service M-F for \$1

Call 425-888-7001



VOLUNTEER

Join us for **OUT-rageous fun.**

Serving lunches

Making calls

Fundraising

Landscaping

Website design

And more!

Volunteer application and info at
www.mtsiseniorcenter.org

Mt. Si Senior Center • 411 Main Ave. S • North Bend



Mt. Si Senior Center • Join the Community, Join the Fun

EXPAND YOUR WORLD
Mt. Si
senior center

SHAPE UP!
50+

For a Healthy
Independent Lifestyle



**Exercise classes every day
for every fitness level
for every pocket book**

**New or returning to a fitness
routine? Ask about the
\$10 introductory Shape Up discount**

Public Health
Seattle & King County
Division of
**Emergency
Medical Services**
King County

PARKS
Your Big Backyard

MSSC fitness classes funded through grants from King County Parks
and King County Public Health Emergency Medical Services.

Mt. Si Senior Center enhances the quality of life for older adults



Social and recreational opportunities,
lunch, fitness classes, educational programs, health & wellness checks,
information & assistance, volunteerism, housing & transportation.

www.mtsiseniorcenter.org

411 Main Ave. S | PO Box 806 | North Bend, WA | 98045



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REGISTRATION NOW OPEN



**SPRING 2024
BASEBALL &
SOFTBALL**



SCAN ME

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