

GET YOUR PLAY ON

FREE PARK AND RECREATION MONTH ACTIVITIES JULY 2017

Summer is here, which means it's time to **GET YOUR PLAY ON!**

This July, discover the power of play with Si View Metro Parks as we celebrate Park and Recreation Month with a variety of fun and free activities for all ages.

Farmers Market at Si View Park 4-8PM on Thursdays

Make it a dinner date with abundance of fresh produce and tasty treats!

Summer Concerts at Si View Park 6-7:30PM on Thursdays

Get your play on and come dance in bare feet on the lush lawn.

Si View Striders at Tollgate Farm Park 12PM every Tuesday

Get fit and stay healthy with a social, community lead walking group.

Family Nature Hike at Meadowbrook Farm 10AM Saturday July 8

Explore nature with a short hike to a 500 year old cedar tree.

Pianos in the Parks at Si View Park July 15-30

Enjoy the arts through music in a park setting where everyone can play!

North Bend Block Party downtown North Bend 12-10PM Saturday July 22

Connect with neighbors and friends at the annual community celebration

Theater in the Park at Si View Park 2PM on Sunday July 23

Caps for Sale engages audience of all ages with sweet life lessons & laughter.

Our local parks offer something for everyone. Find your inner child, and schedule a play date (or a few) at a local park. Have you visited fields at Meadowbrook Farm? Or gone rock climbing at Torguson Park? Get out for a walk on one of the many local trails. Stop to say "Hello!" to the cows at Tollgate Farm Park. Have a picnic at Si View with grand views of the mountains. Gather friends for a pick-up game of Frisbee...

How will you GET YOUR PLAY ON this July?



www.siviewpark.org / (425) 831-1900

